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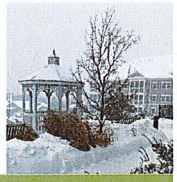

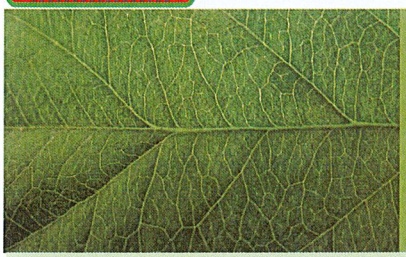

WoodlandLife

Vol. 13 No. 3 March 2021

A Message from President/CEO Michelle Gramoglia

Dear Woodland Pond Residents,

We are embarking on the next phase of our long journey with a great amount of excitement and trepidation. The hardest days of this year-long journey are behind us, I dare say. We have rounded the corner on what many of us felt as the very darkest of days. We have accomplished the unfathomable. You have all entrusted our team to guide this Community through a crisis, and that trust has been the fuel to the fire that has burned inside each of us, driving us every single day to keep everyone on this campus as safe and as healthy as possible despite all odds. Our community has survived a pandemic. We have done so because there is truly no place like Woodland Pond.

So now on to the next careful phase. We issued a memo on Saturday the 27th outlining our approach to the resumption of activities, re-opening of amenities, and encouraging you all to resume as much "normal" activity as possible. It is time for us all to 'dust off the dancing shoes' as they say and put away our robes and our slippers. It's time to make the effort, such that it will be, to welcome opportunities for social engagement. What will you to today that is more "social" than yesterday? What will you do today to "embrace" your new neighbor (metaphorically speaking)? What will you do today to rekindle your favorite activities and moments on campus outside of your apartment or cottage? Longer days, warmer sun, a full calendar, coffee, and so much joy are waiting. I have a feeling that you are all like me, and have said to yourself many times over in the last year: 'I will NEVER take happy moments for granted again.' Now is our time to make good on those promises to ourselves.

As we head into March, I would ask all of you to think about actively seeking out time with all of your neighbors. March 2021 does not have to be business as usual. March of 2021 can be a renewal, with new ideas, new opportunities, and new ways to find joy in every moment. We would all LOVE to see someone on each wing or each section of cottages to spearhead weekly get-togethers of the folks on your wing / in your area of cottages. You all have accessible space in the floor lounges or alcoves, or outdoors, and these are perfect gathering spots for you and your immediate neighbors. Of course, we do not encourage gatherings inside one of your cottages or apartments as there is no way to accommodate large groups in smaller spaces safely. But pick an alcove, pick a date, pick a time, and invite your wing to get together. Everyone should keep 6 feet distance, and wear masks at all times. You could even just set a time for everyone to prop open their doors and have a "Wing Open House."

We are all here and cannot WAIT to see you!

With love,

Michelle

Michelle Gramoglia
President and CEO

Council Corner

Your Residents' Council meets the **first and third Thursdays** of each month. Starting in March we will be meeting in the Classroom, with attendance limitations. If you wish to join us on Zoom, contact Yakov Pipman at tuveleie@gmail.com by the day before each meeting. He will send you the link to join us on Zoom.

Council Connections-The Council hosts a twice-monthly broadcast on Channel 1340 to bring residents current Council news and to highlight activities of the various committees. These broadcasts are at **2:00 p.m.** on the same days as the regular meetings. Our next two guests are: **Thursday March 4,** Bill Stevens, Chair of Financial Review Committee**,** and **Thursday, March 18,** Billie Stevens and Pat Houk, Chair and past Chair of the Interfaith Committee, respectively.

Coming Soon: **1**-The restrictions brought upon us by measures to control the pandemic have emphasized the great importance of communications. Wearing masks and keeping distances make in-person meeting, our most valuable means, either exceedingly difficult or often impossible. Fortunately, there are many tools available to compensate, and even enhance, our connections. Electronic communications are the most notable among them. We undertook to assess what are the main tools used by our residents, as well as the needs and wishes to enhance them. It turned out that many of us can enhance what we have and what we use to make communications more fulfilling. Among the eighty responders, more than half wished to make better use of their computers, tablets, and smartphones. The most common interests are video conferencing (such as Zoom, Skype, Facetime, etc.), email programs, using the internet for looking up information and using videos and movies (such as on YouTube or other venues). Woodland Pond staff is available to assist with many tasks, but we found out that a few of us would also like to help our neighbors to use these tools. We hope that soon we will be allowed to do so one-on-one but for now we are collecting a few instructional videos that we will post for residents to watch and then contact us with questions, and more importantly, to 'practice' using them. (Yakov Pipman)

2 - All of us are eagerly anticipating the "reopening" of group activities, clubs, committees, and interest groups, and especially dining with others. Please stay safe and continue to abide by the new rules and protocols. To our newer neighbors - we hope you join in whatever activities suit you. Check the Activities calendar. There is something for everyone. Enjoy yourself - it has been a long time coming!

