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Celebrating
15 Years

WoodlandLife

Vol. 16, No.9

September 2024

Woodland Pond 15th Anniversary Events

Please join us for an exciting month as we celebrate our 15th Anniversary!

Month-Long Retrospective Display

Beginning Monday, Sept. 9 we will have a retrospective display of memorabilia set up across from the Reservation Station. The display will remain up for the month — anyone who has contributions to display, please drop your memorabilia off at the Concierge desk by Friday, Sept. 6 (and don't forget to label your items!)

Wednesday, Sept. 11 at 1 p.m. ~ Hike to the Expansion Site

Meet in the Lobby for a hike to the expansion site on Danskin Way. There will also be bus transportation to the site if desired but once there, residents must be sure-footed to participate.

Trail Ribbon Cutting ~Thursday, Sept. 12 at 11 a.m.

The unveiling of the updated McBride and Branche Trails, with guided walk to Observation Platform

Pioneers' Panel ~ Monday, Sept. 16 at 2 p.m. in the PAC

Pre-show 'A Walk Down Memory Lane' 10th Anniversary slide show at 1:45 p.m., then we will hear from some of our Pioneer residents as they reflect on our beginnings.

Re-airing of Poker Face ~ Thursday, Sept. 19 at 7 p.m. in the PAC

An encore showing of the *Poker Face* episode filmed at Woodland Pond in the summer of 2022

Throwback 2009 Dinner ~Friday, Sept. 20

Featuring a 2009 menu, 2009 pricing, and 2009 no-reservation seating!

Encore: "WP Musical Revue" ~ Monday, Sept. 23 at 7 p.m. in the PAC

An encore DVD showing of our 10th Anniversary "WP Musical Revue"

WP Musical Showcase ~Tuesday, Sept. 24 at 3 p.m. in the PAC

Featuring individual and small group acts by talented residents and staff

15th Anniversary Gala ~ Thursday, Sept. 26 beginning at 4 p.m.

[Please see details in the flier on page 2]

Farmer's Market ~ Monday, Sept. 30 at 12 noon in the Courtyard

Shop fresh produce from local farms in our own 'backyard'!

Time Capsule Commemoration ~ Monday, Sept. 30 at 3 p.m.

Join us at the flagpole to bury our first WP time capsule ~ a fitting end to our anniversary celebration

Council Corner



Residents' Council meetings this month are on **Thursday, Sept. 5** (Classroom) and **Sept. 19 at 10 a.m.** (Game Room) and on Zoom, and open to all residents. The first 15 minutes (EARS) are devoted to your input. If time permits there will be a second EARS at the end of the meeting. Agendas are posted in the Mail Room and Library on the Mondays preceding each meeting. You may be in touch with your Council by putting **signed**, written comments in the Council Cubby in the Mail Room, at the bottom right of the bank of cubbies by the window, or you may also send an e-mail to evelynr17@earthlink.net.

There are no *Council Connections* sessions scheduled for this month.

Evelyn Rosenthal, Corresponding Secretary

Residents' Association Quarterly Meeting Wednesday, Sept. 25 at 3 p.m. in the PAC

WP Arts & Crafts Fair on the Horizon

The annual Woodland Pond Arts & Crafts Fair (formerly known as the Kaleidoscope of the Arts) will take place this year on **Saturday, Dec. 7**. All crafters and bakers are urged to take part and have your wares ready for sale.

New residents who want to learn more about this exciting event are welcome to attend the next committee meeting on **Thursday, Sept. 19 at 11 a.m.** in the Art Studio.

Urgently needed - large baskets for our raffle!



Anne Gordon, for the Planning Committee

From Woodland Pond's Board of Directors

The Board members proudly join Michelle, her management team the Woodland Pond staff and all our residents in celebrating the fifteenth anniversary of our much-loved community. Through the hard work, dedication and creativity of all involved, we continue to grow and flourish, adding luster to our reputation. As we adapt to new, exciting challenges, including refurbishment and expansion projects, we feel confident in a long-range, successful future.



Dick Barry, Secretary

WP Benefit Fund Update



August was "Make Your Will" month. This is a little late, but we can still recognize it as a reminder. It is important to craft a will to protect our loved ones and to support the causes we believe in. By including the Woodland Pond Benefit Fund in your estate planning, you are ensuring its future and enabling its continuing growth.

Your generosity, past and future, is much appreciated.

Anne Gordon, Chair of the WP Benefit Fund Committee



ArtScope New Exhibit



Our September ArtScope artist is Kay Stuntz of Highland. Kay is a NY fabric artist, quilter, knitter, printmaker and origami jewelry designer. Now retired, she had her own business in NYC as a costume manufacturer and draper. Please join us to hear about her amazing career and view her artwork. She will feature quilts and jewelry in her exhibit. The opening reception is **Monday, Sept. 9 at 7 p.m.** in the PAC. Please join us!

Creativity flourishes at Woodland Pond


Woodland Pond
AT NEW PALTZ

**& so the
Adventure
Begins, Again**

Join us for the unveiling of our upgraded McBride & Branche Trails

Event will include a Ribbon Cutting Ceremony & guided walk to the Observation Platform at The Anne & Ray Smith Beaver Pond (THE Woodland Pond)

**Thursday, September 12
at the McBride Trailhead
11 a.m.**



15th Anniversary Specials!

