

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<h1>2023</h1> <h2>Assisted Living</h2>		Eucharistic Minister Visits 10:30 Name That Tune and Trivia-GR/J,C <b>1</b> 1:30 Board of Elections: Absentee Ballot Voting- GR 2:30 Ice Cream Sundae Room Visits 3:00 Swimming with Grace - IL 6:15 Movie: Dave - GR (1h)	10:30 Room Visits /J <b>2</b> 11:15 Mass - PAC/J 2:00 HC Chorus Practice -GR/J,C 3:00 Activities Committee Meeting/Social - GR/J	10:30 Music & Manicures GR/J <b>3</b> 11:00 Cards: Hand & Foot Game - GR 2:30 Hootenanny! - GR 	10:15 Indoor Gardening - GR/J <b>4</b> 2:30 Exercise - GR/J
<b>Daylight Saving Ends</b> <b>5</b> Eucharistic Minister Visits 10:30 Brain Games - GR/S 1:30 Documentary: Arlington Nat'l Cemetery: Field of Honor - GR (60m) 3:00 Inspirational Sunday with Pastors Gary & Lyn - GR/S	10:30 Art Class with Michelle, Art Therapist- GR <b>6</b> 10:30 Pet Therapy Visits with Linda & Stella - on unit 2:30 Food Council - GR 3:30 Stretch & Strengthen-GR 6:15 Documentary: Attenborough's Blue Planet - GR/C	10:30 Gentle Stretch -GR/J <b>7</b> 11:00 Room Visits/J 12:15 Michelle's Update - WPTV Ch 1340 (& 4, 8 pm) 1:15 Trip: Macy's Shopping (sign up with Jane) 2:00 Bingo - GR/C 3:00 Seated Yoga - GR	Eucharistic Minister Visits 10:30 Word Games - GR <b>8</b> 11:00 Smart Bells with Ujjala - GR 2:30 Concert w/ Vocalist, Nancy Paroli - GR 6:15 Movie: City Slickers - GR	<b>Omelets Made to Order</b> <b>9</b> 10:30 Chair Dancing - GR 11:00 Lifelong Learning: The Census - GR 2:00 HC Chorus Practice -GR/J,C 3:00 Crafts: Cookie Turkeys - GR/S	<b>Veterans Day Observed</b> <b>9:00 Veterans Day Breakfast (by invite only) - IL DR/J,S</b> <b>10</b> 11:00 Rummikub/Scrabble - GR <b>1:30 Veterans Day Program - GR/J</b> 3:00 Manicures - GR/J	<b>Veterans Day</b> <b>11</b> 10:45 Second Saturday Worship Service with Pastor Lyn - GR 2:00 Documentary: Honor Flight: One Last Mission - GR (83m)	
Eucharistic Minister Visits <b>12</b> 11:00 Mass with Father Burke - GR/S 1:30 Table Games - GR 3:00 Inspirational Sunday with Pastors Gary & Lyn - GR/S	10:30 Hymn Sing with the Lamontville Assembly of God Church - GR/C <b>13</b> 10:30 Pet Therapy /Linda&Stella <b>3:00 Resident Council: Meet our new DON - GR/S</b> 3:30 Stretch & Strengthen- GR 6:15 Travelogue: Memories From Puerto Rico - GR/C	10:30 Gentle Stretch -GR/J <b>14</b> 11:00 Room Visits/J 12:15 Michelle's Update - WPTV Ch 1340 (& 4, 8 pm) <b>2:00 Artist Norman Sasowsky Presents: Landscapes - GR</b> <b>3:00 Reception - GR</b> <b>3:30 Seated Yoga - GR</b>	Eucharistic Minister Visits 10:30 Tai Chi - GR/J <b>15</b> 11:00 Rummikube - GR 2:00 Pet Therapy with Tillie <b>2:00 Hudson Valley Hospice's Veterans Café - GR (by invite only)</b> 3:00 Swimming w/Grace-IL 6:15 Movie: James Bond: Golden Eye-GR	10:30 Chair Dancing - GR/J <b>16</b> 11:15 Episcopal Service - PAC <b>1:30 Chef Jane: Appetizers - GR</b> <b>3:00 Happy Hour! - GR</b>	10:30 Music & Manicures -GR/J <b>17</b> 11:00 Cards/Dominoes - GR <b>2:00 Aloha Ukulele Strummers Concert - GR</b> 3:00 Simple Melodies Sing Along - PAC 3:00 Music & Movement with Grace - GR	10:15 Laugh, Listen & Learn - GR/J <b>18</b> 2:30 Exercise - GR/J	