"Money can't buy happiness, but it can buy cows. Cows make milk and milk can make ice cream, and ice cream can make you happy." "Nobody made a greater mistake than he who did nothing because he could only do a little."

Your Residents' Council

From Woodland Pond's Board of Directors

Your Board of Directors has another new member, which currently brings our number to fourteen.

Several decades ago, Michael Zierler discovered New Paltz during a fling climbing in the Shawangunks. When he was offered a job at Marist College as Assistant Professor in the Biology Department, New Paltz was the only place he and his wife looked for a home. They had fallen in love with this town, and 25 years later, they still love calling it their home. Michael began his civic work as a member of the New Paltz Environmental Conservation Commission. He later chaired that commission. He co-chaired the New Paltz Open Space Committee, which oversaw preparation of the community's open space inventory, a plan for the conservation of open space, and a successful $2,000,000 open-space-bond referendum. He was elected twice to the Village Board of Trustees, where he also served as the Deputy Mayor. He was appointed to the Village's Planning Board in 2011 and chaired that board for several years. He is currently on the advisory councils of Historic Huguenot Street and The Mill Brook Preserve.

Michael is trained as a facilitator in land-use conflict resolution. He has trained others in these skills, and has facilitated meetings concerning two local projects, one being Woodland Pond. He is an avid reader of science fiction, general interest science, urban planning, and history. He raises Newfoundland dogs and loves to cook.

Dick Barry, Sec'y, Board of Directors

Interest Groups

Book Group: **Tuesday, Mar. 2 at 1 p.m.** [via Zoom]

Bingo: **Wednesday, Mar 3 at 1 p.m.** [PAC]

Brainteasers: **Wednesdays at 10 a.m.** [PAC]

Canasta: **Wednesdays at 1 p.m.** [Game Room]

Current Events Group: **Wednesdays at 4 p.m.** [via Zoom. Contact Dorothy Jessup (255-0390) or Yakov Pipman (646-919-3390) (tuveleie@gmail.com)]

Dream Interpretation Group: **Monday, Mar. 8 and Mar. 22 at 4 p.m.** [Cls]

Dulcimer Players: **Mondays and Thursdays at 3:30 p.m.** [PAC]

Handbell Ringers: **Tuesdays at 1 p.m.** [PAC]

Hearts Club: **Mondays at 1 p.m.** [GR]

Mah Jongg: **will begin the week of March 15**

Pinochle: **Fridays at 1 p.m.** [Game Room]

Playreaders Group I: **Thursdays at 2:30 p.m.** [Cls/Zoom]

Playreaders Group II: **Thursdays at 4 p.m.** [Cls/Zoom]

Poetry Group: **Friday, Mar. 26 at 2 p.m.** [Cls]

Quilters: **Thursday, Mar. 11 at 11 a.m.** [Art Studio]

Rummi-Kub: **will begin week of Mar. 15**

Scrabble: **will begin week of Mar. 15**

Short Story Group I: **Tuesdays, Mar. 2 and 16 at 4 p.m. -** [Cls]

Short Story Group II: **Tuesdays, Mar. 9 and 23 at 2 p.m.** [Cls] *Please sign up at Concierge*

Social Bridge: **Tuesdays and Thursdays from 1-4 p.m.** [Game Room]

Yiddish Group: **Fridays at 11 a.m. -** [Cls]

"Sometimes the most ordinary things can be made extraordinary, simply by doing them with the right people."

[Nicholas Sparks]

Committee Meetings for March

Library Committee -**Monday, Mar. 1 at 12 p.m.** [Cls]

Finance Review - **Monday, Mar. 1 at 1 p.m.** [Cls]

Dining - **Tuesday, Mar. 2 at 10 a.m.** [Cls]

ArtScope - **Tuesday, Mar. 2 at 11 a.m.** [Cls]

Physical Plant - **Wednesday, Mar. 3 at 10 a.m.** [Cls]

Décor/Design - **Thursday, Mar. 4 at 1 p.m.** [Cls]

Welcome - **Tuesday, Mar. 9 at 11 a.m.** [Cls]

WP Benefit Fund - **Wednesday, Mar. 17, 10 a.m.** [CR]

Landscape - **Wednesday, Mar. 17 at 2 p.m.** [Cls]

Sustainability - **Friday, Mar. 19, at 1 p.m.** [Cls]

Land Conservation - **Friday, Mar. 19 at 3 p.m.** [Cls]

Interfaith - **Monday, Mar. 22 at 11 a.m.** [Cls]

Calling all BINGO enthusiasts!

