



■ Pages 6-7  
Scenes Around  
Our Community

## In This Issue

■ Page 11  
Meet New  
Neighbors




# WoodlandLife

Vol. 15, No. 7

July 2023

## Woodland Pond's Community Partnership with the Alzheimer's Association

Every day the Woodland Pond community strives to offer a well-rounded, supported life to residents and staff through resources, access, and independence. Part of our mission is to make community partnerships with organizations that may enhance these everyday goals. One way we are doing this is through our partnership with the Alzheimer's Association, which helps to increase awareness about a group of diseases that largely affects the senior population. We are working closely with the Hudson Valley Alzheimer's Association Chapter to provide educational resources and caregiver support opportunities to our residents, staff, and families, and spread awareness of the Association's mission. 

We have formed a team to support these efforts and to fundraise to contribute to the Chapter's annual *Walk to End Alzheimer's* at the Walkway Over the Hudson in October. Residents, staff, family and friends are encouraged to join our team (The Woodland Pond A-Team) in the sole purpose of support and awareness. Team members have the *option* to donate, fundraise, walk at the event, or simply continue hoping for a cure! To join, please visit the Concierge Desk or the Health Center's Reception Desk or visit: <http://act.alz.org/goto/woodlandpond>.

Meg Boyce, LMSW, CDC, Vice President, Programs and Services for the Alzheimer's Association, Hudson Valley Chapter, will provide a program on **Wednesday, July 26 at 2 p.m.** in the PAC. The topics covered will include brain health, causes of Alzheimer's and other dementias, treatments and support services available through the Alzheimer's Association. All are welcome and encouraged to attend this very informative program.

It is vital to us that our community understands the intent of this new initiative to generate and spread awareness, create social opportunities for all residents and staff, and ultimately, get a few steps closer to finding a cure for Alzheimer's and dementias.

### Please save these important dates:

\* **Thursday, July 6** - Alzheimer's Night in the Main Dining Room, regular reservations. First, there will be a fun Happy Hour in the Pub from 3:30-4:30 and then enjoy an exceptional menu curated by Executive Chef Jarrod Kutz in the Main Dining Room, including seasonal and specialty favorites. Partial proceeds from the evening will go directly to the Alzheimer's Association.



*Tom Gilder puts the finishing touch on Mary Lou Werlau's sundae at last month's fundraiser.*

- \* **Tuesday, July 18, 1-3 p.m.** - Ice Cream Party in the Courtyard, another fun day in the sun to celebrate our community coming together for a great cause! 50% of the proceeds benefit the Alzheimer's Association.
- \* **Tuesday, July 25, 8-10 a.m.** - Executive Breakfast Fundraiser in the Main Dining Room. Join us for a fun morning of an all-you-can-eat breakfast buffet and interactive games, served and hosted by our Executive Team.

\* **Saturday, Oct. 14** - *Walk to End Alzheimer's*, Walkway Over the Hudson.

- Kamryn Ilgner, Strategic Initiatives Specialist / Sarah Leonard, Resident Services Dir.





July meetings of your Residents' Council are **Thursdays, July 6 and July 20 at 10 a.m.** in the Classroom and on Zoom, and are open to all residents. The first 15 minutes (EARS) are devoted to your input. Agendas are posted in the Mail Room and Library on the Mondays preceding each meeting. You may communicate with your Council by putting signed, written comments in the Council Cubby in the Mail Room, at the bottom right of the bank of cubbies by the window, or you may also send an e-mail to [junefiner@yahoo.com](mailto:junefiner@yahoo.com).

There will be no *Council Connections* sessions this month.

*June Finer, Corresponding Secretary*

### From Woodland Pond's Board of Directors

At the Board's Annual Meeting in June, the following slate of officers were elected: Chris Drouin, Chair; Michael Zierler, Vice Chair; Dick Barry, Secretary; Dean Lewallen, Treasurer. Sally Cross was elected to her first three-year term, and Laurel M. Garrick Duhaney was elected to her third term.



In May, Liz Duncan-Gilmour resigned from the Board. Our current Board number stands at eleven. Active solicitation of new Board members is always ongoing, as is the profiling of professional backgrounds and skills that could complement our current membership.

Board members extended their heartiest congratulations to Michelle for her role in helping to represent Woodland Pond in such an outstanding, professional manner at a week-long liability trial in mid-June, in which the verdict was quickly rendered by a jury unanimously in our favor.

*Dick Barry, Secretary*

### An Evening of Jazz in the Courtyard

We welcome back the *Jazz Pioneers Big Band* for an outdoor evening concert in our Courtyard on **Monday, July 10 at 6:30 p.m.** A traditional 19-piece jazz big band, the band's repertoire includes classics from the 1930's to popular contemporary tunes. They enjoy entertaining audiences throughout the Hudson Valley and look forward to playing for an enthusiastic Woodland Pond audience.



