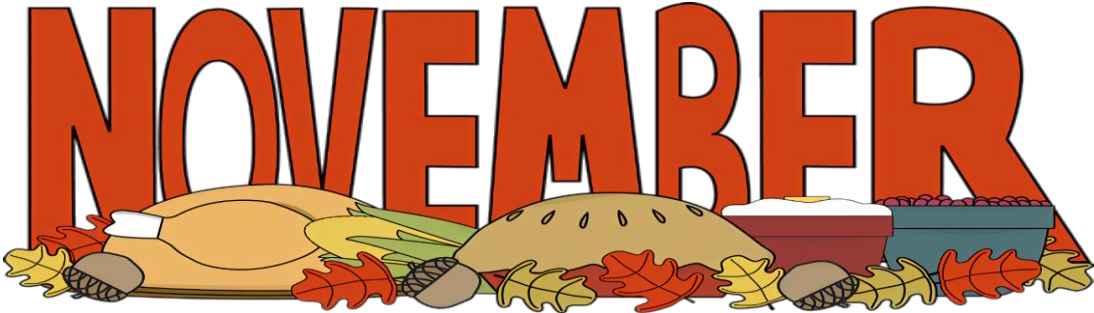


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|--|
|  | | | <div>2024</div> <div>Garden View</div> | | | |
| Daylight Savings Time Ends 9:30 This Date in History/ 10:00 Finish the Phrase/A 1:00 Walking Group/J 2:30 Balloon Volleyball 4:00 Table Setting & Meal Prep | 10:30 Group Music Therapy w/ Sarah and Cynthia 11:30 Walking Group/Natalie 1:00 Stretch & Strengthen w/ Matt 2:00 New Time! Art Class with Michelle – GR 4:00 Table Setting & Meal Prep | Election Day 10:15 Table Games/Puzzles 11:00 Open Swim -IL Pool 1:00 Walking Group/UA,S 2:00 Afternoon Stories/Conversation w/Martin 3:00 Chair Yoga with Matt-GR 4:00 Michelle's Update | 9:30 Room Visits 10:00 Baking with French 11:00 Smart Bells-GR 1:00 Exercise with Matt 1:30 Walking Grp/Kathleen 2:00 Word Games 3:00 Open Swim – IL Pool | 9:30 Room Visits 10:30 Show & Share/S 1:30 Walking Group/Faith 2:00 History of Coney Island – GR/J,S 4:00 Evening Guitar Music & Sing-Along/S | 9:30 Room Visits 10:00 Chair Hula-GR/J 10:30 Sand Sculpting/S 11:45 Diners Club 1:30 Bingo-GR 1:30 Walking Group/UA,S 3:00 Simple Melodies-PAC | 9:30 Daily Chronicle/A 10:30 Tibetan Sound Meditation and Reiki Practitioner – GR 10:00 Schmoozing with Arlene 😊 1:00 Music with Bill Nastasi 3:30 Walking Group/S |
| 9:30 This Date in History/A 10:00 Folk Music/S 2:00 SUNY New Paltz's A capella Group: The Pitches - GR 3:30 Walking Group 4:00 Table Setting & Meal Prep | Veteran's Day 9:00 Veterans Breakfast – IL Dining Rm (by invitation) 10:30 Group Music Therapy 1:30 Veterans Day Program - GR 3:30 Walking Group/S 4:00 Table Setting & Meal Prep | 9:30 Art Class w/ Michelle 10:15 Table Games/Puzzles 1:00 Open Swim – IL Pool 1:00 Walking Group/UA,S 2:00 Afternoon Stories/Conversation w/Martin 3:00 Chair Yoga with Matt-GR 4:00 Michelle's Update | 9:30 Room Visits 10:00 Baking with French 1:00 Exercise with Matt 1:30 Walking Grp/Kathleen 2:00 Name That Tune 3:00 Open Swim – IL Pool | Happy Birthday Gillian! 9:30 Room Visits 10:00 Cake Baking/S 1:30 Walking Group/Faith 3:30 Gillian's Birthday Tea Party 4:00 Evening Guitar Music & Sing-Along/S | RSVPs for Brunch Due 9:30 Room Visits 10:00 Chair Dancing -GR/J 10:15 IL Library Trip 11:30 Depart Lobby: Lunch Trip to Texas Roadhouse 1:30 Bingo-GR 1:30 Walking Group/UA 3:00 Starlight Trio - PAC | 9:30 Daily Chronicle/A 10:00 Schmoozing with Arlene 😊 1:00 Music with Bill Nastasi 3:30 Walking Group/J |