Join Caller Viv Stoner
Wednesday, Mar. 3 at 1:00 p.m.
in the PAC
Limit 12 players ~ first come-first serve

Bring cash for cards/prizes
($2.00/card). Jackpot prize at the end
and other prizes in between.
The bigger the turnout ~the bigger the jackpot!

Yiddish Group Resumes

The Yiddish Group is seeking a leader for the group and welcomes new members. The group resumes meeting every **Friday at 11 a.m.** in the Classroom.

If you are interested in helping to lead the group, please contact Laura Basen or Nessie Karp.

New Resident Orientation

The Welcome Committee will hold a New Resident Orientation on **Wednesday, March 24 at 2 p.m.** in the PAC. New residents will receive their personal invitation to attend. The meeting will also be streamed to 1340 for other interested residents.

Applauds Program Salutes Employee Service

These Woodland Pond employees received commendations from residents last month for their exceptional service:

Kim Dechatin
Chris Dorn
Mark Baker
Courtney Pederson
David Besarus
Hugette Pierre-Noel
Kathleen Desmery
Cassidy Ginn
Jason Irish
Sean Paddock
Shannon Scaturro
Ryan Kraehmer
Denise Peterson
Arlene Wilson
Dining Staff
Julie Burns
Lisa Cea
Jerry Rielly
Deborah Hull

Applauds forms are available at the Concierge Desk. They are given to the Human Resources Department. If your nomination is received after the deadline, it will be included in the following month's issue.

Birthday Virtual Greeting is Tuesday, March 9

We will recognize our March birthday celebrants in Independent Living and the Health Center on **Tuesday, March 9** via live stream at **2 p.m.** on Channel 1340.

Celebrating this month are:

Marilyn Powers - Mar. 1
Addie Reynolds - Mar. 1
Erika Weiss - Mar. 1
Lena Trad - Mar. 3
Arnold Anderson - Mar. 5
Renate Belville - Mar. 5
Vivian Nussbaum - Mar. 5
Carolyn DeWilde - Mar. 7
Jean Aldwell - Mar. 11
Mary Schmeltz - Mar. 11
Cal Schnitzer - Mar.11
Vici Danskin - Mar. 12
Norman Sasowsky - Mar.13
Artie Raphael - Mar.14
Paul Fargis - Mar. 19
Betsy Haight - Mar. 19
Lionel Heyman - Mar. 19
Pril Smiley - Mar. 19
Nancy Tischler - Mar. 19
Bob Waugh- Mar. 19
Ann Hanover - Mar. 22
Martin Kantor - Mar. 22
Irene Fitzgerald - Mar. 23
Helen Bosland - Mar. 28
Irene Michaels - Mar. 28
Tamar Opler - Mar. 29
Penina Schwartz - Mar. 30
Daphne Weil - Mar. 30

Driver Davi Besarus and our hall monitor Arlene Wilson assisted with the virtual birthday greeting last month — a hard act to follow!

Employee Appreciation Fund

Whenever we dine out, take a bus tour, go on a cruise or stay in a hotel, we tip to thank those who serve us. Hourly employees at Woodland Pond provide the same services. These are the hands-on workers who keep us clean, comfortable, fed, informed and safe. Woodland Pond policy prohibits the tipping of these essential workers, but we can say "Thanks" by donating to the Employee Appreciation Fund (EAF). Donations can be made by having a monthly contribution added to your Woodland Pond monthly fee or by writing an annual or bi-annual check to the fund. If you have not yet committed to supporting our hourly staff, please sign up soon to the EAF. Please be as generous as possible. Our staff will thank you.

Questions? Contact Betsy Haight, committee chair, at 845 598-0943.

Committee members: Joyce Gartrell, Rhoda Horowitz, Jan Kissinger, Joan Kleinegris, Joan Mandy, Suzanne Orchowski, Ray Smith and Bob Soraci.