*The Jazz Pioneers always draw a large, enthusiastic crowd when they play at Woodland Pond!*

### WP Benefit Fund Committee Update

Good News! Coming soon - a new awning shading the patio in front of the Library! The Benefit Fund proposed to fund the installation of a seasonal awning on the front of the building for use by residents and guests. It will match the awnings in place outside the pub and dining room, and should be erected soon.

More Good News! Five Woodland Pond staff members from various departments have completed their Certified Nursing Assistant (CNA) training, thanks in part to our Scholarship Funds, and have now begun working in the Health Center in their new roles as CNAs. The Committee is discussing enlarging our contribution, to enable more eligible staff to take advantage of the offer of student aid.

Even More Good News! The first event sponsored by the Benefit Fund, a concert of Sephardic songs, took place in June. We are planning to offer more in the Fall.

Thanks to all of our generous donors! By summer's end we plan to enhance the signs located on our Benefit Fund wall to more adequately describe the goals of the Benefit Fund and proudly announce the ways that your donations enrich the lives of residents every day. Stay tuned!

*Anne Gordon, Benefit Fund Chair*

### Paper Shredding Event

Woodland Pond board member Marc Schain has graciously arranged for our annual paper shredding event on **Monday, July 3 from 10 a.m. to 12 noon.** A Records Storage Solutions truck will be parked outside the Main Lobby.



Gather your piles of paperwork that can be shredded, and bring to the Lobby. If you need assistance, Contact the Concierge desk.

This event is provided compliments of Schain & Company, CPAs and Record Storage Solutions, a bonded shredding company. It is confidential and complimentary. Shred those papers!





## Interest Groups



Beginner's Mah Jongg: Saturdays at 9:30 a.m. [GR]

Book Club: Tuesday, July 11 at 7 p.m. [CR]

Bingo: on hiatus until October

Brainteasers: Wednesdays at 10 a.m. [AS]

Canasta: Wednesdays & Saturdays at 1 p.m. [GR]

Chess: Thursdays at 7 p.m. [GR]

Current Events Group: Wednesdays at 4 p.m. [ClS]

Dulcimer Players: Mondays at 1 p.m./ Thursdays at 3:30 p.m. [PAC]

Duplicate Bridge: 2nd & 3rd Wednesdays, 1p.m. [4th Central Lounge]

Handbell Ringers: no rehearsals this month

Hearts Players: Mondays at 1 p.m./Saturdays at 12:30 p.m. [GR]

iPhone Camera Club: Third Tuesdays at 7p.m. [ClS]

Loss in Literature Group: Tuesday, July 18, 4 p.m. [CR]

Mah Jongg: Mondays and Fridays at 1 p.m. [AS]

Memoir Class: 2nd and 4th Mondays, 3 p.m. [CR]

Men's Coffee – Saturdays at 9:30 a.m. [PAC]

Opera/Ballet Night: 2nd and 4th Fridays at 7p.m. [PAC]

Philosophy Circle: Wednesday, July 5, 11 a.m. [ClS]

Pinochle: Fridays at 1 p.m. [GR]

Playreaders Group I: Thursdays at 2:30 p.m. [AS]

Playreaders Group II: Thursdays at 4:15 p.m. [AS]

Poetry Group: Friday, July 30 at 2 p.m. [CR]

Pondaliers: On hiatus until September

Rummi-Kub: Evenings, 7 p.m, Sundays, 2pm GR

Scrabble: Fridays at 10:30 a.m. [GR]

Shalom Space: Fridays at 4 p.m. [ClS]

Short Story Group I: 1st & 3rd Tues., 4 pm [ClS]

Short Story Group II: 2nd & 4th Tues., 4 pm [ClS]

Social Bridge: Tuesdays and Thursdays from 12:30-3:15 p.m. [GR]

Spanish Chat: No session until Wednesday, July 26, 11:15 a.m. [AS]

Continued next column

Interest Groups continued:

Variety Film Series - On hiatus until October

Watercolor Class: Mondays, July 10 and July 31 at 10 a.m. [AS]

Women's Tea: Mondays at 2 p.m. [ClS] (2nd Monday Tea Talk in the PAC).

## Committee Meetings for July

Physical Plant - Wednesday, July 5 at 10 a.m. [ClS]  
Contact: Deborah Moore, Chair

Décor/Design - Thursday, July 6 at 1 p.m. [AS]  
Contact: John Ortner, Chair

Library Committee - Does not meet this month  
Contact: Virginia Cannon, Chair

R.O.V.E. - Monday, July 10 at 11 a.m. [Game Room]  
Contact: Suzanne Orchowski, Chair

Finance Review - Monday, July 10 at 1 p.m. [CR]  
Contact: Dave DeWilde, Chair

Dining - Tuesday, July 11 at 10 a.m. [GR]  
Contact: Joan Kleinegris, Chair

Welcome - Tuesday, July 11 at 11 a.m. [GR]  
Contact: Alice Cross, Chair

Landscape - Wednesday, July 12 at 2 pm. [CR]  
Contact: Deborah Moore, Chair

WP Benefit Fund - Wednesday, July 19, 10 a.m. [CR]  
Contact: Anne Gordon, Chair

Land Conservation - Friday, July 21 at 3pm [ClS]  
Contact: Dave Smith, Acting Chair