| 9:30 This Date in History/A 10:00 What's My Line/A 1:00 Walking Group/J 2:30 Ukulele Music/J 4:00 Table Setting & Meal Prep | 9:30 Room Visits 10:30 Music Therapy Grp 11:30 Walking Group/ Natalie 1:00 Stretch & Strengthen with Matt 2:00 Art Class w/Michelle -GR 4:00 Thanksgiving Place Setting Cards w/ McKenzie | 9:30 Room Visits 10:15 Table Games/Puzzles 1:00 Open Swim – IL Pool 1:00 Walking Group/UA,S 2:00 Hat Happenings: Comedic Storyteller, Marlene Fradkin - GR 3:15 Chair Yoga with Matt-GR 4:00 Michelle's Update | 9:30 Room Visits 10:00 Baking with French 11:00 Smart Bells-GR 1:00 Exercise with Matt 1:30 Walking Grp/Kathleen 2:00 Nail Salon/Spa 3:00 Open Swim – IL Pool | 9:30 Room Visits 10:30 Welcome New Neighbors – AL Café/ Game Room 1:30 Walking Group/Faith 2:30 Softball Toss 4:00 Evening Guitar Music & Sing-Along/S | 9:30 Room Visits 10:00 Chair Dancing -GR/J 10:30 Sand Sculpting 1:30 Bingo-GR 1:30 Walking Group/UA,S 3:00 Simple Melodies - PAC | 9:30 Baking/S 10:00 Schmoozing with Arlene 😊 1:00 Decorating Cupcakes 3:30 Walking Group/S |
| GV Thanksgiving Brunch 11:30 Greetings Family and Friends! 12:00 Garden View Thanksgiving Brunch - Great Room (prior RSVP) 2:00 Jay Unger & Molly Mason Concert – PAC (Must sign up @ Concierge) | 9:30 Room Visits 10:30 Group Music Therapy 11:30 Walking Group/Natalie 1:00 Stretch & Strengthen with Matt 2:00 Balloon Volleyball 3:00 Family and Friend Letter Writing/Makenzie 4:00 Table Setting & Meal Prep | 9:30 AM News & Coffee 10:15 Table Games/Puzzles 11:00 Open Swim – IL Pool 1:15 Art Appreciation with Michelle: Arlene Shechet- GR 1:30 Walking Group/UA,S 2:00 Afternoon Stories/Conversation w/Martin 3:00 Chair Yoga with Matt-GR 4:00 Michelle's Update | 9:30 Nail Salon/Spa 10:30 Magazine Scavenger Hunt 1:30 Walking Grp/Kathleen 2:00 Birthday Party with Ed Rocks – GR 3:00 Open Swim – IL Pool | Thanksgiving 9:00 Hot Chocolate and Macy's Thanksgiving Day Parade 2:00 Movie: Planes, Trains & Automobiles | 9:30 Room Visits 10:00 Chair Hula -GR 10:30 Crafts: Stamping 1:30 Bingo-GR 1:30 Walking Group-UA, 3:00 Simple Melodies-PAC | 9:30 Daily Chronicle/A 10:00 Schmoozing with Arlene 😊 1:00 Reading Aloud/A 2:30 Afternoon Healthy Snack Social/J 3:30 Walking Group/J |

All programs take place in the GV Dining Room unless otherwise indicated. GR=Great Room PAC=Performing Arts Center **Staff Key:** S=Sarah, C=Cynthia, J=Jane, A=Arlene, F=Francesca Activities are subject to change in Memory Care.