For the month of September, Sawyer Savings Bank will offer a commemorative 15th anniversary CD to WP residents and staff. See Cheri at the bank for the details.



And for the week of Sept. 23, Dedrick's will offer a 15% discount on all merchandise, excluding prescriptions.

You're Cordially Invited to

Woodland Pond

15 Year Anniversary Gala

Thursday, September 26 at 4 p.m.

Theme: Las Vegas Rat Pack Era

1960's Attire Encouraged

DINNER & DANCING in the Dining Room

CASINO GAMES in the Game Room

Sign up with Concierge by September 16



Interest Groups



Book Club: **1st Tuesday at 7 p.m.** [Classroom]
Bingo: **1st Wednesday at 1 p.m.** [PAC]
Brain Health Group: **2nd Thursdays at 10 a.m.** [CR]
Brainteasers: **Wednesdays at 10 a.m.** [AS]
Canasta: **Wednesdays & Saturdays at 1 p.m.** [GR]
Chess: **Thursdays at 7 p.m.** [GR]
Current Events Group: **Wednesdays at 4 p.m.** [Cl]s
Dulcimer Players: **Mondays at 1 p.m./ Thursdays at 3:30 p.m.** [PAC]
Duplicate Bridge: **2nd & 3rd Wednesdays, 1 p.m.** [4th Central Lounge]
English Country Dance: **Wed. Sept 11 at 3 p.m.** [AS]
Handbells: **resume 9/10 -Tuesdays at 1 p.m.** [AS]
Hearts Players: **Mondays at 1 p.m./Saturdays at 12:30 p.m.** [GR]
iPhone Camera Club: **3rd Tuesday at 7 p.m.** [Cl]s
LGBTQIA+ & Allies: **4th Tuesday at 2 p.m.** [AS]
Loss in Literature: **First Tuesday at 4 p.m.** [CR]
Mah Jongg: **Mondays and Fridays at 1 p.m.** [AS]
Mah Jongg II: **Wednesdays at 1 p.m.** [GR]
Mah Jongg II: **Saturdays at 9:30 a.m.** [GR]
Memoir Class: **2nd & 4th Mondays at 3 pm.** [CR]
Men's Coffee: **Saturdays at 9:30 a.m.** [PAC]
Movement/Music & You: **Tuesdays at 11 a.m.** [PAC]
Opera/Ballet Night: **2nd & 3rd Fri., 7:15 p.m.** [PAC]
Pet Ponders: **4th Wednesday at 7p.m.** [Cl]s
Philosophy Circle: **2nd Wednesday at 11 a.m.** [Cl]s
Pinochle: **Fridays at 1 p.m.** [GR]
Playreaders Group I: **Thursdays at 2:30 p.m.** [AS]
Playreaders Group II: **Thursdays at 4:15 p.m.** [AS]
Poetry Group: **Friday, Sept. 27 at 2 p.m.** [CR]
Pondaliers: **Resume Mondays at 3:30 p.m. (Sept. 9) [PAC]**
Rummi-Kub: **Daily at 7 p.m., Sundays, 2 p.m.** [GR]
Scrabble: **Fridays at 10:30 a.m.** [GR]
Shalom Space: **Fridays at 4 p.m.** [PAC]
Short Story Group I: **1st & 3rd Tues., 3:30 p.m.** [Cl]s

Groups continue next column

Interest Groups continued:

Short Story Group II: **2nd & 4th Tues., 3:30 p.m.** [Cl]s
Social Bridge: **Tues. & Thurs. at 12:30 p.m.** [GR]
Spanish Chat: **Wednesdays at 11:15 a.m.** [AS]
Square Dance: **Begins Wednesday, Sept. 18, 3p.m.** [AS]
Table Games: **Mondays at 7 p.m.** [Cl]s and **Saturdays at 2 p.m.** [AS]
Watercolor Class: **Mondays, Sept. 9 & 23, 10 a.m.** [AS]
Women's Tea: **Mondays at 2 p.m.** [Cl]s
 (Tea Talk on **Sept. 9 at 2 p.m.** in the PAC)
Yarn Mavens: **1st & 3rd Tuesdays, 3 p.m.** [AS]

Committee Meetings for September

Library Committee - **Monday, Sept. 2 at 12 p.m.** [Cl]s
 Contact: Virginia Cannon, Chair
Finance Review - **Monday, Sept. 2 at 1 pm.** [AS]
 Contact: Vacant Chair
Décor/Design - **Thursday, Sept. 5 at 1 p.m.** [CR]
 Contact: John Ortner, Chair
Dining - **Tuesday, Sept. 3 at 10 a.m.** [Classroom]
 Contact: Joan Kleinegris, Chair
Physical Plant - **Wednesday, Sept. 4 at 10 a.m.** [GR]
and Thursday, Sept. 19 at 1 p.m. [AS]
 Contact: Fred Wolinsky, Chair
R.O.V.E. - **Monday, Sept. 9 at 11 a.m.** [GR]
 Contact: Suzanne Orchowski, Chair
Welcome - **Tuesday, Sept. 10 at 11 a.m.** [GR]
 Contact: Alice Cross, Chair
Landscape - **Wednesday, Sept. 11 at 2 p.m.** [CR]
 Contact: Deborah Moore, Chair
Mental Health & Wellness - **Friday, Sept. 13, 10 a.m.** [AS]
WP Benefit Fund - **Wednesday, Sept. 18, 10 a.m.** [CR]
 Contact: Anne Gordon, Chair
Arts & Crafts Fair Comm. - **Thurs. Sept. 19, 11 a.m.** [AS]
 Contact: Kitty Mitchell/Anne Gordon, Co-Chairs
Land Conservation - **Friday, Sept. 20 at 3 p.m.** [CR]
 Contact: Larry Randall, Chair
Interfaith - **Monday, Sept. 23 at 10:30 a.m.** [GR]
 Contact: Ina Pottorff, Chair or Billie Stevens, Secretary
Health Center - **Tuesday, Sept. 24 at 2:15 p.m.** [Cl]s
 Contact: Margaret Nijhuis, Chair
Sustainability - **Wednesday, Sept. 25, 1:30 p.m.** [PAC]
 Contact: Joy Dryer, for the Steering Committee