Interfaith - Monday, July 24 at 10:30 a.m. [GR]  
Contact: Ina Pottorff, Chair or Billie Stevens, Secretary

Health Center - Tuesday, July 25 at 1 p.m. [ClS]  
Contact: Margaret Nijhuis, Chair

Sustainability - No Meeting This Month  
Contact: Joy Dryer, for the Steering Committee

### These committees/activities are on summer hiatus:



- \* Bell Ringers - resume in August
- \* Bingo (Until October)
- \* Library Committee - resumes in September
- \* Pondaliers (resume in September)
- \* Square Dancers (resume in September)
- \* Sunday Bible study (resumes in Sept)
- \* SusComm - resumes in September
- \* Variety Film Series (resumes in October)





## From the Library ~ Book Review

Since the 4th of July celebration has historical significance, Woodland Pond Library focuses the month of July on local history. We have many historical sites throughout our Hudson Valley region that reflect local and national history.

Anthony P. Musso's *Hidden Treasures of the Hudson Valley* displays places that have been unnoticed by tourists. Musso discusses and urges a visit to the stone houses on Huguenot Street in New Paltz and old Hurley, the Vassar Brewery in Poughkeepsie, Sojourner Truth's home in Esopus, the Stockade in Kingston, and other intriguing sites.

Relive and learn about local history. Discover the "hidden treasures" of the Hudson Valley!

Anita Kantor

## Book Club



We are presently reading *Anxious People* by Fredrick Backman this month. The discussion has been postponed to the **second Tuesday in July (11th)** due to the July 4th holiday. Our next book in July is entitled: *A View Across the Rooftops* by Suzanne Keinmann. New members are always welcome!

Michele Caccavano

## PAC Movies



Special Holiday Film: *The Story of Yosemite*  
**Tuesday, July 4 at 2 pm.**

Attention *Dr. Who* Movie Fans! The TARDIS will materialize again on **Sunday, July 9 at 4:30 p.m.** in the PAC. Come see the Doctor save the universe and/or the Earth again. Please let Evelyn or David Rosenthal or Kitty Mitchell know what your favorite episodes are.

Thursday @ the Movies: **Thursdays at 7 p.m.**

First Friday Classic Movie: *State Fair*, starring Jeanne Crain, Dana Andrews, and Dick Haymes  
**Friday, July 7 at 7 p.m.**

Opera Night: This month's features: *Tosca* on **Friday, July 14 at 7 p.m.** and *Aida*, **Friday, June 23, 7 p.m.**

Special film presentation of *Joy of Bach*: celebrate the eternal joy of JS Bach's music through the eras, through different cultures on **Wednesday, July 26 at 7 p.m.**

## Bus Trips for July *Sign Up at the Concierge Desk*



**Friday, July 7 at 10 a.m.** – Shopping Trip to the Danbury Mall.

**Sunday, July 9 at 4 p.m.** – The Maverick Concert Series presents the Miro Quartet Chamber Music concert. Depart at 2:45 p.m.

**Friday, July 14** – A visit to Opus 40 Sculpture Park and Museum in Saugerties. Depart at 10 a.m.

**Sunday, July 16 at 4 p.m.** – The Maverick Concert Series presents the Escher String Quartet. Departure at 2:45 p.m.

**Wednesday, July 19 at 7 p.m.** – The West Point Band outdoor concert at the Vanderbilt Mansion in Hyde Park. Depart at 5:30 p.m.

**Saturday, July 22 at 4 p.m.** – Greater Newburgh Symphony Orchestra presents *At the Movies* at Mt. St Mary College's Aquinas Hall. Depart at 2:45 p.m.

**Friday, July 28** – Lunch Adventure to the Rondout Strand in Kingston. First, a visit to the Hudson River Maritime Museum, then enjoy the walkway along the Rondout Harbor, and eat lunch at your choice of one of various restaurants along the Strand. Depart at 10:30 a.m.

**Saturday, July 29** – Borscht Belt Fest in Ellenville. with street fair, food, entertainment, local artisans. Departure at 11:15 a.m.

**Sunday, July 30 at 2 p.m.** – BardSummerscape presents Saint Saëns's grand opera *Henri VIII* at the Fisher Center - Sosnoff Theatre. Depart at 12:30 pm.



## Newcomers Bus Tour



Are you new to the local area?

We invite you to sign up for our next Newcomer's Bus Tour of New Paltz and the immediate vicinity on **Wednesday, July 19 at 3 p.m.** This bus tour is especially designed for newcomers to the New Paltz area and will take you through the village of New Paltz as we point out local businesses, restaurants, and various interesting places to visit. Please sign up at Concierge if you are interested in going.





