



■ Pages 6-7
Scenes Around
Our Campus

In This Issue

■ Pg. 11- Spring
Campus Hike
Scheduled



WoodlandLife

Vol. 16, No.6

June 2024

Pondalier Spring Concert



Woodland Pond's resident chorus, The Pondaliers, proudly present their spring concert, *Songs of Light and Love*, with three performances: **Monday, June 3 at 3 p.m.** in the Health Center Great Room, then two shows in the Performing Arts Center on **Wednesday, June 5 at 7 p.m.** and **Friday, June 7 at 3 p.m.**

"Join us for a celebration of light and love as we fill the June air and usher in the summer months in a grand style," says Pondalier director Dorcinda Knauth. "We have a joyful program of Broadway hits and beloved choral favorites. We would be honored to have you in attendance!"

Please sign up at the Concierge for the PAC concert (Wednesday evening or Friday afternoon) that you plan to attend.

KICK OFF TO SUMMER

Barbecue

Thursday, June 6th
12:00pm-2:00pm



Join us outside, on the patio,
for all your BBQ favorites!

Get to Know Your Neighbors Dinner –
Wednesday, June 19th, and Thursday, June 27th.
Father's Day Brunch – Sunday, June 16th
June Wine Tasting – Tuesday, June 25th
June Dietitian Talk – Friday, June 28th

Classic Clean Car Wash Fundraiser!



As part of the Alzheimer's Association's *The Longest Day* observance, the Brain Health Group is sponsoring a Classic Clean Car Wash Fundraiser effort the weekend before on **Saturday, June 15**


from 10 a.m.-2 p.m. in the parking lot outside the Pool.

The Longest Day, June 21, is the summer solstice and the day with most light and a fitting, symbolic time for Longest Day participants to remember the caregivers and care receivers who fight the darkness of Alzheimer's and all other dementias through fundraising and activities to help them get through the longest day. Participants around the world engage in fundraising events organized by the Alzheimer's Association.

So it's a great time to get your car washed for a suggested donation of \$5.00 — it all goes to a wonderful cause!



Red Cross Blood Drive Scheduled

Woodland Pond is partnering with the American Red Cross to host our next blood drive on **Friday, June 28 from 10 a.m. to 3 p.m.** in the PAC. 

Please join our lifesaving mission and schedule an appointment. You may contact Brigitte Blum, ext. 5800, or returning donors can also book online with the American Red Cross. The need for blood is constant and only volunteer donors can fulfill that need for patients in our community. Nationwide, someone needs a unit of blood every 2 to 3 seconds and most of us will need blood in our lifetime.

Thank you for supporting the American Red Cross blood program!

Brigitte Blum, Human Resources Director

Council Corner



There is just one Residents' Council meeting scheduled this month on **Thursday, June 20 at 10 a.m.** in the Classroom and on Zoom, and open to all residents. The first 15 minutes (EARS) are devoted to your input. If time permits there will be a second EARS at the end of the meeting. Agendas are posted in the Mail Room and Library on the Mondays preceding each meeting. You may be in touch with your Council by putting **signed**, written comments in the Council Cubby in the Mail Room, at the bottom right of the bank of cubbies by the window, or you may also send an e-mail to evelynr17@earthlink.net.

Our *Council Connections* sessions this month will be in the PAC on **Thursday, June 6 at 2 p.m.** with guest speaker President/CEO Michelle Gramoglia, to be interviewed by Dave Smith, and on **Thursday, June 20 at 2 p.m.** with guests Ina Pottorff and Billie Smith for the Interfaith Committee. They will be interviewed by Pat Houk.

Evelyn Rosenthal, Corresponding Secretary

Pride Month at Woodland Pond



June is Gay Pride Month, and Woodland Pond has a wealth of pride and pride activities, including captivating speakers, entertaining films, a fun trip, joyous celebrations, and captivating discussions, sponsored by the LGBTQIA+ and Allies of Woodland Pond Interest Group. All are most welcome!

The Woodland Pond Library will host a Book Review Display in June featuring the award-winning LGBT+-themed novel *Found at Last* by resident Joe Cosentino. There will also be an LGBT+ children's Picture Book Nook Presentation in the library by resident Marilyn Mallue on June 2 at 1-2 p.m.