Sustainability Committee News

Be Sustainable at Home

Your Sustainability Committee is planning an exciting Open House on **Wednesday, Sept. 25 from 1:30-2:30** in the PAC.

Our theme is *Back to Basics*. We plan to introduce SusComm especially to newer residents. We'll remind you of some basics like:

- Don't reheat ANYthing in plastic (even if label says "micro-wave safe"). Dangerous chemicals can leach out into your food.
- Run your dish washer on "light" setting, and only when it's full.
- Use the precise setting on your clothes washing machine
- Adjust your thermostat if out of your house for a long time (e.g. don't run A/C on high).
- Use metal water bottles, and avoid repeat use of plastic ones.
- Use GOOSE paper (Good On One Side) for routine printing, available in the cart room & library)
- Compost! Use compost bins in cart room (next to Hostess Desk.)



We've great upcoming plans and effective sustainable programs! Join us to learn more!

Joy Dryer, for the SusComm Steering Committee

Singing Is Good for Body and Soul

Come and sing with Woodland Pond's own chorus, the Pondaliers. We don't have auditions, and our members have a variety of experience with four-part choral singing. Some of us read music, others not so much. Our director, the lovely Dorcinda Knauth, gives us all the support we need to create beautiful music. Show up and try us out on **Monday, Sept. 9 at 3:30 p.m.** in the PAC. Questions? Contact Dawn Sangrey, President.

Attention Bingo Fans ...

Come on **Wednesday, Sept. 4 at 1 p.m. in the PAC.** \$2.00/card and jackpot prizes in store! We play the first Wednesday of each month!



Come join the WP Folk Singers

It's time for our next folk singing session! We'll meet in the IL Courtyard on **Friday, Sept. 27 at 1:45 p.m.** (or in the PAC, if raining). For our folk singing fest we will welcome Autumn, the change of seasons, harvests and other related songs. All are welcome!

Ronnie Sue Jaffe, for the Folksingers

Bus Trips for September



Sunday, Sept. 1 at 2 p.m. - Shadowlands in Ellenville presents *BEEHIVE the 60'S Musical*. Depart at 12:45 p.m.

Wednesday, Sept. 4 at 2 p.m. - Woodland Hikers outing to Sojourner State Park in Kingston.

Friday, Sept. 6 - Shopping & Lunch Trip to Danbury, CT. Depart at 10:30 a.m.

Sunday, Sept. 8 at 4 p.m. - Maverick Concert Series in Woodstock presents the Copland House Ensemble: *Gabriel Faure and His World VII*. Depart at 2:45 p.m.

Saturday, Sept. 14 at 7:30 p.m. - Greater Newburgh Symphony Orchestra at Mt St. Mary College in Newburgh presents *Opening Night at the Opera*. Depart at 6:15 p.m.

Wednesday, Sept. 18 at 2 p.m. - Newcomers Bus Tour takes new residents through the town and village of New Paltz and surrounding areas highlighting local shops and desirable locations. Depart at 2 p.m.

Saturday, Sept. 21 at 1 p.m. - Grape Stomping Festival at Benmarl Winery in Marlboro. Depart at 12:30 p.m.

Sunday, Sept. 22 at 4 p.m. - Christ Episcopal Church in Poughkeepsie presents Con Brio Concerts: *Four Centuries of Music for Violin and Piano*, featuring violinist Marka Young and pianist James Fitzwilliam. Depart at 3 p.m.

Friday, Sept. 27 - Tour the Klyne Esopus Society Museum. Enjoy the free self-guided museum tour of the history of Esopus, NY followed by dinner at West Park's popular winery. Depart at 2 p.m.

Saturday, Sept. 28 at 6 p.m. - Sojourner Truth statue installation & program at Kingston City Hall. Departure is 5 p.m. (See more info on pg. 12)

Saturday, Sept 28 at 7p.m. - Kaatsbaan Dance Company at the Black Box Theater in Tivoli presents the Limon Dance Company, Boca Tuya and Music from the Sole in a mixed bill of dance performance built during residences at Kaatsbaan. Depart at 5:45 p.m.



Next Woodland Hikers Outing

We will leave from the Lobby on **Wednesday, Sept. 4 at 2 p.m.** to hike the trails of the Sojourner Truth Ulster Landing County Park in East Kingston. Please wear sturdy shoes/boots and bring hiking pole(s) and water, and please don't make 4:45 dinner reservations. Be sure to sign up at Concierge to ensure your seat on the bus.