Please check the bulletin boards in the Cart Room next to the Hostess Station for more happenings in the area that you may wish to sample!



## Wellness Notes



The Warm Summer Weather is HERE! So let's get outside and enjoy. It takes just a few minutes to put into place some helpful safety measures. Here are some Summer Safety Tips:

- \* Try to avoid the hottest part of the day from 10 a.m.- 4 pm. Wear sunscreen and hats with a large brim to protect your skin. 
- \* When outside for a wonderful walk be fully aware we have ticks in our area. Use bug spray as directed. Wear light color clothing, socks and shoes and be sure to check for ticks as soon as you return from your walk.
- \* Stay hydrated! Seniors are more susceptible to dehydration. Carry your water bottle and sip throughout the day.
- \* Protect your eyes - wear sun glasses that wrap around the face and protect against UVB and UVA rays. 
- \* Wear clothes that have natural fabrics, are light weight and breathable, such as cotton. Bring a small jacket in case the air conditioning is too cold for you.
- \* Check with your pharmacist / doctor about what medications you are on. Some medications are sensitive to sun light and can cause an unfavorable reaction such as rashes. 
- \* Keep your Cool: Turn on your air conditioner when the air is muggy and very warm. Be sure to shut the windows too so it does not cause the air conditioner to work too hard. 

Be smart as you exercise and enjoy all the benefits of breathing in fresh air and being outside! Prepare and plan for your safe outside enjoyment and adventures.

### Remember --- SAFETY FIRST!

Wellness Wishes for Summer FUN,

Mary Jo

Mary Jo Murray, R.N., Wellness Nurse, ext. 5901

### Mental Health & Wellness July Program

The WP Mental Health & Wellness Task Force will present a panel program of residents discussing the pain and joys of transitioning from the "outside world" to Independent Living at Woodland Pond. Whether you are brand new to Woodland Pond, are an old timer or someone in-between, please join us on **Friday, July 21 at 2 p.m.** in the PAC for a discussion of our "Transitions."

A follow-up roundtable discussion about the program will be **Monday, July 24 at 10 a.m.** in the Conference Room.

*Sarah Leonard, Resident Services Director*

### A Thought to Ponder

"So live ~ decently, fearlessly, joyously ~ and don't forget that in the long run it is not the years in your life but the life in your years that counts." — *Adlai E. Stevenson*

### Is Your Emergency Packet Up-To-Date?

Forms are available outside the Wellness Nurse's office.

### A Fitness Note from Grace



*Karl Rodman, Ernie and Lucy Muller show great form with their tosses during a recent morning of horseshoes fun organized by Fitness Instructor*

### Special Film Presentation



The film *Still*, a documentary about actor Michael J. Fox's experience dealing with Parkinson's disease, will be shown **Monday, July 24 at 3 p.m.** in the PAC. A follow-up meeting for those interested in forming a Parkinson's Support Group will take place **Tuesday, July 25 at 11 a.m.** in the Conference Room.



Please refer to Connected Living for listings of weekly activities and special events, watch for any updates or changes on *Connected Living* screens.



There is much to do in the Hudson Valley! Be sure to frequently check out the bulletin boards in the Cart Room for listings and fliers of upcoming events in the area. You may want to attend in car pools with some of your neighbors.

# Life at Wood



Carol Natoli holds a plaque honoring her father Purfield (Perry) Kent, Jr., who was posthumously inducted into the CCNY Athletic Hall of Fame. Kent, a star of the college's lacrosse teams in the mid 1930s, also taught geology at the school for many years. During his service, he was awarded the Bronze Star, when he and two other soldiers captured 65 Germans. The effort to honor him was led by IL resident Al Chasan, here in the photo with Carol. Al was a student of Kent's, is a former CCNY lacrosse player and a Hall of Famer.



A packed audience was on hand for last month's *Roses & Nightingales* concert of songs of Sephardic Jews, sung in Landino.



The Pondaliers gave another delightful spring concert with three well-attended performances. New singers are welcome to join the group when they resume rehearsal in September.



In June the Playreaders launched a monthly play reading series on the last Tuesday evenings, with Kappa Waugh and Catherine Cattabiani offering the first program. Next up on July 25 is a reading by Jo Sanders.

[Photos by Michele Caccavano]



Siblings David Harp and Nina Smiley gave a fascinating program on 'Mindfulness' for last month's Mental Health & Wellness program. Their mother is IL resident Frieda Feldman.



At left: the Interfaith Committee's June 'Tree of Faith' program was an informative presentation about the Bruderhof Community, given by Hans and Heather Brinkmann. This was followed two evenings later by the Bruderhof's annual invitation to Woodland Pond residents to come to their location in nearby Rifton to enjoy a complimentary evening of dinner, entertainment and fellowship. Nearly 100 residents attended!



