

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Sunday Mass/TV - GR <b>1</b> 10:30 Brain Games – Café/ Game Rm. <b>3:00 Jazz Pioneers Band -GR</b>	10:30 Movement & Massage – GR/A <b>2</b> 10:30 Pet Therapy Room Visits with Linda & Stella <b>2:30 Art Class with Michelle-GR</b> 3:30 Rummikub – GR 6:15 Travelogue: 10 Days in Iceland -GR (46m)	10:30 Trivia – GR/S <b>3</b> 11:00 Open Swim – IL Pool 12:15 Michelle’s Update WPTV Ch. 1340 (re-airs @ 4 & 8 pm) <b>1:30 Food Craft: Candy Cane &amp; Wreath Cookie-GR</b> <b>2:00 IL Tree Lighting -IL Lobby</b> 3:00 Exercise with Matt – GR 4:00 Michelle’s Update - GR	11:00 Smart Bells w/Ujjala-GR <b>4</b> <b>1:30 Trip: Walmart (sign up w/Jane)</b> <b>1:30 Tree Trimming and Caroling - GR</b> 3:00 Afternoon Social with Arlene – GR 3:00 Open Swim – IL Pool 6:15 Movie: Cats - GR	Eucharistic Minister Rm Visits <b>5</b> 10:30 Pictionary - GR 11:15 Mass – PAC <b>2:00 IL Welcome Committee Mtg/Streamed Ch.1340- GR</b> 3:00 Stretch & Strengthen w/Matt - GR	<b>Craft Fair- PAC 6</b> 10:00 Exercise – GR/J <b>11:00 Neighbors Chat @ “Nessie’s Front Porch” (outside AL room 2111)</b> 1:30 One:One Visits 2:00 Remember When? – GR/A 3:00 Simple Melodies – PAC <b>4:00 Shalom’s Space - GR</b>	<b>Craft Fair – PAC 7</b> <b>10:30 Tibetan Sound Meditation &amp; Reiki – GR</b> 2:00 Movie: I, Tonya (by request) – GR (2h) 2:15 Traveling Salon/Spa Room Visits
10:00 Sunday Mass/TV - GR <b>8</b> 10:30 In the News/Current Events – Café/Game Rm. <b>2:00 Vanaver Caravan Dance Troupe- GR</b>	10:30 Movement & Massage – GR/A <b>9</b> 10:30 Pet Therapy Room Visits with Linda & Stella <b>3:00 WP Pondaliers Winter Concert – GR</b> 6:15 Documentary: Lives of the Amish – HR (43m) <b>7:00 Art Scope Opening</b>	10:30 Laugh, Listen & Learn-GR <b>10</b> 11:00 Open Swim – IL Pool 12:15 Michelle’s Update Ch 1340 <b>1:30 Resident Council Meeting – GR/S</b> <b>2:00 Dining Meeting – GR</b> 3:00 Exercise with Matt – GR 4:00 Michelle’s Update – GR	10:30 Gentle Stretch -GR/J <b>11</b> 11:15 Book Club: Mid-wives Finale- GR <b>11:30 Lunch Trip to Savona’s (sign up w/Jane by 12/6)</b> 1:00 One:One Visits/J 3:00 Afternoon Social- GR/A 3:00 Open Swim – IL Pool 6:15 Movie: Christmas in CT - GR	Eucharistic Minister Rm Visits <b>12</b> 10:30 Music w/Cynthia & Jane – GR <b>2:00 Hat Happenings with Comedic Storyteller, Mindy Fradkin – GR</b> 3:15 Stretch & Strengthen w/Matt - GR	10:00 Exercise – GR/J <b>13</b> 11:00 Neighbors Chat @ “Nessie’s Front Porch” (outside AL room 2111) 1:30 BINGO – GR/A 1:30 One:One Visits/J 3:00 Simple Melodies – PAC 3:00 Rummikub - GR	10:30 Word Games – GR <b>14</b> 2:00 <b>NEW!</b> Irene & Arlene’s Brain Teasers-GR <b>2:00 NY State Dulcimers Orchestra – PAC</b>