Wellness Notes



This September there will be Harvest moon and Super moon all at once. It's time to gather and enjoy all the wonderful produce and flowers. Embrace the great quantities of the harvest. The health benefits of eating more fruits and vegetables are plentiful. Some include reducing your risk for disease, good fiber for the digestive track, natural vitamins / minerals, and enhancing brain power. The vibrant colors of flowers have both immediate and long-term impact on our emotions and mood. Flowers are considered a positive energy from seeing them and smelling them. Flowers decrease stress and bring joy and pleasure. As we enter this harvest season welcome the variety of



fruits and vegetables. Select from the dazzling assortment of colors of flowers and plants. You may be astonished at the joy that is all around us.

Wellness wishes,

Mary Jo

Mary Jo Murray, R.N., Wellness Nurse

Ext. 845 256-5901

Mental Health & Wellness Program

MOLST, DNR, CPR talk with
WP Medical Staff
Thursday, Sept 19
at 11 a.m. in the PAC

The Mental Health and Wellness Committee welcomes Dr. Arthur DiNapoli, the WP Medical Director and practicing geriatric medicine doctor, and Debra Vining, RN, the WP Director of Nursing, to present on advance directives. Dr. D. and Deb will cover all you need to know about completing your MOLST form, the differences between DNR and "Full Code" status, and all you need to know about the WP Code Blue/CPR process.



Resident Flu Vaccine Clinic

Date: Friday, Sept. 20
Time: 9 a.m. - 1 p.m.
Location: Art Studio

Please sign up for your appointment with Jeanie in Dedrick's at WPond and be sure to bring your insurance cards with you. Additional flu clinic dates:

- **Tuesday, Oct. 1**
- **Tuesday, Oct. 15**
- **Friday, Nov. 1**
from 9 a.m. - 1 p.m.
in the Art Studio.

Come and join us in the PAC on **Thursday, Sept. 19 at 2 p.m.** for our next Brain Health Group program, which will focus on our Garden View Program and what to expect for a potential move. Learn what our Garden View Program is, what to expect during the move, and tools for supporting an individual living with dementia during the transition. Come and join us for a great conversation about how we can support the folks in our lives living with dementia. And on **Tuesday, Sept. 24, 1-3 p.m.** in the Courtyard is another chance to enjoy a bowl of ice cream and support the cause with your donation to the Alzheimer's Association.

Support Group Meetings



- * *Caregiver's Support Group* – meets the first **Tuesday at 1 p.m.** in the Conference Room, (facilitated by the Alzheimer's Association)
- * *Caregiver Peer Support Group* – meets the **4th Monday at 1 p.m.** in the Health Center Conference Rm. (facilitated by Mental Health & Wellness Committee)
- * *Parkinson's Support Group* – meets the **4th Wednesday at 1 pm.** in the Classroom.
- * *Friends of Bill W* - meets the **4th Saturday at 7 p.m.** in the Art Studio.

Special Invitation to New Residents
from the Health Center Committee

Monday, Sept. 16 Tour of the Health Center



Natalie Russak will once again lead IL residents on a comprehensive tour of the Health Center. **Sign up at Concierge and meet at 1 p.m. in the IL lobby!**



Neighbor Corps Update



The Health Center has several opportunities for our friends in the Neighbor Corps.

- Bedside companion for someone who likes afternoon naps. This resident is comforted just by having someone sit beside her while she takes a nap.
- Several residents requesting escorts to/from select IL programs. Specific programs HC residents are requesting escorts for include: dancing classes, playreaders, exercise classes and select evening programs.
- 1:1 companions: accompany someone outside, read aloud, play Scrabble/ games, or just visit!

If you're interested in lending a hand, please call Sue Close, Activities Mgr. @ 256-5917 or email: sclose@wpatnp.org.

Please refer to Connected Living for listings of weekly activities and special events, watch for any updates or changes on *Connected Living* screens.



There is much to do in the Hudson Valley! Be sure to frequently check out the bulletin boards in the Cart Room for listings and fliers of upcoming events in the area. You may want to attend in car pools with some of your neighbors.

Life at Woo

From the past..

This article was included in our first 'official' newsletter issue in December 2009:

Under Construction — Our Activities Program

There's something exciting about being on the ground swell of something new — residents and staff alike have been experiencing the highs and yes, some occasional challenges of being the first residents and employees in this brand new and beautiful community. We're still experiencing growing pangs as we adjust to new living and working spaces, meet new neighbors and co-workers, and consider how to make daily life here at Woodland Pond a positive experience for all.



Our Activities Program is under construction, as well - a number of programs are well underway; we're listening to new ideas for trips and concerts to add to the calendar; classes and interest groups to develop; and opportunities for service both here at Woodland Pond and in the wider community.



There is enormous potential and endless possibilities as we develop our program. Be encouraged to take an active role by participating in the opportunities offered, by sharing your talents, and by celebrating each new day of living at Woodland Pond.

Editor's Note: 15 years, 14 resident committees, and more than 40 (current) interest groups later ...what an amazing, vibrant community we've constructed together ~ well worth celebrating!



Our intrepid cleanup crew keeping up with our Adopt-a-Highway project on Rte. 299. [Photo by Lindsey Marquis]

Thank you to all who supported the Back to School Supplies Drive for Family of New Paltz.