Suzanne Orchowski, for the Committee

PAC Movies

Bob Brunet's Variety Film Series continues this month on **Mondays at 1 p.m.** in the PAC. Selected films:

Monday, Mar. 1 - Musical Bio: *The Jolson Story*
Monday, Mar. 8 - Fantasy Drama*: Powder*
Monday, Mar. 15 - Silent: *Speedy*
Monday, Mar. 22 - Comedy: *The Sunshine Boys*
Monday, Mar. 29 - Drama: *The Spitfire Grill*

****

We are gradually returning to our pre-Co-vid movie schedule, resuming the **first Friday** Classic Movie at **6:30 p.m.,** and the weekend schedule of Saturday and Sunday movies (matinees at **2 p.m.** and evenings at **6:30 p.m.)** in the PAC. We are no longer airing Tuesday matinees. Two PAC opera matinees are scheduled for March: **Friday, Mar. 12 and Friday, Mar. 19 at 3 p.m.)**

Seating for all films in the PAC will now be a max of 30 people on a first come-first serve basis. Come enjoy a matinee with your neighbors!

Wellness Note

Live.Life.Healthy

You have heard this and we all know this - exercise is of great importance to healthy aging.

No matter what your age, you can find activities and exercise to meet your fitness level and needs. Exercise does not have to be vigorous to be beneficial. Give up some of your sedentary moments and choose to move. A small walk in your own hallway daily is available to you.

Now think and focus on **your "why"** -- your reason to get moving and exercise.

- Maintain and improve balance - good balance enhances coordination for daily tasks
- Improve circulation – this can benefit your heart and lungs and all the work they do for you each moment
- Increase strength and joint mobility – this can decrease joint discomfort
- Movement can improve your quality of sleep
- Improves digestion / elimination – helps keep weight and glucose in check
- Helps moods improve and decrease depression – maintains stress and better memory
- Exercise adds to quality of life and maintains independence!

I want to be able to be as healthy as I can be - to enjoy all that's accessible in life - family and friends and adventures! The National Institute on Aging emphasizes the immense importance of exercise to age well. Whether it is walking, water exercise, dancing, yoga or some weight lifting – whatever gets you moving is a healthy start. Feel good about what you can do and over time is does get easier and the reward is your improved health.

Wellness Wishes,

Mary Jo

Mary Jo Murray, R.N.
Wellness Nurse, ext. 5901

Weekly 1340 Updates with Michelle Continue

As we begin our re-opening phase activities and inch ever closer to Springtime, Michelle Gramoglia will continue providing twice-weekly updates on Channel 1340.

You can tune in to hear Michelle each **Tuesday and Friday at 12 noon.** Her updates will be re-aired **at 8 p.m.** on Channel 1340 those same evenings, and are also available for viewing at any time on our Woodland Pond YouTube channel.

Monthly Reminder

Your Emergency Packet should have the **most current** items:

- Emergency contacts listed with phone numbers
- Medication list – hospital preference, primary doctor /address / phone#
- Copy of all your insurance cards - front and back
- Copy of Healthcare Proxy, Living Will, Advance Directives.
- The MOLTS form

Forms are available outside Wellness Nurse's office.

Please refer to Connected Living for listings of weekly activities and special events, but be sure to continually watch for any updates or changes on *Connected Living* screens.

Life at Woo

Meet Your Neighbors ~ 2021

Profiles and photos by Halema Hassan

Several residents have moved into our community recently. Because of our partial shutdown due to COVID-19, it has been challenging for them to get to know residents in the community. Perhaps if you see a connection with their brief descriptions, you can contact them to introduce yourself, or just extend a friendly hello!

Although she grew up in Brooklyn and spent summers in Pleasant Valley, **Ina Pottorff** (Apt. 238)moved to Woodland Pond from just outside of San Francisco where she lived for 43 years. She graduated from Roger Williams College in Rhode Island with a degree in Criminal Justice.

Unintended consequences sometimes chart our course in life, and so it was with Ina. During the Thanksgiving before graduation, she attended a lecture on the National Park Service as a favor to a friend. She was not really interested, but he offered her an application, which she took because her friend prevailed upon her. She half-heartedly completed the application and during spring break she got a call. "You have been selected for — the President's Park," which meant the White House and surrounding parks. Ina was stunned because she didn't think she would be called, having chosen highly competitive parks — Yellowstone, Grand Canyon, and Crater Lake. It was 2 weeks before graduation and the caller said she had to make a decision. She accepted.

Ina monitored the flow of traffic in the White House, distributed maps, and answered questions. She met Menachem Begin, Juan Carlos and Queen Noor among others. "It turned out to be the most memorable 2 years of my life." She served at the end of the Carter administration and into the Reagan administration before losing her job to budget cuts.

After her White House position Ina went to visit her parents near San Francisco — and stayed for 43 years. She began a career in sales of computerized tax processing software and became the top producer. She did that for 15 years until assuming full-time care for her mother-in-law for ten years. Her husband died 11 years ago and it became increasingly more difficult for her to stay in her home, especially because of stairs. Her sister, Cindy, who lives in Lagrangeville, learned about Woodland Pond and Ina left all the details to her. She moved in "sight unseen" and is quite happy with her apartment.