<b>GR Closed Today 11am-4pm 15</b> 10:00 Sunday Mass/TV - GR 10:30 Boggle-Café/Game Rm <b>3:00 Lessons &amp; Carols with Pastor Lyn Meh - PAC</b>	10:30 Movement & Massage – GR/A <b>16</b> 10:30 Pet Therapy Room Visits with Linda & Stella <b>2:30 Art Class with Michelle -GR</b> 3:30 Rummikub – GR 6:15 Trave : Journey to Artic Alaska -GR (52m) <b>7:00 IBM Chorus - PAC</b>	10:30 Gentle Stretch- GR/S <b>17</b> 12:15 Michelle’s Update Ch. 1340 <b>2:30 Wanderlust Rhythms w/ Peter Brown (music &amp; travel): Russia – GR</b> 4:00 Michelle’s Update - GR	11:00 Smart Bells with Ujjala -GR <b>18</b> <b>2:00 Birthday Party with Frankie – GR</b> 3:00 Open Swim – IL Pool 6:15 Movie: The Family Man – GR (2h 5m) <b>7:00 HV Flute Ensemble - PAC</b>	Eucharistic Minister Rm Visits <b>19</b> 10:00 Aromatherapy Spa - GR 11:15 Episcopal Service-PAC 1:00 One:One Visits/J <b>3:00 Fred &amp; Joe Present: A Christmas Carol - GR</b>	10:00 Exercise – GR/J <b>20</b> <b>11:00 Caroling-on units</b> 1:30 BINGO – GR/A 1:30 One:One Visits/J <b>3:00 Dulcimers Holiday Sing-along – PAC</b> 3:00 Rummikub - GR	10:30 Group Crossword Puzzle - GR <b>21</b> 2:00 Movie: The Nutcracker – GR (1h 32m)
10:00 Sunday Mass/TV - GR <b>22</b> 10:30 Gentle Stretch – GR/S 2:00 Movie: The Man Who Invented Christmas – GR (1h 44m)	10:30 Movement & Massage – GR/A <b>23</b> 10:30 Pet Therapy Visits 2:00 BINGO – GR <b>3:00 Harmony Tuba Quartet Concert – PAC</b> 3:00 Rummikub – GR 6:15 Doc.: Attenborough’s Frozen Planet – GR	<b>Christmas Eve 24</b> 10:30 Nail Salon – GR <b>2:00 HC Fireside-Yuletide Christmas/Hanukkah Celebration - GR</b>	<b>Christmas and Hanukkah (begins @ sundown) 25</b> 9:45 Christmas Mass/TV-GR 10:30 Candlelight Christmas Hymns - GR 2:00 Classic Movie: It’s a Wonderful Life – GR (2h 10m)	Eucharistic Minister Rm Visits <b>26</b> 10:30 Independent Table Games - GR <b>2:00 Art Appreciation w/Jane: Thomas Kinkade Winter Paintings – GR</b> 3:00 Stretch & Strengthen w/Matt – GR	10:00 Exercise – GR/J <b>27</b> 11:00 Neighbors Chat @ “Nessie’s Front Porch” (outside AL room 2111) 1:30 BINGO – GR/J 3:00 Rummikub – GR <b>4:00 Shalom’s Space/ Menorah Lighting - PAC</b>	10:00 Indoor Gardening -GR <b>28</b> 2:00 Tea & Trivia – GR 3:00 Comedy Classics: I Love Lucy (by request) -GR
10:00 Sunday Mass/TV-GR <b>29</b> 10:30 Facts in Fives Game -Café/Game Room 2:00 Movie: E.T.– GR (by request) (1h 54m)	10:30 Movement & Massage – GR/A <b>30</b> 10:30 Pet Therapy Room Visits w/Linda & Stella 2:00 BINGO – GR/A 3:00 Rummikub – GR 6:15 Travelogue: The Lost Pyramid – GR (1h 24m)	<b>New Year’s Eve 31</b> 10:30 The Year in Review – GR/S <b>2:30 New Year’s Eve Music &amp; Toast w/ Nancy Paroli - GR</b>	 <h1 style="font-size: 4em; color: #4682B4;">December</h1> <h1 style="font-size: 4em; color: #8B4513;">2024</h1> <p style="font-size: 1.5em; font-weight: bold;">ASSISTED LIVING</p> 			

**Location Key:** GR=Great Room PAC=Performing Arts Center **Staff Key:** J=Jane, A=Arlene, C=Cynthia, S=Sarah/Sue Any changes to the schedule is noted on the whiteboard outside the DR.  
WP Committee meetings are posted outside the Dining Room.