Woodland Pond has been a generous supporter of Family of New Paltz for the past 15 years, contributing to food drives, holiday gifts for children, clothing donations, and school supplies. Without generous donors like Woodland Pond, Family of New Paltz would not be able to provide for the less fortunate in our community.



~ Lisa Cea, Concierge

Land Conservation Program



In the 1800's, the bluestone industry flourished in Ulster County. The sedimentary stone which was quarried in the eastern part of the county was highly desirable for sidewalks, curbing, and building construction in New York and other eastern cities.

This once important industry will be the subject of the next talk in the series sponsored by the Land Conservation Committee. The speaker will be resident Peter Roberts. His presentation will include archival photographs of the quarry industry, current images of the old quarry sites, and examples of bluestone construction still readily seen in Ulster County, Kingston and New Paltz, including one unusual and unexpected use.



Peter's talk will be on **Tuesday, September 17, at 2 p.m.** in the PAC. All are welcome.

Peter Roberts / Larry Randall

Woodland Pond

"Home is the place where character is built, where sacrifices to contribute to the happiness of others are made, and where love has taken up its abode."

[Elijah Kellogg]



The Watercolor Class, deep in concentration!
[Photo by Larry Randall]



The Movement Music & You class holds still for a group photo. Come join the group on Tuesdays at 11a.m. in the PAC.

Woodland Life Travels to ... Sweden, Florida, Michigan, and back to college!



Taylor Eskew kept a copy of *Woodland Life* in her suitcase for her 'best summer ever' for trips to Stockholm, Sweden (upper right) and then visiting friends in New Smyrna Beach, FL (upper left).

An Invitation From the Poetry Group

*"If you missed us last month — do not despair, We are still here — come, and bring a poem to share."
Friday, Sept. 27 at 2 p.m. in the Conference Room*



We had lots of WP Olympic fun during the Paris Olympics—from a seed-spitting contest, and pool relays to two days of amazing ping pong competition!



Suzanne Orchowski took her newsletter along to Michigan during a visit with her daughter and family, where she posed next to "not the most spectacular waterfall, but the most accessible in Michigan's Upper Peninsula."

And Woodland Pond Goes Back to College - "Summer Kid"

Tanner Blum, Maintenance Asst., represents Woodland Pond (with his WP tie-dye shirt) on his move-in day at SUNY Cortland. Tanner is a sophomore majoring in Physical Education, is an active member of the Theta Chi fraternity, (and is the son of HR Director Brigitte Blum).



If you're planning a trip to an interesting location (out of the immediate local area), pack a copy of *Woodland Life*, send a photo of yourself with the newsletter, and it may be shared in a future issue. Let's see where in the world our newsletter next travels!

Applauds Program Salutes Employee Service

The following employees received commendations from residents last month for their exceptional service:



David Coates	Anissa O'Dell	Ruth Fialkow
Chris Shea	Julia Brooker	Kiley Mattsen
Angelina Mena	Tonya Reidinger	Anthony Izak
Steven Jurado	Marissa O'Brien	Julie Burns
Isabella LaFiandra	Caitlin Coiteux	Juniper Grillo
Siobhan Morier	Tyler Vermilyea	Jeffrey Seitz
Connie Rzeszewicz	Patty Mitchetti	Nicole Klein
Karina Hernandez	Liz Rivera	April Meisner
Emily Alexander	Alyssa Delessio	Mark Baker
Monique Lawrence	Josh Mejia	Tarell Fairley
Rupert Fuentes	Athena Pino	Paul Russo
Stephanie Rzeszewicz	Sofia Schor	Cecelia Garcia
Renae Recai	Gina Christiana	

Applauds forms are available at the Concierge Desk. They are given to the Human Resources Department. If your nomination is received after the deadline, it will be included in the following month's issue.

Monthly Birthday Party is Tuesday, Sept. 10



We will recognize our birthday celebrants on **Tuesday, Sept. 10 at 2:30 p.m.** in the Classroom. Celebrants will receive an invitation to attend.

Celebrating this month are:

Flo Jerdan - Sept. 5	Halema Hassan - Sept. 21
Jane Konitz - Sept. 5	Alice Ruffing - Sept. 21
Nora Brown - Sept. 9	Taylor Eskew - Sept. 22
Phyllis Cohen - Sept. 9	Carol Rietsma - Sept. 23
Carol Wirtz Sept. 9	Bob Soraci - Sept. 23
Ruth Price - Sept. 10	Ted Buley - Sept. 25
Marie Steipp - Sept. 11	Randolph Estwick - Sept. 25
Ginny Cannon - Sept. 14	Mary Lou Dillon - Sept. 26
Ginger Herman - Sept. 14	Ginny Esser - Sept. 27
Ann Huth - Sept. 16	Billie Stevens - Sept. 27
Marilyn Cianfrani - Sept. 17	Tom Natoli - Sept. 28
Connie Lahey - Sept. 19	Mary Gallagher - Sept. 30



Welcome New Residents!



Dan and Jane Ruback - Apt 302
Webster "Web" and Marie Howard - Apt 509

The Welcome Committee's New Resident Social and Orientation is **Friday, Sept. 27 at 2 p.m.** in the Classroom. New residents will receive an invitation to attend.



