

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2023

ROOM LOCATION KEY

AS - Art Studio
 Cls - Classroom
 CR - Conference Rm
 FR - Fitness Room
 GR - Game Room
 HC - Health Ctr. Great Rm
 IMR - Interfaith Meditation Rm
 PAC - Performing Arts Center

Mark Your Calendar!
 Team WP/Alzheimer's Assoc.
 Fundraising Events

Thursday, June 1, 12-2pm
 Summer BBQ IL Courtyard

Tuesday, June 20 1-3 pm
 Ice Cream Social
 IL Courtyard

4
 Church Rides Depart 9 a.m.
 Bible Study 1pm CR
 Sunday Matinee 2pm - PAC
Organ Recital - Rhinebeck Depart 3 p.m.
 Evening Movie 7pm - PAC
 Old Time Radio Shows 7p WPTV

5 Grief Support Group 10am Cls
Library Committee 12pm-Cls
Finance Review Comm. 1p CR
 Hearts Players - 1-4 pm GR
 Mah Jongg 1pm - AS
 Dulcimers 1 pm PAC
 Women's Tea - 2pm - Cls
Pondalier Concert 3 p.m. - HC
 Table Games 7pm - Cls

6 Dining Committee 10am - GR
 Update w/Michelle 12:15 WPTV
 Social Bridge 12:30-3:15pm - GR
 Handbells 1pm - AS
 Short Story Group I - 4pm - Cls
 Loss in Literature - 4pm CR
 Re-air Michelle's Update 4&8p
Candidates' Forum 7pm - PAC
 Book Group 7p CR

7 Brainteasers 10am - AS
Physical Plant Comm. 10a- Cls
 Spanish Chat - 11:15am - AS
 BINGO 1pm - PAC
 Prayer Group 1p.m - Interfaith
 Meditation Rm (IMR)
 Canasta - 1-4pm - GR
Woodland Walkers 2pm -Lobby
 Current Events 4 p.m. - Cls
Pondalier Concert 7pm PAC
 Old Time Radio Shows 8pm WPTV

1
 Residents' Council 10am - Cls
 Catholic Mass 11:15 PAC
Alz. Fundraiser: Summer BBQ 12-2 p.m. - IL Courtyard
 Social Bridge 12:30-3:15 pm GR
Décor/Design Comm - 1pm - CR
 Play Readers I - at 2:30 AS
 Playreaders II 4:15 pm - AS
 Chess Players 7pm GR
 Thursday @ the Movies 7pm- PAC

2
 Scrabble 10:30 GR
Galleria Shopping - 11 am
 Pinochle - 1 pm - GR
 Mah Jongg 1pm - AS
 Simple Melodies with Lola - 3 pm PAC
 Shalom Space 4pm Cls
 Classic Movie - 7 pm - PAC

3
 New Paltz Shopping 8-12
 Men's Coffee 9:30 - PAC
Met Live @ UPAC Depart 12 pm
 Hearts Players 12:30-4pm - CR
 Canasta 1pm - 4th Central Lounge
 Movie Matinee - 2pm PAC
 Table Games 2 p.m. AS
 Evening Movie 7pm PAC

11
 Church Rides Depart 9 a.m.
Rhinebeck Play: Fiddler on the Roof - Depart 1:45 p.m.
 Sunday Matinee - 2 pm PAC
 Dr. Who film fest - 4:30 PAC
 Evening Movie - 7pm PAC
 Old Time Radio Shows 7p WPTV

12
 Watercolor Class 10am AS
ROVE Committee 11am - GR
 Hearts Players 1-4pm - GR
 Mah Jongg 1pm - AS
 Dulcimers 1pm - PAC
 Women's Tea Talk 2 pm - PAC
 Memoir Group 3 pm - CR
 Pondaliers Gathering 3:30 PAC
 Table Games 7pm - Cls