Ina's profile continues next column

Ina enjoys game shows, classic movies and old war movies (which she used to watch with her father). She also has eclectic taste in music including R & B, Swing and love songs. Lucy, a 10 year old poodle mix, is happy to share her space with Ina.

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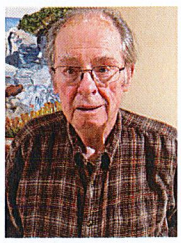

William "Bill" Brandt (Apt. 523) was born in Chicago, his family moved to St. Louis when he was 5, and "I lived in about 30 addresses in my life, due to family and work." His longest residency was in Woodstock, NY where he lived for 47 years before moving here.

Bill received his B.S. in Electrical Engineering from the University of California at Berkeley. He subsequently was awarded a scholarship to Harvard where he received an M. S. in Applied Math. He worked for IBM for 38 years as an engineer for new product development. When asked how his education helped in his career he responded that using logic was more important than anything he learned in school.

Bill was widowed 2 years ago after a marriage of 48 years. He had 2 sons and a daughter (one son passed away in 2011). His other son lives in White Plains and plans to move into the Woodstock house when his current lease expires.

Bill's profile continues next page

dland Pond

A Thought for the Month

Hope is the thing with feathers
that perches in the soul
and sings the tune, without the words,
and never stops at all ...

[Emily Dickinson]

Bill Brandt, continued

His daughter, her husband and their two children live in St. Thomas and are research associate professors at the University of the Virgin Islands studying coral reefs.

Bill used to enjoy collecting, assembling and running model trains, but hasn't pursued that for several years. He enjoys reading "thrillers" and will no doubt find many in our library. Bill is looking forward to meeting his new neighbors.

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Maureen "Mosey" Carpenter (Apt. 116) moved here from Lewisboro, a small town in Northern Westchester. One of four children, she lived several places in the metropolitan area, including Staten Island, New Jersey, and Dobbs Ferry.

Mosey attended Rosemont College in the Philadelphia area, and then transferred to Marymount College in Tarrytown, NY, graduating as an art major. She enjoyed working in a variety of mediums including oil, watercolor, pottery and etchings. Her major subjects are people and she has sold many of her works to clients, schools and corporations.

Mosey was also very busy on committees for her town & area.

Mosey was married for 53 years. Her husband, F. John Carpenter, who passed away 3 ½ years ago, was a banker and then a specialist of International Commodities. They had 4 children — three girls and a boy, and 10 grandchildren. Her daughter, Dr. Maggie Carpenter, lives in New Paltz and encouraged her mother to move to Woodland Pond. Both Mosey's parents and her in-laws had lived in "3 tier" facilities, so she was comfortable with the concept. Dr. Carpenter practices in Kingston and New Paltz, specializing in palliative care and hospice care. She has recently joined the Board of Directors of Woodland Pond.

Mosey has traveled extensively and is an avid reader; she is also interested in foreign affairs topics. She shares her apartment with Tiger, her Pekinese poodle, and looks forward to getting to know her neighbors.

Special News

The entire Woodland Pond family celebrates news that

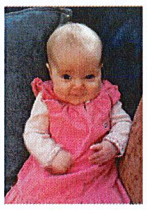
Resident Services Director Sarah Hull and Doug Leonard (son of residents Roger and Bernice Leonard) are engaged to be married June 19, 2021.

The wedding will take place at Doug's church in Hopewell Junction.

Congratulations!

Sonja, Sarah and Doug

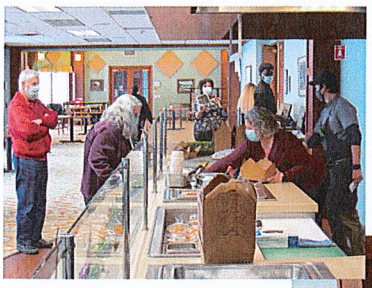
Pondaliers Update



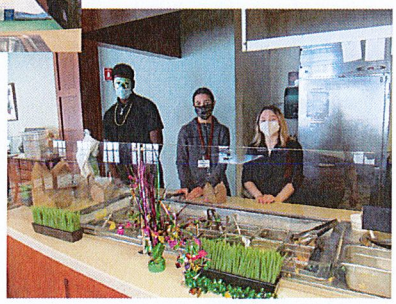
While it will still be some time before our Pondalier chorus meets, the group's members were delighted to hear from their director, Dorcinda Knauth, with a photo of the newest addition to her family, daughter Zora Andromeda Massie, born on Nov. 8. Big brother Leander, age 3, is learning how to be a big brother, and is "mostly thrilled" with his little sister.

