

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*Michelle's Update every Tues @ 12:15pm, 4pm & 8pm WPTV Channel 1340</p> <p>**IL Programs: Please sign up in the GR if you need transportation assistance.</p>	<p>10:30 Dancercise! (GR,SC) 1</p> <p>10:30 Facts in Fives Word Game (GR,SC)</p> <p>2:30pm Food Council (GR, SC)</p> <p>3:30 Table Games (GR,SC)</p> <p>6:15 Travelogue: Hidden Nature in Guinea Bissau (GR, CY)</p> <p style="text-align: center;"><small>May Day</small></p>	<p>10:00 Let's Gab in the Garden 2</p> <p>*12:15 Michelle's Update (WPTV Ch.1340)</p> <p>2pm Mahjong Tutorial (GR, HU)</p> <p>2:00 Outside Walks (JB)</p> <p>3pm Seated Yoga with Grace (GR)</p> <p>6:15 Film: The Walk (GR, FB)</p>	<p>10:30 Chair Dancing (GR,JB)3</p> <p>11:00 Idioms & Analogies (GR,JB)</p> <p>11:00 Prayer Group (M)</p> <p>2:00 Crafts: Kentucky Derby Hats (GR,JB)</p> <p>3:00 Walking Group w/Grace *7:00 HV Flute Ensemble (PAC)</p>	<p>10:00 Morning Stretch (GR, JB) 4</p> <p>11:15 Catholic Mass (PAC, JB)</p> <p>11:00 Classical Music Group (GR, HU)</p> <p>2pm Farewell, Huan Social (GR, CY)</p> <p>3:15 Laugh, Listen & Learn (GR,JB)</p>	<p>10:00 Fit Friday (GR,JB) 5</p> <p>10:30 Word Games (GR,JB)</p> <p>2:00 Cinco de Mayo Social (GR, JB)</p> <p>3:00 Simple Melodies Sing Along (PAC)</p> <p>3:00 What's New? Visits (JB)</p> <p style="text-align: center;"><small>Cinco de Mayo</small></p>	<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>11:00 Independent Table Games (Café)</p> <p>2:00 BINGO (GR, JB)</p> <p>3:15 Movie Matinee: Sea-biscuit (GR)</p> <p><i>(Post time Kentucky Derby is @ 6:57pm)</i></p>
<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>10:30 Coffee Klatch (GR, SC)</p> <p>2:00 Trivia Challenge (GR,FB)</p> <p>3:00 Inspirational Sunday Group w/ Pastor Mehl (GR)</p>	<p>10:00 Therapeutic Art w/ Michelle (SNDR) 8</p> <p>10:30 Pet Visits w/ Linda & Stella</p> <p>2:00 Resident Council Meeting (GR,SC)</p> <p>3:00 Music and Movement with Grace (GR)</p>	<p>10am Lemon Tree Haircut Outing (R, CY) 9</p> <p>10:00 Gentle Stretch (Cafe,JB)</p> <p>10:30 Word Tree: Brain Game (Cafe, JB)</p> <p>2:00 Table Bowling (GR, JB)</p> <p>3pm Seated Yoga with Grace (GR)</p> <p>6:15 Film: King Richard (GR, JB)</p>	<p>10:00 Chair Dancing (GR,JB)10</p> <p>11:00 Prayer Group (M)</p> <p>11:30am Red Lobster Lunch Outing (R, JB) Prior sign-up required</p> <p>2:00 Crafts: Making Poppies (GR,C)</p> <p>3:00 Walking Group with Grace</p>	<p>10:30 Morning Stretch (GR,JB) 11</p> <p>11:00 Outside (Front Patio)</p> <p>2:00 What's New Visits(JB)</p> <p>2:30 Music Appreciation: Vivaldi (GR,CY)</p> <p>3:15 Afternoon Social (Café JB)</p>	<p>10:00 Fit Friday (GR,JB) 12</p> <p>10:30 Outside (Front Patio)</p> <p>1:30 BINGO (GR,JB)</p> <p>2:30 Activities Planning Mtg (GR,SC)</p> <p>3:00 Music and Movement with Grace (GR)</p> <p>3:00 Simple Melodies Sing Along (PAC)</p> <p>3:00 What's New? Visits (JB)</p>	<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>**REPAIR CAFÉ @ PAC 11am - 3pm</p> <p>11:00 Independent Table Games (Café)</p> <p>2:00 Andre Rieu DVD Concert (GR,JB)</p>
<p>MOTHER'S DAY 14</p> <p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>10:00 Music, Manicures & Memories of Mom (GR,SC)</p> <p>2:00 Travelin' Treat Cart: Ice Cream Sundaes - Made to Order (all units)</p> <p style="text-align: center;"><small>Mother's Day National Skilled Nursing Week</small></p>	<p>10:30 Dancercise! (GR,SC)15</p> <p>10:30 Pet Visits w/ Linda & Stella</p> <p>11:00 Game of Lists (GR,SC)</p> <p>2:00 Table Games (GR,CY)</p> <p>3:00 Music and Movement with Grace (GR)</p> <p>6:15 Documentary: Cities of the Underworld (GR, CY)</p>	<p>10:00 Gentle Stretch (GR,JB)16</p> <p>10:30 Trivial Pursuit: Brain Game (GR,JB)</p> <p>1:30pm Macy's Shopping Outing (R, JB) Prior