# Woodland Pond



*“Summer afternoon - to me those have always been the two most beautiful words in the English language.”*

*~ Henry James*



*There was a great turnout at the June 1st ‘Kickoff to Summer BBQ’ in support of the Alzheimer’s Association. Our Dining Team shone! With the BBQ and the Ice Cream Social on June 20 (at left below), \$2,750 has been raised thus far toward our \$15,000 goal. [Photos by Kamryn Ilgner]*



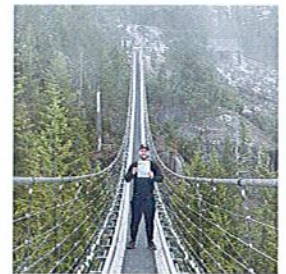
*The Woodland Pond A Team Committee has been hard at work planning great summer fundraising events for the cause!*



*Photo by Susan Smith*

## *Woodland Life Travels to .. Vancouver, BC*

Concierge staff member Jeffrey Seitz took along an issue of *Woodland Life* on his recent adventure to Vancouver, British Columbia, where he visited the town of Squamish, had a breath-taking gondola ride and posed on this very long suspension bridge!



If you are planning a trip to an interesting location (out of the immediate local area), take along a copy of *Woodland Life* and send a photo of yourself with the newsletter, and it may be shared in a future issue. Let’s see where in the world our newsletter next travels! \_\_\_\_\_

## *Pond Pets*

*Article and photo by Lucy Muller*



We all know and love Bob Brunet and Charles Platt, but did you know they share their lives with two beautiful cats?

Pip, who is a 12-year-old Siamese, was living at Woodland Pond with Robert Jagoda, a resident. When Mr. Jagoda had to move into another part of the Pond, his cat, Pip, needed a new home. Bob and Charles stepped up.

“Ginger, who is all black and full of ginger, came from Pet Smart’s adoption center in 2016,” Bob said. “Ginger had been turned in with kittens and was maybe feral, but she is very tame and friendly now. She may be 8.”

“Pip is 12,” said Charles, “which would be 64 in human years.”

“They both love the porch,” Bob said. “Ginger runs around like a kitten and loves to watch the chipmunks, while Pip likes to sleep on a chair out there.”


Pip loves to drink out of a running faucet as if it were a waterfall in the jungle.

“We have always had cats,” said Charles. “It comes to a total of 11 since 1998. Living in the city it is more practical to have a cat. Anyone who lives alone should have a pet and a cat is a good choice,” Charles said.

It is nice to know that Bob and Charles have such lovely companions.



## Applauds Program Salutes Employee Service

The following employees received commendations from residents last month for their exceptional service: 

Patty Mitchetti	Matt Perconti	Glavanah Dumas
Tamar-Lynn Jean	Emily Alexander	Jamel Reynolds
Jorge Rodriguez	Amy McIntyre	Ruth Fialkow
Arlene Wilson	Brittany Minard	Gina Christiana
Francesca Bruno	Gretchen Daum	Brett Hermann
Emily Watson	Rob Stahli	Carrie Burns
Phil Palazzo	Connie Rzeszewicz	Mark Baker
Karina Hernandez	Bill Schiller	Lisa Cea
Ana Hervias Olivas		

Applauds forms are available at the Concierge Desk. They are given to the Human Resources Department. If your nomination is received after the deadline, it will be included in the following month's issue.

## Monthly Birthday Party is Tuesday, July 11



Our monthly birthday party will be **Tuesday, July 11 at 2 p.m.** in the Courtyard. (If inclement weather, it will be held in the PAC). Celebrants will receive an invitation to attend.

### *Celebrating this month are:*

Ed LaPerche - July 1	Spencer Smith - July 18
Wayne Lavender - July 3	Henry Muller - July 19
Lea Pipman - July 5	Jill Fasciana - July 20
Julie Radford - July 8	Lydia Mellos - July 22
Taylor Thompson July 8	Larry Randall - July 26
Florence Weston - July 10	Mike Powers - July 28
Sharon Raphael - July 16	Carol Natoli - July 31
Elaine Heffernan - July 18	Ina Pottorff - July 31

## Welcome New Residents!

**Margo Elkin ~ Apt. 431 [North Wing]**  
**Sally Schultz ~ Apt. 336 [South Wing]**

The Welcome Committee's monthly New Resident Social/Orientation is **Friday, July 28 at 2 p.m.** in the Classroom. New residents will receive an invitation in their mail cubby to attend.

## A Note From Dining Services

There will be two "Round Robin" dinners this month, on **Thursday July 13 and Thursday, July 27** so that we can encourage residents to meet their neighbors and other folks they may not know. Watch for postings soon about this on Connected Living and at the host desk!

*Ashley France, for the Dining Team*

## ROVE Employee Profile

Woodland Pond requires a large staff to keep tidy. In addition to the staff members who clean our homes, others work exclusively in the public areas. Julie Burns is one of the most familiar staff members working in these areas. By the time early rising residents go to the Pub for coffee, Julie will have already done a walk-through, picking up and straightening chairs in the Pub and Game Room. Her hours are 6 a.m. to 2 p.m., which she says she's used to and likes because there are many daylight hours left when she



Photo by Michele Caccavano

gets off. Also, she can get more done early in the morning. The rest of the day she will work where she's been assigned, maybe in the lobby and common areas or cleaning the floors and elevators.