Congratulations to Dorcinda, Luke and Leander!

A Note From Dining Services



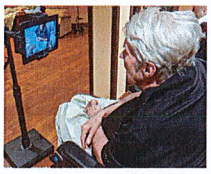
The much-anticipated Bistro to Go service re-opened — just in time for Mardi Gras, to give things an extra festive flair ...



Watch for details as the Dining Services team plans a special, fun way to help residents celebrate the official reopening of the Dining Room for dinner service the week of March 15!

Special Service Project Opportunity

In April the Health Center Activities Team will be baking to fundraise for *Pets Together*, a free service that the Health Center has relied on throughout the COVID pandemic for our virtual pet therapy program. Each week we have scheduled visits with volunteers throughout the United States for both our Skilled Nursing and Garden View units. There are about five volunteers and their animals per virtual visit. The volunteers, with their pets, tell participants about their pet, share fun stories and do tricks. We have visited with dogs, cats, bunnies, snakes and even a goat! Help us support this very important service for Pet Therapy Month in April by participating in our bake sale.



Martin Lodge enjoys a virtual pet visit.

If interested in helping, contact Marin Lott at x5917 to bake or decorate the outer paper bags for the baked goods. We will need to know your commitment to assist by **March 15** for planning purposes. As of now, ordering for the baked goods is limited to the Health Center, but may extend to Independent Living if we get enough participating bakers.

Thank you!

Marin Lott, Health Center Activities Director

Interfaith Committee Update

The Interfaith Committee plans to meet in the Classroom on **Monday, March 22 at 11 a.m.** We hope all members will make an attempt to attend this important meeting.

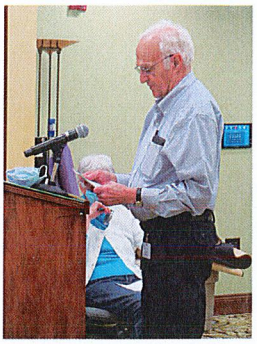
Rev. Mark Mast, of the New Paltz Reformed Church, is leading a Lenten Study that can be viewed on channel 1340 **each Wednesday at 12 noon** during Lent. Please join us in watching this interesting study that he is so graciously providing.

There will be a Passover program on **Tuesday, March 30 at 3 p.m.** in the PAC, also streamed to 1340. Please stay tuned for more details later in the month.

New members are always welcomed to the Interfaith Committee. Just come join us at this meeting.

Billie Stevens, for the Interfaith Committee

Last month several residents presented a program on the Jewish festival of Purim that aired on Channel 1340. Special thanks to Shalom and Penina Schwartz, Bill Barbash (pictured); Burt Metz, Adele Warshawsky, Ina Pottorff and Rea Stein, and special thanks to Al Barouch, who prepared the script and organized the program.



A Note from the WP Gardeners

We will be welcoming Spring on March 20 and can once again look forward to emerging colors. Flowering trees, shrubs and flowers. The community gardeners will soon be active!

We currently have 17 gardeners but there will be several plots available both high on the patio or low. Please contact Jean Suttmeier at phone 5638 or email her at jspines@gmail.com if you'd like more information.

After a long winter, it won't be long now ....

From the Library

Book Review by Virginia Kohli

The Uncommon Reader by Alan Bennett

This wry little book about Queen Elizabeth II by one of Britain's favorite comic writers is sure to please. It begins during one of her morning walks when the corgis lead her back to the kitchen gardens. Parked there is the visiting library van, and the driver, happy to see a new patron, tells her that he comes every Wednesday. She takes a book by one of the current authors she has met. Every book leads to another, and then she has a list. Now, she has difficulty finding time for this new pleasure. It seems she has never been able to read more than the papers her advisors leave on her desk. And, other royal duties seem to fill her calendar.

As this lack of free time grows to be an ever bigger problem, she becomes less enchanted with the meetings, openings, and tours. The staff becomes aware, Security becomes involved, the corgis are missing their walks, and her husband expresses chagrin that she is often late and preoccupied.

It happens that it is the year of her eightieth birthday and as events are planned for the celebration, Elizabeth decides on a tea for her past and present advisors. There have been ten prime ministers and many others. It requires a large hall and two adjoining rooms for the champagne, cakes, and puddings. She must keep the elders from nodding off. She tells them that she is thinking of writing her memoirs. She wants to tell her thoughts on the many occasion of these fifty years: all the places she's been, the people she's met, the wars, and the scandals. This is not what they have expected from someone known to be disciplined and cautious. This could be worrisome. The guests are listening...

