

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key: L= Lounge A=Alcove
 DR= Dining Room GR= Great Room
 PAC= Performing Arts Center @ IL
 AU= All Units
Trips: Kindly sign up w/Cynthia or call
 256-5917 to reserve a spot on an outing;
 we will do our best to accommodate your
 preferences.



<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units Eucharistic Minister Visits – AU 10:45 AM Program – L/F 2:15 Music Through the Decades w/Lauren - A</p>	<p>Labor Day Holiday 10:30 Art Class with Michelle - GR 10:30 Pet Therapy with Linda and Stella – AU 2:00 Food Committee Meeting – L 6:00 Movie: Res. Choice - L</p>	<p>10:30 Baking – L/F 12:15 Michelle’s Update – Ch 1340, WPTV (&4,8pm) 2:00 Hart Too Jazz Quartet - GR 3:00 Seated Yoga- <u>Alcove</u> 3:00 Music Therapy Room Visits/C</p>	<p>Eucharistic Minister Visits – AU 10:00 Music w/ Cynthia – GR 11:00 Trip: Hudson River Park Picnic/F 1:30 Bingo – GR 3:30 Reading Circle – L/C 6:30 Travelogue: Taiwan - L</p>	<p>10:00 Tai Chi – GR/J 10:15 Aromatherapy – L/C 11:00 Stretch with Grace- A 11:15 Mass - PAC 1:00 Nail Salon Rm Visits 2:00 New! HC Chorus - GR 3:30 Rummikub - A</p>	<p>10:30 AM Stretch w/Sue-L 11:00 Pet Therapy with Cheryl & Bonnie 1:30 Bingo – GR/J 3:00 Chair Yoga w/- GR 3:00 Simple Melodies - PAC</p>	<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units 11:15 Activity Planning Meeting – L/J 2:15 Music by Bill Nastasi - L</p>
<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units Eucharistic Minister Visits – AU 10:45 AM Program– L/F 2:30 This Date in History -L/F</p>	<p>10:30 Decorating Cookies-L 10:30 Pet Therapy with Linda and Stella – AU 1:00 Music Therapy Visits 2:00 Resident Council – L 2:00 Hand Massages Visits 3:00 Stretch & Strengthen-GR 3:00 Reading Circle – L 6:00 Movie: Book Thief - L</p>	<p>10:30 Baking – L/F 12:15 Michelle’s Update – Ch 1340, WPTV (& 4,8pm) 2:30 Art Appreciation w/ Michelle: Modern Sculpture & Louise Bourgoise - GR 3:00 Seated Yoga w/Grace – <u>AL Alcove</u> 3:00 Sing Along – L/C</p>	<p>Eucharistic Minister Visits – AU 10:00 Gentle Stretch – L/C 10:30 Ukulele w/Jane – GR/J 11:30 Lunch Trip: Olive Garden (sign up w/ Cynthia)/C 2:00 Spa Day w/Ujjala – GR 2:30 Reading Circle – L/C 3:30 Rummikub – A 6:30 Movie: The Queen - L</p>	<p>10: 30 Video Painting - GR 10:15 Sensory Café–L/C 11:00 Stretch w/ Grace – A 1:00 Nail Salon –L/C 2:30 Entertainment with Nancy Paroli – GR 3:00 Wine & Cheese – GR 3:30 Rummikub - A</p>	<p>10:30 Reading Circle – L/C 11:00 Pet Therapy with Cheryl & Bonnie 1:30 Bingo – GR/J 2:00 Music Therapy Visits/C 3:00 Traveling Treat Cart: Hamantaschen - AU 3:00 Chair Yoga- GR 3:00 Simple Melodies – PAC Rosh Hashanah begins at sundown</p>	<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units 11:15 All Good News! -L 2:15 What’s the Verdict: You Be the Jury – L/J</p>
<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units Eucharistic Minister Visits – AU 10:45 AM Program– L/F 2:15 Music Through the Decades w/Lauren- A</p>	<p>10:30 Art Class w/ Michelle - GR 10:30 Pet Therapy with Linda and Stella – AU 2:30 Music Therapy – L/C 3:00 Stretch & Strengthen-GR 3:00 Reading Circle – L 6:00 Movie: Mrs. Harris Goes to Paris - L</p>	<p>10:30 Baking – L/F 12:15 Michelle’s Update WPTV Ch 1340 (& 4,8 pm) 2:00 Music Appreciation Video: Vivaldi’s Four Seasons– GR (42m)/C 3:00 Seated Yoga – GR 3:30 Bedside Reading Aloud</p>	<p>Eucharistic Minister Visits – AU 10:00 Gentle Stretch-L 10:30 Music w/ Cynthia - L 11:00 Smart Bells with Ujjala - GR 2:00 Indoor Gardening –L/C 3:30 Reading Circle – L/C 6:30 Travelogue: US Parks</p>	<p>10:00 Tai Chi – GR 11:00 AM Stretch with Grace - A 11:15 Episcopal Service –PAC 1:00 Nail Salon Rm Visits– L 2:30 HC/IL Rummikub Challenge – GR</p>	<p>10:30 Reading Circle –L/C 11:00 Pet Therapy with Cheryl & Bonnie 1:30 Bingo – GR/J 3:00 Chair Yoga – GR 3:00 Simple Melodies – PAC</p>	<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units 11:15 All Good News! – L/J 2:15 Music by Bill Nastasi – L/J</p>
<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units Eucharistic Minister Visits – AU 10:45 AM Program-L/F 2:30 Table Talk – L/F Yom Kippur begins @ sundown</p>	<p>10:30 Crafts: Stamping - L 10:30 Pet Therapy with Linda and Stella – AU 1:00 Music Therapy Visits 2:00 Baking: Apple Treats -L/C 3:00 Stretch & Strengthen -GR 3:00 Snack Cart Rm Visits 6:00 Movie: Casablanca - L</p>	<p>10:30 Move & Groove – L/F 12:15 Michelle’s Update – Ch 1340, WPTV (&4,8pm) 2:00 Facts in Fives – L/C 3:00 Seated Yoga w/Grace -GR 3:00 Bedside Reading Aloud</p>	<p>Eucharistic Minister Visits – AU 10:00 Trip: Lemon Tree Hair Salon/J 10:00 AM Stretch – GR/C 10:30 Name That Tune– GR/C 2:00 Autumn Apple Fest – GR/C 6:30 Movie: Resident Choice- L</p>	<p>10:15 Sensory Café – L/C 11:00 AM Stretch with Grace- A 2:30 Birthday Party with Frankie Keene – GR 3:30 Rummikub - A</p>	<p>10:30 Reading Circle – L/C 11:00 Pet Therapy with Cheryl & Bonnie 1:30 Bingo – GR/J 2:00 Bassoon Concert with Charles McCracken - PAC 3:00 Chair Yoga – GR</p>	<p>Ambassador of Cheer Visits with Arlene provided throughout the day & on all units 11:15 All Good News! –L/J 2:00 Discussion: La Jument Lighthouse – L/J</p>

Staff Key: C= Cynthia, Music Therapist F= Francesca, J= Jane, S= Sue, A= Arlene, Ambassador of Cheer **See the bulletin board across from the lounge for more announcements/notices.**