Seven years ago, Julie was working in another senior facility when a friend of hers visited Woodland Pond and recommended she apply here. She did, was hired and has been here ever since. She likes working here because she feels safe and says everybody is super sweet from the CEO on down.

Interestingly, Julie's first job was working on a friend's dairy farm, milking cows and driving the machinery among other chores, a job she loved. She's also worked delivering car parts for a Ford Dealership. Julie said she's a DVD junkie and, in her time off, enjoys going to thrift shops, flea markets and tag sales. Julie is one of our employees who benefit from your contribution to ROVE.

*Suzanne Orchowski, for the ROVE Committee*

## Turtle Tale



Susan Smith shares this photo of the busy snapping turtle she and Dave have seen at their cottage. "These snapping turtles seem to be fond of daisies," Susan reports. "This is the 3rd or 4th Spring we have found one laying her eggs in with these flowers. We've kept watch but have never seen any hatchlings. Maybe this year!"



## Special Student Classical Recital ~ July 3

On **Monday, July 3 at 3 p.m.** in the PAC we will welcome back students from the Lyra Music Young Artist Program for a special recital. The annual Lyra Music Festival brings together world-class musicians, pre-college string players and pianists from Young Artist Program and an exceptional faculty of professional musicians and educators for concerts, masterclasses, and student performances.

Lyra Music is a non-profit organization committed to enriching lives and building community through classical music and looks forward to bringing an



*Last year's concert drew a large, appreciative audience. [Photo by Akiko Sasaki]*

outstanding group of young artists to Woodland Pond for this special concert of classical solo and chamber music. For information about our other classical music events this summer, including a Guest Artist Concert with Ilmar Gavilan (violin), Clancy Newman (cello), and Anna Polonsky

(piano), a Lyra Faculty Artist Concert, and a Meet and Greet concert event with Mr. Gavilan and the Lyra Music Storm King Ensemble, please see our Festival Event Calendar online at [lyramusic.org](http://lyramusic.org). Come and be inspired!

*Akiko Sasaki, for Lyra Music Festival*

### Music in the Courtyard!

On **Friday, July 21 at 3 p.m.** our monthly Simple Melodies session with the *Starlight Trio* (Susan Griss, Larry Bush and Len Kobrinsky), will be in the Courtyard, weather permitting. Come hear their smooth sounds on guitars and keyboard!



### New Interest Group Begins



The Philosophy Circle, the newest Woodland Pond interest group, will be starting Wednesday, July 5. Much to my surprise we quickly filled up to capacity.

The group will be analyzing and discussing the major ideas of classical and contemporary philosophers, the intellectual backbone of civilizations. If this interests you, I invite you to add your name to the Philosophy Circle waiting list at the Concierge Desk.

*Jo Sanders*



## Interfaith Committee News



The next meeting of the committee will be **Monday, July 24 at 10:30 a.m.** in the Game Room. If you are interested in the mission of this committee, "To foster an atmosphere of tolerance for spiritual understandings," whatever your faith may be, we encourage you to become a member. We meet monthly to plan "Tree of Faith" programs to be presented in the PAC. Our most recent one was presented on June 27 by a member of the Bruderhof, followed by a delightful picnic dinner on the Bruderhof property on June 29. We also explore matters of interest of all faiths.

Deborah Moore will lead a 3-session class "A Feminist Examination of the Bible" on **Tuesdays, July 11, 18 and 25 from 2-3:30 p.m.** in the Classroom. Please join us.

Upcoming religious holidays in July: 1st, end of The Hajj (Muslim); 1-2nd, end of Eid al-Adha pilgrimage (Islam); 18th, Islamic New Year; 23rd, Haile Selassie's Birthday (Rastafarianism); 27th, Tisha B'Av destruction of the temple (Jewish); 27th, Ashura (Muslim) death of the revolutionary leader Husayns ibn Ali.

*Billie Stevens, Secretary*



### Upcoming Shalom Space Programs

Fridays at 4 p.m. in the Classroom



July 7 - *Masada*, led by Lola Weiss

July 14 - *Ten Commandments*, led by Lucy Muller

July 21 - Quotas and Affirmative Action - Karl Rodman

July 28 Yiddish Words, with Mel Oshen

### Second Saturday with Pastor Lyn

In June we explored Pentecost, the Birthday of the Church. On July 8 we will look at the impact of the Day of the Spirit on the lives of the disciples. What happened to those scaredy-cat guys who were accused of being drunk at 9 in the morning!? What impact did these lower class, uneducated disciples have on the world? Join us at **11 a.m. in the Great Room** for prayerful sharing, learning from each other and Holy Communion. And hey, I.L. is welcome, also. There is plenty of room for more!