Virginia Kohli

Book Group

The last virtual Zoom meeting of the Woodland Pond Book Group is scheduled for **Tuesday, March 2 at 1 p.m.**

We will be discussing *White Fragility* - why it's so hard for white people to talk about race - by Robin DeAngelo. The group will begin meeting in-person in April.

Michele Caccavano

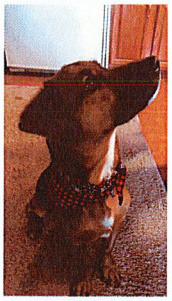
Pond Pets

by Lucy Muller

Michele Caccavano and Flo Jordan adopted Bella in May of 2018 when she was about 9 months old. She will be four in September. "She had a history of being abused," Michele said. "She had initially been in a penned in area with other dogs down south."

Bella had been adopted by a woman, but her husband did not want a dog. "We believe he kicked her away because she was always "yapping at his ankles" according to his description. Consequently, she is afraid of tall men and your feet if you move too fast," Michele explained. "Even now she will cower it you go to pet the top of her head."

So the people gave her up and Bella was sent to a "high kill" shelter and then posted on a rescue website for adoption. High kill shelters, mostly in the southern United States, but not in this case, euthanize dogs if they don't find someone to adopt the dog in 48 hours to several days.



"We called and said we were interested, and drove down to the shelter located in New Jersey. When we first saw her she was the cutest little dog, part dachshund and terrier," Michele said. "She was just huddled in a corner. She immediately adopted us, got right in the car and sat quietly in the back on the way home."

Michele says that Bella was "thrilled to take her first walk at Woodland Pond. She is still afraid of people and other dogs. She barks at golf carts and other dogs, but has adapted well overall. Some of her behaviors will never change due to the abuse and lack of socialization, but we love her anyway. She is very loving with us. She loves her home, her toys and fleece blankets. She loves to take walks which she does twice a day. We call her our 'little drama queen.'"

Bella also requires sympathy and a big fuss if she has a sore paw. She is then satisfied and goes about her day as if reassured that she is loved. And she certainly is.

"A dog is the only thing on earth
that loves you
more than you love yourself."

[Josh Billings]

Sustainability News

The Sustainability Committee (SusComm) will be meeting in person on **Friday, March 19, at 1 p.m.** in the Classroom. Included on the agenda will be a discussion of our next project: Paper.

We invite residents interested in reducing, reusing, recycling, and refusing excess paper at Woodland Pond to attend. (Maximum attendance is 12 persons.)

Our film series concluded on February 25 with "Solutions: Solving the Climate Crisis." The program included several climate-change scams as well as small - and large-scale actions people can take to ameliorate the effects of climate change. It ended with the recent CBS "60 Minutes" interview with Bill Gates.

Gates' new book *How to Avoid a Climate Disaster* will soon be among the offerings on the SusComm library resource shelf. New articles are being added regularly to the "Breaking News" binder. Residents can write their questions or comments for SusComm in the notebook provided near the shelf.

Dawn Sangrey, for the SusComm Steering Committee

O Canada!

Our neighbor country to the north took center stage last month as we paid tribute to the extraordinary swimming feat in 1954 of WP resident Marilyn Bell DiLascio (she's a national hero in Canada!) We aired the made-for-TV film *Heart*, which tells the story of her dramatic accomplishment as the first person to swim across Lake Ontario (at age 16). A live virtual interview with Marilyn was conducted after the film by fellow Canadian and WP resident George Brown, who was in Toronto at the time of Marilyn's famous swim. Residents were fascinated to learn about Marilyn's famous experiences as a long distance swimmer as a mere teenager, and later enjoyed browsing a display of her memorabilia. The interview is archived on the WP YouTube channel.

George Brown interviews Marilyn Bell DiLascio, a member of the Canada Sports Hall of Fame and the International Swimming Hall of Fame.

ArtScope Exhibit

Photography: *Personal Favorites*

Having culled through hundreds of images to choose their personal favorites, seven ArtScope photographers present a stunning exhibition of their work.

BILL BARBASH
MICHELE CACCAVANO
HALEMA HASSAN
CYNTHIA LEE
CAROL NATOLI
TAMAR OPLER
LARRY RANDALL

Exhibit continues in the PAC

Creativity Flourishes at Woodland Pond

Residents' Council member Michele Caccavano interviews ArtScope Co-Chair Al Chasan during a Council Connections session last month.

Women's History Month Programming

In observance of Women's History Month, look for special programming on Channel 1340 throughout the month.