From The Reward Our Valued Employees (ROVE) Committee

As residents of Woodland Pond, we are fortunate to be served and cared for by a competent, friendly staff. Woodland Pond policy prevents us from showing our gratitude by tipping. That's where the **ROVE** Committee comes in.

ROVE, a committee made up solely of residents, collects donations to distribute to our hourly employees as a thank you gift at the end of the year. Hourly staff includes full time, part time and per diem workers, including college students working during the summer months and who choose to remain on the roster as per diem employees, then pick up some hours when home on vacations.

We thank all of you who have donated monthly throughout the year, and those who have made a donation by check. **ROVE** would like to receive all donations for the 2024 campaign by September 30, to be included in this year's thank you checks to our employees. Checks should be made out to "Woodland Pond - ROVE", put in an envelope marked "ROVE" and dropped off at concierge. We suggest an amount of \$1,000 per resident per year, but any amount will be greatly appreciated.

Suzanne Orchowski, ROVE Committee Chair

Employee of the Quarter Named

The Employee of the Quarter for the second quarter of 2024 is Johnny Farris, from the Facilities



Facilities Director Tom Tango congratulates Johnny Farris on being named Employee of the Quarter.

Department. To be considered Johnny needed to exemplify a good attendance record, dedication to his job and the Woodland Pond community, uphold excellent customer service standards, excellent work quality, and demonstrate a commitment to the Woodland Pond communication fundamentals.

Johnny received a monetary gift of thanks, a designated "Employee of the Quarter" parking spot, social media recognition and consideration for the honor of Employee of the Year for 2024. We are so grateful for Johnny and all he does here at Woodland Pond! Congratulations!

Michelle Gramoglia, Pres/CEO



Interfaith Committee News

The next meeting of the Interfaith Committee is **Monday, Sept 23 at 10:30 a.m.** in the Game Room. If interested in the mission of this committee, "To foster an atmosphere of tolerance for spiritual understandings", whatever your faith may be, we invite you to join us and become a member.

Last month's Tree of Faith presented by Sister Peg was an excellent overview of the many religions of the world. She had many handouts as well as a wealth of information and songs to share. It is always a pleasure to listen to her. It was very well received.

Our next Tree of Faith program will be on **Tuesday, Sept. 10 at 3 p.m.** in the PAC, presented by Father Sal from St. Joseph's RC Church on "Changes in the Church."

Bible Study continues to meet in the Art Studio the **second and fourth Thursdays** of the month, led by Tyler Jones. *Note: the Episcopal service this month on Sept. 19 will be in the Health Center's Great Room.*

Religious holidays in September: 1st, Ganesh Chaturthi (Hindi); 15th, Prophet's birthday (Islam).

Billie Stevens, Secretary

Wanderlust Rhythms: Video Night w/ Peter Brown

Resident Peter Brown's third Video Night will take place on **Monday, September 16, at 7:30 p.m.** in the PAC.



Brown will introduce *Russia Revealed* (42 min.), a critical look at Vladimir Putin's Russia following a visit there in 2016. This lively chronicle focuses on St. Petersburg and Moscow. Peter will also present one of his shorter music videos, featuring his original videography riffing on a jazz standard performed by Andy Brown (guitar) and Petra Van Nuis (vocalist).

Peter is a retired professor of German Studies at SUNY New Paltz and the creator of over thirty travel and music videos that have been enjoyed by thousands of viewers on YouTube.

This is a popular event, so sign up at the Concierge now to reserve your seat!

Peter Brown



Upcoming *Shalom Space* Programs



Fridays at 4 p.m. in the PAC

[Shalom Space welcomes all residents to join us]

Sept. 6 - *The Technion in Israel*- Diane Tepper

Sept. 13 - *Jews and Native Americans* - Al Chasan

Sept. 20 - *Bintel Briefs: The Dear Abby Column of the early 1900's* - Ira Trast

Sept. 27 - *Father Coughlin, the Antisemitic Radio Priest* - Jo Sanders

~ We will also have our Two Year celebration this day ~

Second Saturday With Pastor Lyn

After a 2-month hiatus we gather again. On **Saturday, Sept. 14 at 10 a.m.** Pastor Lyn will lead us to reflect on *Change*. Our nation, our lives and our Second Saturday community have changed since June. "For everything there is a season." Reflecting on those words from Scripture through prayer and Holy Communion we will join with friends from I.L. and A.L. Hopefully, we will also be changed by welcoming new friends from the WP community. All are welcome!

Pastor Lyn Mehl

Meditation Group

The *Mindfulness of Life ~ The Way of Meditation* group led by Barbara Bash meets the **3rd Tuesday** each month at **11 a.m.** in Art Studio (**Sept. 17**). Newcomers are always welcome to attend.

Philosophy Circle

On September 11, it's fitting that we consider the justifiability of violence. Does proportionality between starting point and response matter? What about whether the violence is aggression in self defense? We'll also consider the source of authority for the violence, means and ends, Gandhi's philosophy of non-violence, and other issues.

Wednesday, September 11 from 11:00 -12:00
in the Classroom.

Jo Sanders, facilitator

For last month's Theatre Night performance of Joe Cosentino's play Two Old Knights Dancing, Joe and Fred were joined on stage by friends Julie Eads and Doug Wooley who often perform at County Players in Wappingers Falls.



