

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>OCTOBER 2024</p> <p>Skilled Nursing</p> 		<p>10:00 Pet Visits w/ May and Cynthia 1</p> <p>11:00 Reading Circle -L/C</p> <p>11:00 Open Swim in IL Pool</p> <p>2:30 Encore: WP Musical Showcase Live! -GR</p> <p>4:15 Armchair Travel: Old Sturbridge Village -L/C</p>	<p>Rosh Hashanah begins at sundown 2</p> <p>Trip: Depart 10:00 Tony Williams Park</p> <p>10:00 Aromatherapy – L/J</p> <p>11:00 Smart Bells w/Ujjala - GR</p> <p>2:00 All Things October: Discussion & Games – GR/C</p> <p>3:45 Activities Planning Committee Meeting-GR</p>	<p>10:00 Music Therapy Grp-CA/C 3</p> <p>11:15 Mass – PAC</p> <p>1:30 BINGO – GR</p> <p>2:00 “Take Me Out to the Ball Game” Sensory – L/C</p> <p>3:00 Stretch & Strengthen-GR</p> <p>3:00 Rosh Hashanah Social -AL Café/</p> <p>4:15 Nail Salon- CA/J</p>	<p>10:00 Music Therapy Visits 4</p> <p>10:30 Movement and Massage -GR/A</p> <p>11:00 Reading Circle- CA</p> <p>12:00 Ambassador of Cheer Luncheon-by invitation</p> <p>2:00 Magician & Illusionist, Thomas Baker – GR</p> <p>3:30 Table Games -L/C</p> <p>4:00 Documentary: David Attenborough’s Tasmania-CA</p>	<p>10:30 Tibetan Sound Meditation – GR 5</p> <p>11:00 Morning Stretch – CA/A</p> <p>2:15 Music with Bill Nastasi - CA</p> <p>4:00 Reminiscing – CA/J</p>
<p>10:00 Sunday Mass/TV – GR 6</p> <p>10:15 Guitar Music with Sarah - CA</p> <p>2:00 Pokeno– GR/A</p> <p>4:00 This Date in History -CA/A</p>	<p>10:00 Pet Therapy Room Visits with Linda & Stella 7</p> <p>10:30 Art Class with Michelle – GR</p> <p>10:30 Music Therapy Group w/Cynthia & Sarah- GVDR</p> <p>2:30 Res. Council Mtg- L</p> <p>3:00 Dining Services Mtg-L</p> <p>4:15 Short Stories -CA/A</p> <p>6:15 Movie: Legends of The Fall-CA</p>	<p>10:00 Pets on Call Virtual Visits – L 8</p> <p>10:30 Coffee Social- CA/C</p> <p>11:00 Open Swim in IL Pool</p> <p>2:00 Halloween Craft - GR</p> <p>3:00 Chair Yoga w/Matt-GR</p> <p>4:15 Hand Massages</p>	<p>10:00 Music Therapy Visits 9</p> <p>10:30 Gentle Stretch- GR/J</p> <p>11:00 Reading Circle -L/C</p> <p>2:30 Music by Two on the Town – GR</p> <p>3:00 Open Swim in IL Pool</p> <p>4:15 Nail Salon-CA/C</p>	<p>10:00 Music with Jane Cynthia– GR 10</p> <p>1:00 Library Cart Rm. Visits</p> <p>2:00 Video & Ceramics Painting – GR</p> <p>4:15 Riddle Me This – CA/C</p>	<p>Yom Kippur begins at sundown 11</p> <p>10:00 Music Therapy Visits</p> <p>11:00 Reading Circle - CA</p> <p>1:30 Travel Talk w/Jane K.: Pictures of the Holy Land-GR</p> <p>2:00 Baking – L/C</p> <p>4:00 Nature Documentary: Horizon</p>	<p>10:00 2nd Saturday with Pastor Lyn Mehl – GR 12</p> <p>11:00 Outside Walks/S</p> <p>2:00 Movie: The Mask- CA</p> <p>4:00 Reminiscing: – CA/S</p>
<p>10:00 Sunday Mass/TV -GR 13</p> <p>10:15 Guitar Music with Sarah - CA</p> <p>2:00 Picture This! – L/A</p> <p>2:00 Movie: The Manchurian Candidate (by request) - GR</p> <p>4:00 This Date in History -CA/A</p>	<p>Columbus & Indigenous Peoples Day 14</p> <p>10:00 Pet Therapy Room Visits with Linda & Stella</p> <p>10:30 Movement & Massage-GR</p> <p>2:00 BINGO with Spiced Apple Spritzers - GR</p> <p>4:15 Short Stories- CA/A</p> <p>6:15 Movie: Rescued by Ruby-CA</p>	<p>10:00 Pet Visits with May and Cynthia 15</p> <p>11:00 Balloon Tennis – CA</p> <p>11:00 Open Swim in IL Pool</p> <p>2:30 Wanderlust Rhythms with Peter Brown: Viva La France (travel & music)-GR</p> <p>4:15 Finish the Phrase- CA</p>	<p>10:00 Music Therapy Grp/C 16</p> <p>11:00 Reading Circle</p> <p>Trip: Depart 1:30 Shopping WalMart (sign up with Cynthia by 10/9)</p> <p>2:00 Aromatherapy & Nail Spa – GR</p> <p>3:00 Open Swim in IL