Eucharistic Minister Visits <b>19</b> 10:30 Word Games - GR/S 3:00 Inspirational Sunday with Pastors Gary & Lyn - GR/S	10:30 Art Class with Michelle - GR <b>20</b> 10:30 Pet Therapy Visits with Linda & Stella - on unit 2:00 Pictionary - GR/S 3:00 Stretch & Strengthen-GR 6:15 Documentary: The Miles Davis Story - GR/C	10:30 Gentle Stretch- GR/J <b>21</b> 11:00 Room Visits/J 12:15 Michelle's Update - WPTV Ch 1340 (& 4, 8 pm) 2:00 Thanksgiving Crafts Class - GR/C,J	Eucharistic Minister Visits 10:30 Manicures- GR/J <b>22</b> 11:00 Ujjala's Smart Bells - GR 2:00 Pet Therapy with Tillie <b>2:00 Holiday Pie Social - GR</b> <b>4:00 Interfaith Thanksgiving Service - PAC</b> 6:15 Movie: Wonder - GR	<b>Happy Thanksgiving</b> <b>23</b> 9:00 Macy's Thanksgiving Day Parade - GR  1:30 Family Feud Game - GR	10:30 Coffee & Board Games in the Café/J <b>24</b> 11:00 Room Visits 1:30 Bingo - GR/J 3:00 Simple Melodies Sing Along - PAC	10:15 Finish the Phrase - GR <b>25</b> 2:00 Movie: Planes, Trains & Automobiles - GR	
Eucharistic Minister Visits <b>26</b> 10:30 Word Tree - GR/S 2:30 Pokeno - GR/S	10:30 Exercise - GR/S <b>27</b> 10:30 Pet Therapy Visits with Linda & Stella - on unit 11:00 Crossword Puzzle - GR <b>2:00 Art Appreciation with Michelle: Van Gogh - GR</b> 3:00 Stretch & Strengthen-GR 6:15 Travelogue: Stories From East Coast Australia - GR/C	10:30 Gentle Stretch- GR/J <b>28</b> 11:00 Room Visits 12:15 Michelle's Update - WPTV Ch 1340 (& 4, 8 pm) 2:00 Crafts Class - GR/J <b>2:00 Another Eden/Music Class Performance - PAC</b> 3:00 Seated Yoga - GR	Eucharistic Minister Visits <b>10:15 Trip: Studio One Hair Salon (sign up w/ Activities)</b> <b>29</b> 10:30 Tai Chi - GR/J <b>2:00 Birthday Party with Frankie Keene - GR</b> 2:00 Pet Therapy Visits w/ Tillie 3:00 Swimming with Grace-IL 6:15 Movie: In the Footsteps of Van Gogh- GR (56m)	10:30 Chair Dancing - GR/J <b>30</b> <b>12:00 Lunch at the Bistro (sign up w/ Jane)</b> <b>2:30 HC/IL Rummikub Challenge Tournament - GR/J</b>	<b>Please sign up with Jane/Activities or call 256-5917 if you are interested in going on an outing. Updates &amp; announcements can be found on the bulletin board outside the DR.</b> 		

**Staff Key:** J=Jane, C=Cynthia, Music Therapist, S=Sue, A= Arlene, Ambassador of Cheer

**Location Key:** GR=Great Room DR=Dining Room PAC=Performing Arts Center at IL