13
Welcome Comm 11am - GR
 Meditation Group 11am - AS
 Update w/Michelle 12:15 WPTV
 Social Bridge 12:30-3:15 pm - GR
 Handbells 1pm - AS
 Birthday Party 2pm - Cls
 Short Story Group II - 4p - Cls
 Re-air Michelle's Update 4p/8p

14 *Flag Day* 
 Brainteasers 10am - AS
 Spanish Chat 11:15am - AS
 Prayer Group 1p.m - IMR
 Canasta - 1-4pm - GR
 Duplicate Bridge 1pm 4th C Lounge
Landscape Committee 2pm - CR
 Current Events 4 p.m. - Cls
 Old Time Radio Shows 8pm WPTV

8
 Social Bridge 12:30-3:15pm GR
No Playreaders Sessions Today
 Dulcimers 3:30pm - PAC
 Thursday @ the Movies 7p PAC
 Chess Players 7pm GR

9
 Scrabble 10:30 GR
 Pinochle - 1pm - GR
 Mah Jongg 1pm - CR
Pondalier Concert 3pm PAC
 Shalom Space 4pm Cls
 Opera Night: *Attila* 7pm - PAC

10 New Paltz Shopping 8-12
 Men's Coffee 9:30 - PAC
Huguenot Street - Depart 10am
 Interdenom. Service -11 a.m. - HC
 Hearts Players 12:30-4pm GR
 Canasta 1pm GR
 Table Games 2 pm - AS
 Movie Matinee - 2p PAC
GNSO Concert Depart 6:15 p.m.
 Evening Movie 7pm PAC

18 *Happy Father's Day*
 Church Rides Depart 9 a.m.
 Bible Study 1pm CR
Bachfest Concert @ Vassar Depart at 2 p.m.
 Sunday Matinee 2pm - PAC
 Evening Movie 7pm - PAC
 Old Time Radio Shows 7p WPTV

19 *Juneteenth holiday*
 Grief Support Group 10am Cls
 Watercolor Class 10am AS
 Hearts Players 1-4pm GR
 Mindfulness Program Round
 Table Discussion 1pm - CR
 Mah Jongg 1pm - AS
 Dulcimers 1pm PAC
 Women's Tea 2pm - Cls
 Table Games 7pm - Cls

20 Michelle's Update 12:15 WPTV
 Social Bridge 12:30-3:15pm - GR
 Handbells - 1 pm - AS
Alz. Fundraiser: Ice Cream Social 1-3pm - IL Courtyard
SusComm Presentation 2p PAC
 Short Story Group I - 4pm - Cls
 Re-air Michelle's Update 4p/8p
Dinner Adventure Depart 4p.m.
 iPhone Camera Club - 7p Cls

21 Brainteasers 10am - AS
Benefit Fund Comm. 10am - CR
 Spanish Chat 11:15am - AS
Minnewaska Outing - Depart 1 pm
 Prayer Group 1p.m - IMR
 Canasta - 1-4pm - GR
 Duplicate Bridge 1p 4th C Lounge
WP Board Retreat 12-7pm - PAC
 Current Events 4pm Cls
 Old Time Radio Shows 8pm WPTV

15 Residents' Council 10am - Cls
 Episcopal Service 11:15 a.m. GR
 Social Bridge 12:30-3:15 pm - GR
Council Connections 2p PAC
 Playreaders I - 2:30pm - AS
 Comp. Happy Hr 3:30 Pub/GR
 Dulcimers 3:30 pm - PAC
 Playreaders II - 4:15pm - AS
 Thursday @ the Movies 7pm-PAC
 Chess Players 7pm - GR

16 Scrabble 10:30 GR
 Pinochle 1pm - GR
 Mah Jongg 1pm - AS
Mindfulness Program with Nina Smiley 1 p.m. - PAC
 Simple Melodies 2:30 PAC
Student Music Recital - 5 p.m. PAC
 Shalom Space 4 pm - Cls