*Pastor Lyn Mehl*

### Weekly Prayer Group

An interdenominational prayer group meets **Wednesdays at 4 p.m.** in the Interfaith Meditation Room (2nd Floor Assisted Living, just off the elevator). Anyone is welcome to join us! (Please note the new time)





## Sustainability Committee News

Can Fashion Save the Planet? Sustainable Clothing Company challenges Clothes Waste

**Do you know that ...** one cotton T-shirt uses 2,700 liters of water ... what an average person drinks in 2-2½ years?

We use natural resources to grow and produce fabrics, energy and water to create the garment, package then transport it. After it's used, 84% of clothing ends up in a landfill. The EPA (Environmental Protection Agency) reports landfills in 2018 received 11.3 million tons of discarded clothing. Thus, the Fashion Industry is now reported to be the 2nd leading polluter in the world.

**A Sustainable Fashion Industry Revolution:** Since 2013, *Fashion Revolution*, the world's largest fashion activism movement, has as its vision to lead the global fashion industry to conserve and restore the environment, and value people over growth and profit. Last month Woodland Pond was treated to a presentation by one such local fashion visionary. Kaitlyn Murray, CEO of "Apres L'Amour," founded her sustainable clothing company during Covid. She keeps clothes *out* of landfill. Her company gives each piece of clothing a new life. Each is secondhand, upcycled, mended, reimagined.



*Kaitlyn Murray, Founder & CEO of 'Apres' shows an upcycled, reimagined shirt dress (repurposed from a man's button down shirt). [Photo by Joy Dryer]*

**What's Next?** Kaitlyn plans soon to open her first *Apres* store in Kingston. There she will host Community Clothing Rack (where folks swap clothes), a Mending Night, along with her repurposed collection of clothes.

**Hudson Valley Sustainable FASHION WEEK**, expected this fall, will showcase 10 sustainable designers, Kaitlyn says, "with the aim of mending the relationship between fashion and nature."

**Tuesday, July 18 from 2-3 p.m. in the PAC - Clothing Donation Day.** Bring your clean used clothing. (No underwear, but slips, nighties, long johns, sweat pants, etc., jewelry, shoes and all accessories accepted). You might even "swap" for an item you like! Sponsored by WP SusComm and Kaitlyn Murray's *Apres* company.

*Joy Dryer, on behalf of the Steering Committee*

## Sew (so) together

Are we ready to get together one evening a month to mend our clothing in a group setting? We might have refreshments, we will certainly have a sewing machine, and hopefully skilled residents to advise us.



Please contact June Finer at 845-255-7247 and/or [junefiner@yahoo.com](mailto:junefiner@yahoo.com) if you are interested. If enough of us want to do it, it may become a new interest group.

*June Finer*



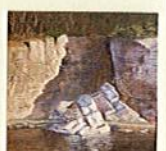
## New ArtScope Exhibit



ArtScope is excited to announce the fourth annual exhibit of artwork created by employees at Woodland Pond with the Opening Reception to be

**Monday, July 17 at 7 p.m.** in the PAC

(l to r) Works by Cassidy Ginn, Linda Storminger, Bailey Ginn and Michelle Eddison are among those to be featured.



*Creativity flourishes at Woodland Pond*

## 2nd Monday Tea Talk



This month all women and men are invited to the Tea Talk on **Monday, July 10 at 2 p.m.** in the PAC. New Resident Joan Mandle, Associate Professor of Sociology Emerita from Colgate University, will speak on the topic "Everyone was Brave: Women Changing the World."

*June Finer/Alice Ruffing*

## Next Woodland Walkers Outing



On **Wednesday, July 5 at 2 p.m.** we will leave from the Lobby for a campus hike to walk the trails of our neighbor, the Mill Brook Preserve. Wear sturdy shoes, bug spray, and bring a pole and water. Please sign up with the Concierge.

*June Finer*

## Rummi-Kub Tourney in the HC Great Room

IL residents are invited to a Rummi-Kub Tourney in the Health Center's Great Rom on **Thursday, July 13 at 2:30 p.m.** Refreshments will be served!



## Meet Your Newest Neighbors

We are delighted to welcome two new residents this month. You may find that you have careers and interests in common. Please extend a warm welcome and invite them to lunch, dinner or an activity.

*Edited by Halema Hassan*

### Margot Elkin ~ Apt. 431



We are glad to welcome Margot who comes to us from White Plains, NY. She grew up in Sunnyside, Queens and graduated from Bates College in Maine with a major in Government. She subsequently attended Smith College School

for Social Work in Northampton, Mass.

Margot moved to Manhattan and she and her husband, David, had 2 children. She practiced family counseling in Brooklyn, Manhattan and White Plains. After moving to Westchester, she co-founded a drop-in parent education program for families with infants and toddlers, and eventually became the executive director. She also worked in the White Plains School System. After retirement Margot volunteered for several social work organizations.

The isolation that thousands experienced because of covid also affected Margot, who was living alone in a house. (Her husband had passed away 25 years ago). That was a huge impetus in her decision to move to Woodland Pond.

