

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>9:30 Daily Chronicles 9:45 Balloon Volleyball 10:30 Guided Nature Walk 1:00 Exercise with Matt 2:30 Music Documentary: What Happened Miss Simone 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 1 9:45 Balloon Volleyball 10:30 Guided Nature Walk 1:00 Exercise with Matt 2:30 Music Documentary: What Happened Miss Simone 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 2 9:45 Move & Groove 10:45 Swimming @ IL Pool 1:00 Music in the Garden 2:00 Playreaders Present: Thurber's Animals - GR 4:00 Picture This!</p>	<p>9:30 Daily Chronicles 3 9:45 Music Therapy Group 10:30 Sit & Stretch with Arlene 1:00 Exercise with Matt 2:00 Butterfly Discussion & Hatching Kit - GR 3:00 Swimming @ IL Pool 4:00 Brain Games</p>	<p>Independence Day 9:30 Daily Chronicles 4 9:45 Chair Dancing 10:00 Patriotic Music & Trivia – GR 1:30 Speaker: Dietician Tanya Lopez, "Functional Foods" – GR 3:00 Snack & Chat 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 5 9:45 Chair Dancing 10:30 Gardening 1:00 Manicures 2:00 Baking 3:00 Simple Melodies Sing Along – PAC 4:00 This Date in History</p>	<p>9:30 Daily Chronicles 6 10:00 Sit and Stretch 1:00 Ukulele Music w/ Jane 2:00 Aroma Therapy w/Jane 4:00 Reminiscing</p>
<p>9:30 Daily Chronicles 7 10:30 Lifelong Learning: Fashion Through the Century 12:00 Brunch in IL 2:30 Garden Readers Club 3:30 Sunday Social</p>	<p>Welcome Clay! 9:30 Daily Chronicles 8 9:45 Balloon Badminton 1:00 Exercise with Matt 2:30 Travelogue: Greece 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 9 9:45 Move & Groove 10:45 Swimming @ IL Pool 1:00 Music in the Garden 2:00 Ice Cream Social-Patio 4:00 Picture This!</p>	<p>9:30 Art Class with Michelle, Art Therapist 1:00 Exercise with Matt Depart 1:30 Trip: Cruise: Pride of the Hudson from Newburgh (sign up w/Sarah) 2:00 Bingo! – GR 3:00 Swimming at IL Pool 4:00 Brain Games</p>	<p>9:30 Daily Chronicles 11 9:45 Gentle Stretch 10:30 Garden Sing-Along 1:00 Manicures & Massages 2:30 Laughter Yoga-GR 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 12 9:45 Chair Dancing 10:30 Gardening 1:30 Bingo! - GR 3:00 Simple Melodies Sing Along -PAC 4:00 This Date in History</p>	<p>9:30 Daily Chronicles 13 10:00 Sit and Stretch 1:00 Music with Bill Nastasi 2:30 Outside 4:00 Reminiscing</p>
<p>9:30 Daily Chronicles 14 10:30 Garden Readers 1:00 Bowling 2:30 Lifelong Learning: Dancing Duos 3:30 Sunday Social</p>	<p>9:30 Daily Chronicles 15 9:45 Scarf Workout 10:30 Guided Nature Walk 1:00 Exercise with Matt 2:30 Documentary: Won't You Be My Neighbor/Fred Rogers 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 16 9:45 Move & Groove 10:45 Swimming @ IL Pool 12:00 SUMMER BBQ 2:30 Baking: Baked Apples 4:00 Picture This!</p>	<p>9:30 Daily Chronicles 17 10:30 Laugh, Listen & Learn -GR 1:00 Exercise with Matt 2:00 Bingo! – GR 3:00 Swimming at IL Pool 4:00 Brain Games</p>	<p>9:30 Daily Chronicles 18 10:30 Garden Sing-Along 1:00 Manicures 2:00 Win, Lose, or Draw Game -GR 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles/A 19 9:45 Music & Massage/A 1:30 Bingo! -GR 3:00 Watermelon Social-GR 3:00 Simple Melodies Sing Along – PAC 4:00 This Date in History</p>	<p>9:30 Daily Chronicles 20 10:00 Sit and Stretch 1:00 Music Through the Decades with Lauren 2:30 Outside 4:00 Reminiscing</p>
<p>9:30 Daily Chronicles 21 10:30 Lifelong Learning: Iconic Photos in History 12:00 Brunch in IL 2:30 Garden Readers Club 3:30 Sunday Social</p>	<p>9:30 Daily Chronicles 22 9:45 Balloon Badminton 10:30 Guided Nature Walk 11:00 Pet Therapy Room Visits with Jackie & Polly 1:00 Exercise with Matt 2:30 Travelogue: Paris 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 23 9:45 Move & Groove 10:45 Swimming @ IL Pool 1:00 Gardening 2:00 Music Appreciation: Buddy Guy, Jazz Musician 4:00 Picture This!</p>	<p>9:30 Daily Chronicles 24 9:45 Movement & Massage 10:30 Outside 1:00 Exercise with Matt 2:00 Art Appreciation with Michelle: French Artists-GR 3:00 Swimming at IL Pool 4:00 Brain Games</p>	<p>9:30 Daily Chronicles 25 9:45 Sit & Stretch/A 10:30 Outside 1:00 Balloon Tennis 2:00 Olympic Crafts 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 26 9:45 Chair Dancing 10:30 Gardening 1:00 Manicures 2:00 Baking 3:00 Simple Melodies-PAC 4:00 This Date in History</p>	<p>9:30 Daily Chronicles 27 10:00 Sit and Stretch 1:00 Music with Bill Nastasi 2:30 Outside 4:00 Reminiscing</p>
<p>9:30 Daily Chronicles 28 10:30 Garden Club 1:00 Campus Walk 2:30 Lifelong Learning: The History of Mohonk 3:30 Sunday Social</p>	<p>OLYMPICS START 9:30 Daily Chronicles 29 9:45 Ball Games 10:30 Olympic Torch Relay -throughout the HC 1:00 Bowling 2:30 Afternoon Sing Along 4:00 Evening Meal Prep</p>	<p>9:30 Daily Chronicles 30 9:45 Move & Groove 10:45 Swimming @ IL Pool 1:00 Music in the Garden 2:30 Fromage (Cheese) Tasting 4:00 Picture This! 5:00 Family Council Meeting/contact Sarah</p>	<p>9:30 Daily Chronicles 31 9:45 Movement & Massage 10:30 Outside 1:00 Exercise with Matt 2:00 July Birthday Party with Frankie Keene – GR 4:00 Brain Games</p>			<p>2024 Garden View</p>

Unless otherwise noted, all programs occur in the dining room. Any changes to the day's schedule can be found on the whiteboard in the DR. For any questions regarding family video calls, please contact Sarah Motherway @ smotherway@wpatnp.org