

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Staff Key:</b> JC-Jocelyn Cariello, JB- Jane Basso, CY-Cynthia Carangelo, ML- Marin Lott <b>Location:</b> DR- Dining Room, GR- Great Room * Any calendar changes or additions will be posted on the bulletin board.*	10am Welcome the Day Coffee (DR,JC) 11am Exercise with Laurie (GR,JC) 1pm Pets Together Virtual Visits (JC) 1:30pm Hello November (DR,JC) 2:30pm Exposing the Secret Word (DR,JC)	10am Welcome the Day Coffee (DR,A) 11am Smart Bells with Ujjalla (GR,ML/JC) <b>2:30pm Drum Circle with Connie (GR,JC)</b> 5:45pm Music Trivia (DR,JC)	10am Welcome the Day Coffee and Reminisce (DR,ML) <b>11:30am Gunkhaus Lunch Outing (R,JC)</b> 4pm Poetry for Self Discovery (DR,JC)	10am Welcome the Day Coffee 10:15am Reflections on Kindness (DR,JC) <b>11:15am Catholic Mass (GR,JC)</b> 1:30pm Tai Chi with Martha Cheo (GR,JC) 3:15pm Giving and Kindness Trivia (DR,JC) 4:15pm Music Therapy Group (DR,CY)	10am Welcome the Day Coffee Visits (A) 11:15am Nail Salon Visits (JB) 2pm Music Therapy Group with Julia Haines (DR,A) 3pm Chair Hula (DR, JB)	10am Welcome the Day Coffee Visits (JB) 2pm Word Games (DR,JB)
10am Welcome the Day Coffee (DR,A) 3pm Nostalgia/ Short Story Visits (JC) Daylight Saving Time Ends	10am Welcome the Day Coffee (DR,JC) 11am This, These or Those (GR,JC) 1pm Pets Together Virtual Visits (JC) 2pm Star of the Month: Burt Lancaster (DR,JC) 3pm Afternoon Film: From Here to Eternity (DR,JC)	10am Welcome the Day Coffee (DR,A) 11:15am The Evolution of Stuffing (DR,JC) 2pm Yummy Tummy Cooking Show Makes STUFFING (DR,JC) 4pm Afternoon Stretch (DR,JC) 5:45pm Junk Drawer Detective (DR,JC)	10am Welcome the Day Coffee (DR,A) 11am Art Exploration (DR,ML) <b>2:30pm USO Dance with Club Swing (GR,JC)</b> 4pm Pay It Forward (DR,JC)	<b>11 Veterans Day Coffee and Donut Cart (JC)</b> 2pm Veterans Day Program Live from the PAC on Channel 1340 Veterans Day Remembrance Day (Canada)	10am Welcome the Day Coffee Visits (A) 11:15am Nail Salon Visits (JB) 2:15pm Music Therapy Group with Cynthia and Interns (DR,A) 3:15pm Aromatherapy (DR,JB)	10am Welcome the Day Coffee Visits (JB) 11:15am Exercise with Alys (GR,A) 2pm Music Jam with Jane (DR,JB)
10am Welcome the Day Coffee (DR, A) 3pm Nostalgia/ Short Story Visits (JC)	10am Welcome the Day Coffee Visits (A) 10:30am Exercise with Laurie (GR,JC) 2:30pm Dog Agility Course (DR,JC) 3:30pm Tea Tasting (DR,JC)	10am Welcome the Day Coffee (DR,A) 11am Smart Bells with Ujjalla (GR,ML/JC) <b>1:30pm Rough Draft Afternoon Coffee Outing (R,CY,JC)</b> 5:45pm Love and the Missing Lyric (DR,JC)	10am Welcome the Day Coffee and Reminisce (DR,ML) 2pm Gratitude Craft (DR,JC) 4pm Afternoon Stretch (DR,JC)	10am Welcome the Day and Therapy Visits with Wendy (DR, JC) <b>11:15am Church Service with Episcopal Rev. Allison Moore (GR,JC)</b> <b>2:30pm Birthday Party with Multi-Instrumentalist Mike Pacer (GR,JC)</b>	10am Welcome the Day Coffee Visits (A) 11:15am Nail Salon Visits (JB) 3:15pm Music Therapy Group with Cynthia and Interns (DR,A)	10am Welcome the Day Coffee (A) 2pm Guess That Scent! (DR,JB)
10am Welcome the Day Coffee (DR,JC) 3pm Nostalgia/ Short Story Visits (JC)	10am Welcome the Day Coffee (DR,JC) 11am Kindness Train (DR,JC) 1pm Pets Together Virtual Visits (JC) 1:30pm Kindness Prescription for Good Health (DR,JC) 2:30pm Stretch and Meditation (DR,JC) 4pm Music Therapy Group (DR,CY)	10am Welcome the Day Coffee (DR,A) 11:15am Morning Meditation (JC) 2:30pm Tai Chi with Martha Cheo (GR,JC) 4pm Unexpected Thanksgiving Blessing (DR,JC) 5:45pm Junk Drawer Detective (DR,JC)	10am Welcome the Day Coffee (DR,JC) 11am Art Exploration (DR,ML) 2:30pm Thanksgiving Pie Social (GR,JC) 4pm Preparing the Big Meal Reminsce (DR,JC)	10am Welcome the Day Coffee and Thanksgiving Day Parade Viewing (DR) 3pm History of Thanksgiving Day Parade (DR,JB) Thanksgiving Day	10am Welcome the Day Coffee Visits (A) 2pm Music Therapy Group with Julia Haines (DR,A)	10am Welcome the Day Coffee Visits (A) 11:15am Exercise with Alys (GR,A) 3pm Music Jam (DR,JB)
10am Welcome the Day Coffee (DR,JC) 3pm Nostalgia/ Short Story Visits (JC) 4pm Menorah Lighting (GR,JC) Hanukkah Begins	10am Welcome the Day Coffee (DR,JC) 11am Exercise with Laurie (GR,JC) 1pm Pets Together Virtual Visits (JC) 1:45pm Pay It Forward (DR,JC) 4pm Music Therapy Group (DR,CY) 4pm Menorah Lighting (GR,JC)	10am Welcome the Day Coffee (GR,JC) 11am Smart Bells with Ujjalla (GR,JC) 3pm Hannukah Party (DR,JC) 4pm Menorah Lighting (GR,JC) 5:45pm I Have Never (DR,JC)	<h1>November 2021</h1> <h2>Garden View</h2> 			