Margot's son, Sam, lives in D.C. and is involved with public policy. Her daughter, Charlotte, lives in Manhattan and is also a social worker. Her granddaughter will be attending UCLA in the fall.

Margot's many interests include classical music, jazz, reading, and theater. They dovetail nicely with activities found here and in nearby venues. Please welcome Margot!



Michele Caccavano's close ups of flowers are stunning!



Above: Wayne Lavendar took these photos from the outing to Historic Huguenot Street's 17th Century Marketplace event. If you haven't visited this gem right here in New Paltz, please take the opportunity!

### Sally Schultz ~ Apt. 336



Sally first came to New Paltz in 1970, at the age of 19. A native of Manhattan, and graduate of the Bronx High School of Science, she completed a B.A. in Anthropology at SUNY New Paltz in 1974.

Afterwards, she spent several years as the owner/manager of a bar on Main Street (St. Blaise), before returning to academia and earning an M.S. in Accounting at SUNY Albany, and a Ph.D. at Penn State.

Returning to New Paltz In 1984, Sally joined the faculty at SUNY New Paltz, and spent the next 31 years teaching various undergraduate and MBA courses in financial accounting. As the senior member of the accounting faculty, she was actively involved in curriculum and program development for the School of Business, and in the process of preparing its initial AACSB accreditation review.

Her scholarship focuses on the study of archival accounting records that document business activity in Ulster County during the period from 1720-1850. Along with co-author Joan Hollister (a resident of Woodland Pond) this work has been published in journals including *Accounting History*, *Accounting Historians Journal*, *New York History*, and *Hudson River Valley Review*. After retiring from SUNY in 2016, Sally has served as a volunteer board treasurer for the D&H Canal Historical Society, where she implemented computerized record-keeping and outreach, and supported the team that rehabilitated the historic 1797 DePuy Canal House and created the new D&H Canal Museum and Visitors Center.

Sally enjoys reading, especially in the form of audio books, walking with her Havanese dog, Milo, and playing word and card games. Prior to a hip replacement, she was an avid recreational ballet dancer.

### A Sneak Peak at August



Aug. 3 - Alzheimer's Night Dinner Fundraiser

Aug. 7 - Emergency Preparedness Seminar

Aug. 15- Alzheimer's Fundraiser Ice Cream Social

Aug. 25 - Music in the Courtyard - Beacon Jazz Lab





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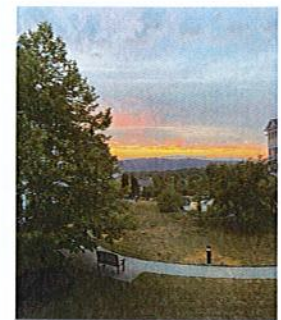
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Want to share the newsletter with your family and friends?

They can read it online at [www.wpatnp.org](http://www.wpatnp.org)



Larry Randall captured one of the hostas at the main entrance and at right, the beautiful pink dogwood located near the community garden.



Carol Wirtz took this lovely sunset view from her apartment.



Celebrate *Independence Day!*

Join in celebration of Independence Day at a BBQ on **Wednesday, July 5** in the Dining Room and Courtyard! Enjoy an all-you-can eat BBQ that will feature traditional and new items from Dining that will accommodate all diet preferences and restrictions. \$16.00 per person will include all food and soft drinks. Beer and wine available for purchase.



Reservations will be accepted for open seating, indoor and outdoor, at 4:45, 5:30, and 6:15 p.m. See you there!

*July Highlights at a Glance*

**Monday, July 3, 10 a.m.-12 noon** - Shredding Truck [outside Lobby]

**Monday, July 3 at 3 pm.** - Lyra Music Fest Student Recital - [PAC]

**Wednesday, July 5** - 4th of July BBQ [Dining Room/Courtyard]

**Monday, July 10 at 6:30 p.m.** - Jazz Pioneers Concert [Courtyard]

**Monday, July 17 at 7 p.m.** - ArtScope Opening Reception [PAC]

**Tuesday, July 18, 1-3 p.m.** - Alzheimer's Fundraiser Ice Cream Social [Courtyard]

**Tuesday, July 18, 2-3 p.m.** - SusComm-sponsored Clothing Donation Day [PAC]

**Wednesday, July 19 at 3 p.m.** - Management Q&A [PAC]

**Friday, July 21 at 2 p.m.** - Mental Health & Wellness Program: *Transitions* [PAC]

**Friday, July 21 at 3 p.m.** - The *Starlight Trio* Live Music in the Courtyard

**Monday, July 24 at 3 p.m.** - Special Film Presentation: *Still* [PAC]

**Tuesday, July 25, 8-10 a.m.** - Alzheimer's Breakfast Fundraiser [IL Dining Room]

**Tuesday, July 25 at 7 p.m.** - Playreading [PAC]

**Wednesday, July 26 at 2 p.m.** - Alzheimer's Association program [PAC]