17
 New Paltz Shopping 8-12
 Men's Coffee 9:30 - PAC
 Hearts Players 12:30-4pm GR
 Canasta 1pm GR
 Table Games 2 p.m. AS
 Movie Matinee - 2p PAC
 Evening Movie 7pm PAC

25
 Church Rides Depart 9 a.m.
 Sunday Matinee - 2 pm PAC
 Evening Movie 7pm PAC
 Old Time Radio Shows 7p WPTV

26
Interfaith Comm. 10:30 GR
 Hearts Players 1-4pm GR
 Mah Jongg 1pm - AS
 Dulcimers 1 pm PAC
 Women's Tea 2pm - Cls
 Memoir Group 3pm - CR
 Table Games 7pm - Cls

27 Michelle's Update 12:15 WPTV
 Social Bridge 12:30-3:15pm - GR
Health Center Comm. 1pm - Cls
 Handbells 1pm AS
Tree of Faith: The Bruderhof 2pm PAC
 Short Story Group II - 4pm - Cls
 Re-air Michelle's Update 4p and 8p
Playreading - 7pm - PAC

28 Brainteasers 10am - AS
 Spanish Chat 11:15am - AS
 Prayer Group 1p.m - IMR
 Canasta - 1-4 pm GR
SusCom Comm - 2 pm - Cls
Residents' Association Meeting 3pm PAC
 Current Events - 4 p.m. - Cls
 Old Time Radio Shows 8pm WPTV

22
 Social Bridge 12:30-3:15p - GR
 Playreaders I - 2:30pm - AS
 Dulcimers 3:30 pm - PAC
 Playreaders II - 4:15pm - AS
 Thursday @ the Movies 7pm PAC
 Chess 7pm GR

23 Scrabble 10:30 - GR
 Pinochle 1pm - GR
 Mah Jongg 1pm - AS
 New Resident. Social/Orientation 2pm - Cls
Roses & Nightingales: Songs from the Sephardic Tradition 3pm - PAC
 Shalom Space - 4pm - PAC
 Opera: *Mefistofele* 7pm - PAC

24 New Paltz Shopping 8-12
 Men's Coffee 9:30 - PAC
 Hearts Players 12:30-4pm GR
 Canasta 1pm GR
 Table Games 2 p.m. AS
 Movie Matinee - 2p PAC
Ars Choralis - Depart 5:45 p.m.
 Evening Movie 7pm PAC

29
 Social Bridge 12:30-3:15p - GR
 Playreaders I - 2:30pm - AS
 Dulcimers 3 pm - PAC
Bruderhof Dinner Depart 4pm
 Playreaders II - 4:15pm - AS
 Thursday @ the Movies 7pm PAC
 Chess 7pm GR

30
Blood Drive 10-3p PAC
 Scrabble 10:30 - GR
 Pinochle 1pm - GR
 Mah Jongg 1pm - AS
 Poetry Group 2pm CR
Simple Melodies with Accord Starlite Duo 3pm - Courtyard
 Shalom Space 4pm Cls



