


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim Time w/ Matt: Tues@ 10:45 & Wed. @ 3pm Michelle's Update WPTV ch 1340 @ 12pm, re-airs @ 4pm & 8 pm Any changes to the days schedule can be found on the whiteboard across from the nurse's desk.	10:00 Music Therapy Grp -L 10:30 Art Class with Michelle – GR 1:00 Outside Walks & Talks 2:00 Bingo – GR/A 2:30 Sensory Café – L/C 3:30 Milkshake Monday Rm Visits 6:00 Movie: Rain Man - CA 7:00: Jazz Pioneers Band Concert—IL Patio	10:00 Pets on Call/Chat-L 10:30 Music with Jane and Cynthia/ GR 2:00 WP Playreaders Present: Thurber's Animals—GR/C 3:15 Table Games—L/C 3:15 Chair Yoga with Matt – GR	10:00 Scentsational Room Visits/C 10:30 Gentle Stretch-L/C 11:00 Reading Circle-LC 2:30 Butterfly Hatching and Discussion—GR/J 4:00 Reading Circle-CA/C	<i>Independence Day</i> 10:00 Patriotic Music and Trivia—GR/C 11:15 Mass—PAC/C 1:30 Healthy Choices: Presentation: "Functional Foods" w/Tanya, our Dietician—GR/C 2:00 Movie: Yankee Doodle Dandy-CA/C 4:00 Nail Salon—L/C	10:00 Outside /C 10:30 Sit & Stretch w/Arlene – L 11:00 Reading Circle-L/C 1:30 BINGO – GR/J 2:00 Aromatherapy Spa-L/C 3:00 Simple Melodies – PAC 4:00 Nature Documentary-CA/C	11:00 Ukulele Music with Jane – CA 2:00 All Things July – CA/J 4:00 Reminiscing -CA/A
10:30 Movement & Massage with Arlene – L 10:30 Bible-based Public Talk – GR 11:10 Watchtower Study-GR 1:00 Chat on the Front Patio 2:30 Nail Salon – L/A 4:00 This Date in History -L/A	10:00 Music Therapy Room Visits/C 10:30 Sit & Stretch – CA/A 1:00 Outside Walks & Talks 2:00 Resident Council Meeting – L/S 2:45 Sensory Café – L/C 6:00 Documentary: My Octopus Teacher – CA/C	10:00 Pets on Call/Chat-L 10:30 Exercise – CA/C 2:00 Ice-Cream Social - Patio/C&S 3:00 Chair Yoga with Matt -GR 4:00 Armchair Travel-CA/C	10:00 Music Therapy Room Visits/C 10:30 Gentle Stretch-L/A 2:00 Movie: Murphy's Romance – CA 3:00 Rummikub – L/A 4:00 Reading Circle – CA/C	Eucharistic Minister Rm Visits 10:30 Exercise – CA/C 11:00 Name That Tune - CA/C 1:00 1:1 Outside/C 2:30 Laughter Yoga with Jim Gordon – GR 4:00 Hand Massages – CA/C	10:00 Outside 10:30 Sit & Stretch w/Arlene / CA 11:00 Reading Circle – L/C 1:30 BINGO – GR 3:00 Simple Melodies – PAC 4:00 Favorite Arias – CA/C	11:00 Art Appreciation – CA/J 2:15 Music with Bill Natasi – CA 4:00 Reminiscing – CA/A
10:30 Movement & Massage with Arlene – L 11:00 Mass with Father Burke – GR 1:00 Chat on the Front Patio 2:30 Good News Current Event -L/A 4:00 This Date in History L/A	10:30 Sit & Stretch with Arlene – CA 1:00 Outside Walks & Talks 2:00 Pokeno – GR/A 4:00 Reading Circle-CA/A residents)	10:00 Pets on Call Chat-L 10:30 Ukulele Music - GR/J 2:00 Chefs Jane & Sarah/Snacks & Chat -GR 3:00 Chair Yoga with Matt -GR 4:00 Hand Massages -CA	10:30 Laugh, Listen & Learn -CA/J 11:00 1:1 Outside/J 2:00 BINGO – GR 3:00 Rummikub – L/A 4:00 Reading Circle – L/A	Eucharistic Minister Rm Visits 10:30 Chair Hula - GR 12:00 Unit BBQ: Garden/ Unit DR 2:00 Win, Lose or Draw-GR 3:00 Chair Yoga with Matt – GR 4:00 Armchair Travel-CA/C	10:30 Sit & Stretch w/Arlene - L 1:30 BINGO – GR/J & A 3:00 Watermelon Social-GR 3:00 Simple Melodies 4:00 In the News – CA/A	11:00 Outside Strolls/J 2:15pm Music Through the Decades with Lauren Mueller—L 4:00 This Week in History -CA/A
10:30 Movement & Massage with Arlene – L 10:30 Bible-based Public Talk – GR 11:10 Watchtower Study-GR 1:00 Chat on the Front Patio 2:30 Nail Salon – L/A 4:00 This Date in History -L/A	10:00 Music Therapy Visits/C 10:30 Sit & Stretch -CA/A 1:00 Outside Walks & Talks 2:00 Bingo – GR/A 2:30 Sensory Café – L/C 6:00 Movie: On Golden Pond -CA/C	10:00 Pets on Call/Chat-L 10:30 Exercise -CA/C 11:00 Music Therapy Grp-CA/C Depart at 1:30 Trip: Target (sign up w/ Cynthia) 2:00 Music Appreciation: Country Music Favorites -GR/J 3:00 Chair Yoga with Matt -GR 4:00 Hand Massages – CA/C	10:00 Music Therapy Group CA/C 11:00 Trip: Picnic Lunch, Kingston Park (sign up w/Cynthia) 2:00 Art Appreciation with Michelle: French Artists-GR 4:00 Reading Circle-CA/C	Eucharistic Minister Rm Visits 10:30 Exercise -CA/C 1:00 1:1 Room Visits 2:00 Olympic Arts & Crafts-GR/C&J 3:00 Chair Yoga with Matt-GR 4:00 Trivial Trivia – CA/C	10:00 Outside 10:30 Sit & Stretch -L/A 11:00 Reading Circle -L/C 1:30 BINGO – GR 3:00 Simple Melodies Starlite Trio – IL Courtyard 4:00 Travelogue – CA/C	11:00 Flower Arranging – L/J 2:15 Music with Bill Natasi – CA 4:00 Hand Massages– CA/A
10:30 Movement & Massage with Arlene – L 1:00 Chat on the Front Patio 2:30 Good News Current Events – L/A 4:00 This Date in History -L/A	10:30 Olympic Torch Relay/on units 11:00 Crock Pot Cooking-L/C 1:00 Outside Walks & Talks 1:30 Table Games Tournament: Rummikub & Wheel of Fortune - GR 5pm: Crock Pot Dinner 6pm Movie: Race	10:00 Pets on Call/Chat-L 10:30 Exercise -CA/C 11:00 Music Therapy Grp-CA/C 2:00 Fromage Tasting – GR 3:15 Chair Yoga with Matt-GR	10:30 Music Therapy Grp CA/C 11:00 Library Cart Room Visits/C 2:00 July Birthday Party with Frankie Keene- GR/C 4:00 Reading Circle – CA/C			<h1>2024</h1> <p>Skilled Nursing Unit</p>

Location Key: CA=Common Area**L=Lounge**GR=Great Room**PAC=IL Performing Arts Center **Staff Key:** C=Cynthia, Music Therapist, A=Arlene, Ambassador of Cheer, J=Jane