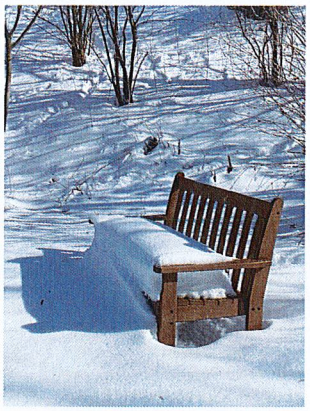
Scheduled at this time is a four-part series created for the BBC in the United Kingdom that charts the role of women in society over the course of 10,000 years, from the dawn of civilization to the present day. The series, *Ascent of Woman,* will be aired **each Saturday in March at 11 a.m.** on 1340.

Watch Connected Living and the weekly *Chanticleer* for information on additional special programming to be offered.

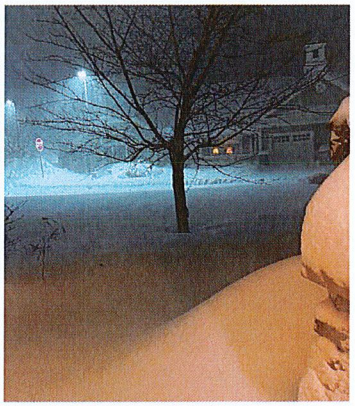
We can all agree … it has been a Long Winter!

As we get set to welcome warmer temperatures and melting snow piles, here's a visual taste of what was a very snowy February at Woodland Pond, as captured by several residents ...

A view of Skytop, by Barbara Hallam

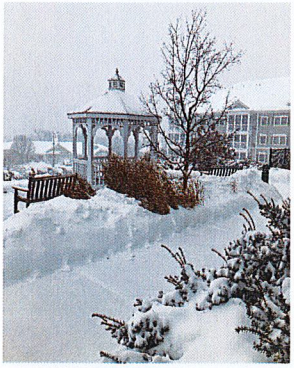


Joy Dryer caught some fun outdoor seating shots ...

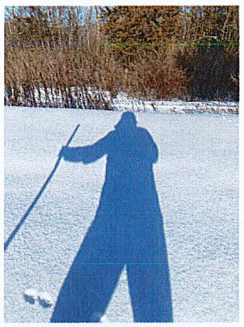


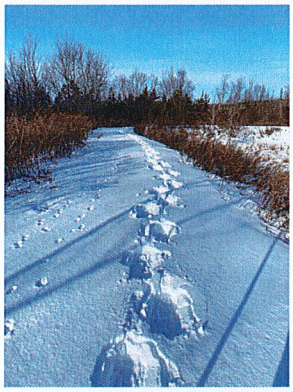
Outside Joy and Sol's cottage door — glad to be cozy inside!

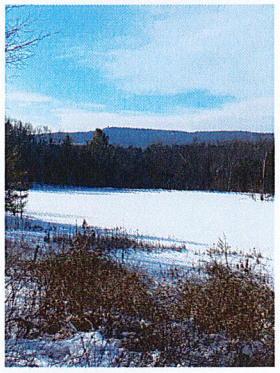
Larry Randall caught these scenes around the campus one day — one of Paul Bateman's cheerful "animals" Larry dubbed "Snow Blind Dog," the gazebo, and Trina Greene's sculpture he calls "Snow Maiden."



After the February blizzard Artie Raphael did some snow-shoeing behind the retention pond, past Keith's Way, and to the observation platform. By snowshoeing several times in different directions, he made the trail wider and easier to hike.







Maddy Lee's certainly not entertaining on her patio yet!

No picnicking quite yet!

Woodland Pond at New Paltz

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Want to share the newsletter with your family and friends?

They can read it online at www.wpatnp.org

EQUAL HOUSING OPPORTUNITY

A Friendly Reminder ...

Daylight Savings Time begins Sunday, March 14

First day of Spring is Saturday, March 20!

Michele Caccavano used a creative filter to catch this winter scene of snow on the roof - a common sight all February long!

March Highlights at a Glance

Thursday, March 4 at 2 p.m. - *Council Connections* with guest Bill Stevens, Chair of the Finance Review Committee [1340]

Tuesday, March 9 at 2 p.m. - Virtual Birthday Greeting for March celebrants [1340]

Monday, March 15 - Dinner service re-opens in Dining Room

Wednesday, March 17 - St. Patrick's Day

Wednesday, March 17 at 1:30 p.m. - Management Q&A [PAC/1340]

Thursday, March 18 at 2 p.m. - Council Connections with guests Pat Houk and Billie Stevens of the Interfaith Committee - [1340]

Wednesday, March 24 at 2 p.m. - New Resident Orientation - [PAC/1340]

Saturday, March 27 - Passover begins

Sunday, March 28 - Palm Sunday

Tuesday, March 30 at 3 p.m. - Passover program [PAC/1340]