From the Library ~ Book Review
101 Fun Things to Do in Retirement
by Stella Rheingold



Why not try something new at this stage of your life? Woodland Pond Library offers many books that advise exciting new ways to improve your time. Stella Rheingold's book *101 Fun Things to Do in Retirement* stimulates interests you never considered. There are so many incredible options you can explore. Resources and websites are presented and listed for you to investigate.

The book is full of fun and rewarding suggestions. Rheingold urges you to get involved with a new activity. It will enrich your day!

Anita Kantor

Elting Library Provides On-Site Assist

On **Thursday, Sept. 12 from 2-4 p.m.** staff from the Elting Memorial Library will be on site here at the Woodland Pond Library to offer tech help. Please email bdungan@eltinglibrary.org to reserve time with library staff for tech help.

Bring your library card information and any passwords or login credentials you have. Appointments may cover the following: Basic computer skills, OverDrive/Libby for eBooks and downloadable audiobooks, library resources such as online databases like Hoopla, Kanopy, Mango, email and internet basics, social media, software (such as word processing, spreadsheets, etc.), and usage of personal devices such as eReaders, tablets, and smartphones.

Bebhinn Dungan, Elting Library Outreach Coord.

PAC Movies



Thursday @ the Movies: **Thursdays at 7 p.m.**

Classic Movie: **Friday, Sept. 6 at 7 p.m.** - Some *Like It Hot* - 50th Anniversary (1959), starring Marilyn Monroe, Tony Curtis, and Jack Lemmon.

Special Film Presentation: *Through Triumph & Tragedy - 50 years of the FDNY Pipes and Drums* - **Wednesday, Sept. 11 at 7 p.m.**

Opera Night: This month's feature is *Der Rosenkavalier*, which will be seen in two parts: Act 1 **on Friday, Sept. 13 at 7:15 p.m.** and Acts 2 and 3 **on Friday, Sept. 20 at 7:15 p.m.**

Note: Please see the listings on page 1 of additional special film presentations celebrating Woodland Pond's 15th anniversary.

Book Club

The Book Club will be discussing *Demon Copperhead* by Barbara Kingsolver at our next session on **Tuesday, Sept. 3 meeting at 7p.m.** in the Classroom. We will be reading 'Tis by Frank McCourt during the month of September. Newcomers are always welcome!

Michele Caccavano



September Tea Talk

On **Monday, Sept. 9 at 2 p.m.** in the PAC, we will continue with our history of fashions throughout the decades and talk about future program topics.

Put on Your Dancing Shoes!

English Country Dance (ECD) begins its fall sessions on the **2nd and 4th Wednesdays from 2:30-4 p.m.** in the Art Studio. (Note: this month we will meet just once on **Wednesday Sept. 11**, due to the Residents' Association Quarterly Meeting on Sept. 25.

Partners are not required for English Country Dancing, and we have room for a few new dancers. Please come and give it a whirl!

June Finer

Come to Square Dance!

Remember square dancing in your youth? Remember how much fun it was? Enjoy the magic of square dancing on **Wednesday, Sept. 18 at 3-4:30 p.m.** in the Art Studio. Don't remember any of the steps? Fear not. We have a professional caller who will teach us everything we need to know for a fun afternoon.



No partner? No problem. Singles are always welcome. We'll pair you up with another dancer. It's a great way to meet new people while getting some exercise and having fun. Two left feet? We've got you covered. Square dancing is like marching to music.

Going forward we will meet twice a month on **the first and third Wednesdays** for dancing. Bring your friends and neighbors. Questions? Call Deborah Moore at 845-633-8522.

Deborah Moore

Music in the Courtyard!

On **Friday, Sept. 27 at 2:45 p.m.** the *Starlight Trio* (Susan Griss, Larry Bush and Len Kobrinisky) will be bringing their signature sounds to the Courtyard. If there's inclement weather, they'll play in the PAC.

Meet Your New Neighbors!

We are delighted that two new couples will be calling Woodland Pond their home. They look forward to meeting their new neighbors, so please invite them to lunch, dinner or an activity. Their full bios can be found in the directories in the Lobby and lounges in each wing. ~ *Compiled by Halema Hassan*

Web & Marie Howard ~ Apt. 509



Web and Marie Howard have moved here from LaGrangeville.

Webster was born in Winthrop, Mass and received his B.S. from Carnegie Mellon and his A.M. and PhD from Harvard, all in Physics. He spent 32 years at IBM Yorktown Research Center, working in semiconductor physics and display technology development. He led IBM's team in a joint venture with Toshiba to produce the first high quality color laptop display, the technology for which is still used in large screen TVs. His work with colleagues on two-dimensional electron gases in silicon was recognized by a medal from the Franklin Institute in Philadelphia, PA. His work on displays resulted in the Rajchman Prize from the Society for Information Display.

Marie was born in 1935 and raised in Winthrop, MA. She received a B.A. from Massachusetts College of Art with a concentration in art education. Marie is a visual artist, gardener and cook. She loves social gatherings and making new friends! Her creative work has been primarily in pottery and oil painting. She looks forward to using the art studio space at Woodland Pond as well as joining in social activities to make new friends.

Marie and Web married in 1957 and have 5 children, 11 grandchildren and 2 great grandchildren. The Howards' hobbies in retirement include furniture making and golf.

Welcome, Web and Marie!

Pond Pets—by Lucy Muller

Mike Piecuch and Joyce Zonana recently moved to Woodland Pond with two lovely, calico ladies.