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>June Fitness events-</i> Tuesday 6/13- Fun in the Sun morning. </p> <p>Fitness Center workshop</p>	<h1>June 2023</h1> <h2>Fitness Classes</h2>			<p>1 9am– Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace– PAC/ WPTV</p> <p>10am– Seated Strength w/ Bands with Grace– PAC/ WPTV</p> <p>12pm- Kickoff to Summer BBQ</p>	<p>2</p> <p>9am–Water Exercise with Grace</p> <p>10 am –Yoga with Deborah - PAC/WPTV</p>	<p>3</p>
4 -	<p>5</p> <p>8am – Self-Led Water Exercise Group</p> <p>9am – Water Exercise with Grace</p> <p>10am – Yoga with Deborah PAC/ WPTV</p> <p>11 am - Walk w/Grace - Lobby</p>	<p>6 9am– Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace– PAC/ WPTV</p> <p>10am – Seated Stretch Bands with Grace– PAC/WPTV</p> <p>11am - Movement/Music & You with Nora – PAC</p> <p>11am–Walk with Grace-lobby</p>	<p>7 9am – Water Exercise with Grace</p> <p>10am – Yoga with Deborah WPTV Only</p> <p>11am – Chair Yoga &Balance with Grace– PAC/ WPTV</p> <p><i>1pm - Fitness Center Workshop w/ Grace</i></p>	<p>8</p> <p>9am – Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace– PAC/ WPTV</p> <p>10am– Seated Strength w/ Bands with Grace– PAC/ WPTV</p>	<p>9</p> <p>9am–Water Exercise with Grace</p> <p>10 am –Yoga with Deborah - PAC/WPTV</p>	10
11	<p>12</p> <p>8am – Self-Led Water Exercise Group</p> <p>9am – Water Exercise with Grace</p> <p>10am– Yoga with Deborah PAC/ WPTV</p> <p>11 am - Walk w/Grace - Lobby</p>	<p>13 9am– Self-Led Water Exercise Group</p> <p>9:15am- Fun in the sun: Millbrook Preserve walk.- meet in Lobby.</p> <p>11am– Horse Shoe Games– meet outside near Art Studio entrance</p> <p>11am - Movement/Music & You with Nora – PAC</p>	<p>14</p> <p>9am – Water Exercise with Grace</p> <p>10am – Yoga with Deborah WPTV Only</p> <p>11am – Chair Yoga &Balance with Grace– PAC/ WPTV</p>	<p>15</p> <p>9am– Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace– PAC/ WPTV</p> <p>10am – Seated Strength w/ Bands with Grace– PAC/ WPTV</p>	<p>16</p> <p>9am–Water Exercise with Grace</p> <p>10 am –Yoga with Deborah - PAC/WPTV</p>	17
18	<p>19</p> <p>8am – Self-Led Water Exercise Group</p> <p>10am – Yoga with Deborah- PAC/ WPTV</p> <p>No Exercise with Grace. Happy Juneteenth</p>	<p>20 9am– Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace– PAC/ WPTV</p> <p>10am – Seated Stretch Bands with Grace– PAC/WPTV</p> <p>11am - Movement/Music & You with Nora – PAC</p> <p>11am–Walk with Grace-lobby</p>	<p>21</p> <p>9am – Water Exercise with Grace</p> <p>10am – Yoga with Deborah WPTV Only</p> <p>11am – Chair Yoga &Balance with Grace– PAC/ WPTV</p>	<p>22</p> <p>9am – Self-Led Water Exercise Group</p> <p>No Exercise with Grace today</p>	<p>23</p> <p>10 am –Yoga with Deborah - PAC/WPTV</p> <p>No Exercise with Grace today.</p>	24
25	<p>26</p> <p>8am – Self-Led Water Exercise Group</p> <p>10am – Yoga with Deborah - PAC/ WPTV</p> <p>No Exercise with Grace today.</p>	<p>27 9am– Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace– PAC/ WPTV</p> <p>10am – Seated Stretch Bands with Grace– PAC/WPTV</p> <p>11am - Movement/Music & You with Nora – PAC</p> <p>11am–Walk with Grace-lobby</p>	<p>28</p> <p>9am – Water Exercise with Grace</p> <p>10am – Yoga with Deborah WPTV Only</p> <p>11am – Chair Yoga &Balance with Grace– PAC/ WPTV</p>	<p>29</p> <p>9am– Self-Led Water Exercise Group</p> <p>9am – Balance & Strength with Grace – PAC/ WPTV</p> <p>10am– Seated Strength w/Bands with Grace– PAC/ WPTV</p> <p><i>1pm - Fitness Center Workshop w/ Grace</i></p>	<p>30</p> <p>9am–Water Exercise with Grace</p> <p>10 am –Yoga with Deborah - <u>Classroom</u></p>	