Pool</p> <p>4:15 Riddle Me This-CA/C</p>	<p>10:30 Food Crafts: Biscotti Ghosts - GR 17</p> <p>11:15 Episcopal Service-PAC</p> <p>2:30 Piano Music & Conversation w/Michael Holt - GR</p> <p>3:30 Stretch & Strengthen with Matt – GR</p>	<p>10:00 Music Therapy Visits 18</p> <p>11:00 Reading Circle - CA</p> <p>1:45 Baking - L</p> <p>3:00 Simple Melodies with the Starlight Trio - PAC</p> <p>4:00 Nature Documentary: Great Barrier Reef</p>	<p>11:00 Outside Walks/J 19</p> <p>2:15 Music with Bill Nastasi - CA</p> <p>4:00 Reminiscing: History of Classic Monster Movies – CA/J</p>
<p>10:00 Sunday Mass/TV -GR 20</p> <p>10:15 Guitar Music with Sarah – CA</p> <p>2:00 Short Stories – CA/A</p> <p>2:00 Movie: The Glenn Miller Story - GR</p> <p>4:00 This Date in History -CA/A</p>	<p>10:00 Pet Therapy Room Visits with Linda & Stella 21</p> <p>10:30 Music Therapy Grp- GV</p> <p>10:30 Art Class with Michelle – GR</p> <p>2:00 Pokeno – GR/A</p> <p>3:00 Rummikub - GR</p> <p>4:15 Afternoon Stretch-CA/A</p> <p>6:15 Movie: Made in Italy-CA</p>	<p>10:00 Pets on Call Virtual Visits 22</p> <p>10:30 Good News/Current Events – CA</p> <p>11:00 Open Swim in IL Pool</p> <p>2:00 Life-long Learning: Minnewaska - GR</p> <p>2:30 Traveling Treat Rm Visits: Fall Flavors Ice-Cream</p> <p>4:15 Hand Massages- CA</p>	<p>10:00 Music Therapy Visits 23</p> <p>10:30 Chair Hula – GR</p> <p>Trip: Depart 11:30 Lunch @ Mountain Brauhaus (sign up w/Cynthia by 10/16)</p> <p>2:00 Movie: Blithe Spirit – CA</p> <p>3:00 Open Swim in IL Pool</p> <p>4:15 Nail Salon – CA/C</p>	<p>10:00 Coffee Social – L/C 24</p> <p>2:00-4:00 Ina’s WP-wide Thank You Party – PAC</p> <p>3:00 Rummikub- CA</p> <p>3:30 Stretch & Strengthen – GR/J</p>	<p>10:00 Music Trio: Jane, Cynthia and Sarah-GR1: 25</p> <p>12:00 Ambassador of Cheer Luncheon-by invitation</p> <p>1:30 BINGO – GR</p> <p>1:45 Baking – L</p> <p>4:00 Shalom’s Space – GR</p> <p>4:00 Nature Documentary: Backyard Wilderness</p>	<p>11:00 Flower Arranging- L 26</p> <p>2:15 Name That Tune – CA/J</p> <p>4:00 Reminiscing: Halloween Costumes - CA/J</p>
<p>10:00 Sunday Mass/TV-GR 27</p> <p>10:15 Guitar Music with Sarah - CA</p> <p>1:00 NFL Football: NY Jets vs New England Patriots-GR</p> <p>2:00 Nail Salon – L/A</p> <p>4:00 This Date in History -CA/A</p>	<p>10:00 Music Therapy Grp/GV 28</p> <p>10:00 Pet Therapy Room Visits with Linda & Stella</p> <p>11:15 Crock Pot Cooking-L</p> <p>1:30 Board of Elections: Voting – AL Café/Game Rm -GR</p> <p>2:00 Dulcimers Fall Concert -GR</p> <p>5:00 Crock Pot Dinner- GR</p> <p>6:15 Movie: Hocus Pocus-CA</p>	<p>10:00 Tabletop Bowling-L 29</p> <p>11:00 Walks</p> <p>11:00 Open Swim in IL Pool</p> <p>1:30 Baking: Pumpkin Muffins - GR</p> <p>3:00 Chair Yoga w/Matt-GR</p> <p>4:15 Armchair Travel: Borneo</p> <p>5:00 Family Council Meeting/ Zoom & IL Classroom*</p>	<p>10:00 Music Therapy Visits 30</p> <p>11:00 Reading Circle – L/C</p> <p>2:00 Birthday Party with Frankie Keene – GR</p> <p>3:00 Open Swim in IL Pool</p> <p>4:15 Nail Salon – CA/C</p>	<p>Halloween 31</p> <p>10:30 Students Trick Treaters Costume Parade-TBA</p> <p>2:00 Halloween Family Feud – GR</p> <p>3:00 Stretch & Strengthen with Matt - GR</p>	<p>Location Key: CA=Common Area L=Lounge GR=Great Room PAC=Performing Arts Center</p> <p>Staff Key: C= Cynthia, Music Therapist, A=Arlene, J=Jane</p> <p>**Any changes to the schedule will be noted on the whiteboard across from the nurse’s station.</p> <p>Every Tues. Michelle’s Update @ 12:15pm, 4pm & 8pm on WPTV channel 1340</p>	

*Please call 845-256-5917 to get the link for the Family Council Meeting Zoom call on 10/29.