“In March of 2020, at the height of the Covid pandemic, we adopted Anna & Elsa Zonana/Piecuch, a bonded pair of four-month old multi-colored female felines from the ‘no-kill’ Animal Shelter in Warwick, NY,” Mike wrote. “Our Anna and Elsa are very much like Disney’s princesses: young girls always know which is which. Elsa is bold and energetic; Anna is shy and perhaps a little sluggish, though I’ve come to see that what she requires is proper homage: if you worship her enough, she allows you to approach her. On the day we adopted her she fiercely resisted our effort to pry her out of the cage, and for weeks after she rarely emerged from under the bed. We cajoled her and brought her food to wherever she might be hiding. Once we moved into our gorgeous Woodland Pond cottage, she completely came out of her shell and now wanders freely throughout our home, sits in the windows, occasionally even allows visitors to pet her.”

It always makes us happy to meet such lovely people and know their pets love Woodland Pond too.

Dan & Jane Ruback ~ Apt. 302



Dan and Jane come from nearby Tillson. Having lived in the town of Rosendale and in Tillson for over 40 years, they became aware of Woodland Pond from its beginnings and friends were among the initial residents. “Some came a bit later. Some have sadly departed. Some remain and continue to thrive. Our time has come!”

Dan was born in Amsterdam, NY, west of Albany. Amsterdam was a bustling town at one time, manufacturing Mohawk Carpets among other things. He moved with his family several times during his younger years, mostly in and around the Capital District. Jane is a born and bred New Yorker having grown up in Jackson Heights in Queens.

The couple met in college, an old story but true. Dan attended Clarkson (then a college, now a university) and Jane attended Potsdam, a state school. Dan was among the last of the draftees and served his country from Colorado Springs. Jane joined him there and together they celebrated 52 years of marriage this past June, 2024.

Dan’s work activities include serving as Controller for Hospital Shared Services some years back and more recently for the YWCA of Ulster County. He uses his financial know-how as a member of the NY Methodist Foundation, as a supporter for the YWCA, and for the New Paltz United Methodist Church, where they are members of this busy church community. Jane worked with several child and family-focused programs as a counselor for over 30 years. She also enjoyed singing with the Rhinebeck Choral Club, Ulster Choral Society and Camerata Chorale. Presently Jane sings with the New Paltz College/Community Chorale. Happily, some “singing buddies” are residents here and they look forward to harmonious times with everyone.



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WP Resident's Sojourner Truth Statue to Be Installed



Woodland Pond resident and renowned sculptor Trina Greene's latest creation: *Sojourner Truth: First Step to Freedom*, depicts in 1826 the former slave walking to freedom carrying her daughter and captures Truth's beginning of her heroic journey to advocate for women's rights and the abolition of slavery.

The bronze statue will begin an 11-month installation on display at the Kingston City Hall and after that Ulster County will host the statue for 2025 Sojourner Truth Day celebrations. It will then be installed at the Newburgh Free Library and after its tour will be permanently installed on the SUNY New Paltz campus.

Residents are invited to attend the viewing/opening reception at Kingston City Hall on **Saturday, Sept. 28 at 6 p.m.** Bus transportation from Woodland Pond will be available. Please sign up at Concierge.

Congratulations to Trina, from the Woodland Pond family!

***Additional September Highlights at a Glance
(please refer to page 1 for all the 15th Anniversary events!)***

- Monday, Sept. 9 at 7 p.m.** - ArtScope Opening Reception - PAC
- Tuesday, Sept. 10 at 3 p.m.** - Tree of Faith program: guest speaker, Father Sal of St. Joseph's Roman Catholic Church [PAC]
- Monday, Sept. 16 at 7:30 p.m.** - *Wanderlust Rhythms* with Peter Brown [PAC]
- Tuesday, Sept. 17 at 2 p.m.** - Land Conservation program: Peter Roberts [PAC]
- Wednesday, Sept. 18 at 1:30 p.m.** - Management Q&A [PAC]
- Thursday, Sept. 19 at 11 a.m.** - Mental Health & Wellness program: *Advanced Directives* with Dr. DiNapoli [PAC]
- Thursday, Sept. 19 at 2 p.m.** - Brain Health Group program: *Gardenview* [PAC]
- Tuesday, Sept. 24, 1-3 p.m.** - BHG Ice Cream Social Fundraiser [Courtyard]
- Wednesday, Sept. 25 at 1:30 p.m.** - SusComm Open House [PAC]
- Wednesday, Sept. 25 at 3 p.m.** - Residents' Association Quarterly Meeting [PAC]
- Friday, Sept. 27 at 2:45 p.m.** - Simple Melodies: *The Starlight Trio* [Courtyard]

Weekly 1340 Weekly Updates ~ Don't miss them!

Michelle Gramoglia's weekly updates on WPTV 1340 are on **Tuesdays at 12:15 p.m.** and rebroadcast on 1340 and the WP YouTube channel at **4 p.m.** and **8 p.m. on Tuesday evenings.**

Beginning this month, Capital Projects Manager Dave Roberts will provide a weekly update on **Fridays at 12:15 p.m.**, which will be rebroadcast at **4 and 8 p.m. Friday evenings**, also on WPTV 1340 and the WP YouTube Channel.

Want to share the newsletter with your family and friends?

They can read it online at www.wpatnp.org