sign-up required</p> <p>3pm Seated Yoga with Grace (GR)</p> <p>6:15 Film: Glory (GR, FB)</p>	<p>10:00 Boggle Word Game 17</p> <p>(GR,JB)</p> <p>11:00 Prayer Group (M)</p> <p>11:15am Smart Bells with Ujjala (GR, JB)</p> <p>2:00 What's New? Visits (JB)</p> <p>3:00 Classical Pianist I-Heung Lee (GR, JB)</p> <p>3:00 Walking Group with Grace</p>	<p>10:00 Morning Stretch (GR,JB)18</p> <p>10:30 Outside (Front Patio)</p> <p>11am Episcopal Services (PAC, JB)</p> <p>2:00 Win , Lose or Draw Game (GR,SC,JB)</p> <p>3:15 Tai Chi Class with Jane (GTR)</p>	<p>10:00 Fit Friday (GR,JB) 19</p> <p>10:30 Outside (Front Patio)</p> <p>1:30 BINGO (GR,JB)</p> <p>3:00 Music and Movement with Grace (GR)</p> <p>3:00 Simple Melodies Sing Along (PAC)</p>	<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>11:00 Independent Table Games (Café)</p> <p>2:00 Jeopardy, Live (GR,JB)</p> <p>3:15 Film: Singing in the Rain (GR,JB) <small>Armed Forces Day</small></p>
<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>10:30 Coffee Klatch (GR, SC)</p> <p>2:00 Inspirational Sunday Group w/ Pastor Mehl (GR)</p> <p>3pm Broadway and Classical Hits with Lauren Mueller (GR, JB)</p>	<p>10:00 Therapeutic Art w/ Michelle (SNDR) 22</p> <p>2:00Table Games (GR,SC)</p> <p>3pm Music and Movement with Grace (GR)</p> <p>6:15 Travelogue: Edinburgh Castle (GR, CY)</p> <p>*7:00 IBM Chorus Spring Concert (PAC)</p> <p style="text-align: center;"><small>Victoria Day (Canada)</small></p>	<p>10:00 Gentle Stretch (GR,JB)23</p> <p>10:30 Good News! (GR,JB)</p> <p>1:00 What's New? Visits (JB)</p> <p>2:00 Laugh, Listen & Learn (GR,JB)</p> <p>3:00 WP Dulcimers Concert (GR)</p> <p>3pm Seated Yoga w/ Grace (GR)</p> <p>6:15 Film: A Man Called Otto (GR,FB)</p>	<p>10:30 Gardening (Outside)24</p> <p>11:00 Prayer Group (M)</p> <p>2:00 Painting with Watercolors (GR,JB)</p> <p>3:00 Walking Group with Grace</p> <p>3:30 What's New? Visits (JB)</p> <p>3:30 Word Game (GR,SC)</p>	<p>10:30 Morning Stretch (GR,JB)25</p> <p>10:30 Outside (Front Patio)</p> <p>2:00 Chef Jane (GR, JB)</p> <p>3:30 Traveling Treat Cart (JB)</p> <p>3:30 Dominoes (GR, SC)</p> <p style="text-align: center;"><small>Shavuot Begins</small></p>	<p>10:00 Fit for Friday: Outside (JB)26</p> <p>1:30 BINGO (GR,JB)</p> <p>3:00 Music and Movement with Grace (GR)</p> <p>3:00 Simple Melodies Sing Along (PAC)</p> <p>3:00 Nail Salon Visits (JB)</p>	<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>11:00 Independent Table Games (Café)</p> <p>2:00 Team Charades (GR, JB)</p>
<p><i>© Ambassador of Cheer Visits w/Arlene: provided throughout the day & on all units</i></p> <p>10:30 Coffee Klatch (GR, SC)</p> <p>2:00 Inspirational Sunday Group w/ Pastor Mehl (GR)</p> <p>3pm Broadway and Classical Hits with Lauren Mueller (GR, JB)</p>	<p>MEMORIAL DAY 29</p> <p>10:30 Memorial Day Observance: Readings & Poetry (GR,JB)</p> <p>2:00 WP Memorial Day Observance WPTV Ch 1340</p> <p>2:00 Patriotic Music (GR, JB)</p> <p style="text-align: center;"><small>Memorial Day</small></p>	<p>10:00 Aromatherapy & Spa 30</p> <p>(GR,JB)</p> <p>11:00 Independent Cards: Rummy (GR)</p> <p>2:00 Word Games (GR,JB)</p> <p>3pm Seated Yoga with Grace (GR)</p> <p>6:15 Film: 80 for Brady (GR, FB)</p>	<p>10:00 You Be the Judge 31</p> <p>(GR,JB)</p> <p>11:15 Smart Bells with Ujjala (GR, JB)</p> <p>2:00 Pokeno (GR,JB)</p> <p>3:00 Walking Grp w/Grace</p> <p>3:30 What's New? Visits (JB)</p>	<p>ASSISTED LIVING</p> <h1>May 2023</h1> <p>Weather-permitting, programs may be moved outdoors. Please check the GR white board for any changes in the daily activities.</p>		

Staff Key: JB-Jane Basso, CY-Cynthia Carangelo, FB-Francesca Bruno SC-Sue Close **Location Key:** DR-Dining Rm, GR-Great Room, PAC-Performing Arts Center, M-Meditation Rm, SNDR-Skilled Nrsng Dining Rm