Each Thursday in the PAC an LGBT+-themed film will be shown at 7 p.m. June 1 will be the van trip to the New Paltz Gay Pride Parade. Sign up at the Concierge.

Speakers on LGBT+ issues/allies/community will be Richard Heyl de Ortiz, Director of the Hudson Valley LGBT Center, on **Friday, June 21 at 1:30 p.m.** in the PAC, and Eve Papp, Board President, New Paltz Pride Coalition, **Monday, June 24 at 7:15 p.m.** in the PAC. On June 13 at 3:30 p.m., Pub Happy Hour will include a special Pride treat. Also, watch out for a special Pride dessert at the Dining Room in June. Finally, the LGBTQIA+ and Allies of Woodland Pond Resident Group will have our monthly meeting on **Tuesday, June 25, 2 p.m.** in the Art Studio with a topical discussion. All are welcome!

Joe Cosentino

From Woodland Pond's Board of Directors

At our meeting in April, Amy McIntyre, Director of Dining Services, and Jarrod Kutz, Executive Chef, were invited to share with Board members the many innovations and upgrades the current dining team has brought to the Woodland Pond dining experience. The challenges of preparing meals with different nutritional guidelines for over three hundred residents throughout our four units each day and consistently generating ideas to improve service were covered. Amy stressed that the overriding attitude imparted to all our young servers is that this is the residents' home, and their needs must always come first. Periodically, it seems worthwhile to have members of our excellent management team present an overview directly to Board members of the work (including challenges) in their departments currently underway, thereby affording us a close-up view. We are now preparing for our Annual Meeting and Board Retreat on June 26.



Dick Barry Secretary

Joan Kleinegris, Chair of the Dining Committee, shares a copy of Dick's thank-you to Amy and Jarrod:

Amy and Jarrod,

Thank you for providing the Board members with an excellent overview of our dining services department and why it is better than it's ever been. You were clearly well prepared and covered all the important bases which, I'm sure, made them more aware of the challenges you face and the innovations and improvements you have made. I believe the members now have a much better idea of why I'm so very proud of the dining management team and what you've accomplished. My praise extends equally to Tonya for her superb training of our young servers, and to Ruth who makes multi-tasking look easy. What a powerfully impressive team you all are!

Congratulations on a fine presentation.

Fraud Awareness – Be Alert to Financial Fraud

Fighting financial fraud starts with education as well as communication between family members and their financial professionals. Financial Advisor Peter LeRose of Edward Jones, will offer a presentation on **Thursday, June 27 at 11:15 a.m.** in the PAC to discuss how to spot certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or a loved one are targeted, and steps attendees can take now to help protect themselves and loved ones.



Interest Groups



Beginner's Mah Jongg: **Wednesdays at 1 p.m.** [AS]
Beginner's Mah Jongg: **Saturdays at 9:30 a.m.** [GR]
Book Club: **1st Tuesday at 7 p.m.** [Classroom]
Bingo: **1st Wednesday at 1 p.m.** [PAC]
Brainteasers: **Wednesdays at 10 a.m.** [AS]
Canasta: **Wednesdays & Saturdays at 1 p.m.** [GR]
Chess: **Thursdays at 7 p.m.** [GR]
Current Events Group: **Wednesdays at 4 p.m.** [Cls]
Dulcimer Players: **Mondays at 1 p.m./ Thursdays at 3:30 p.m.** [PAC]
Duplicate Bridge: **2nd & 3rd Wednesdays, 1 p.m.** [4th Central Lounge]
Handbell Ringers: **Tuesdays at 1 p.m.** [AS]
Hearts Players: **Mondays at 1 p.m./Saturdays at 12:30 p.m.** [GR]
iPhone Camera Club: **No meeting this month**
LGBTQIA+ & Allies: **4th Tuesday at 2 p.m.** [AS]
Loss in Literature: **Tuesday, June 4 at 4 p.m.** [CR]
Mah Jongg: **Mondays and Fridays at 1 p.m.** [AS]
Memoir Class: **2nd & 4th Mondays at 3 pm.** [CR]
Men's Coffee: **Saturdays at 9:30 a.m.** [PAC]
Movement/Music & You: **Tuesdays at 11a.m.** [PAC]
Opera/Ballet Night: **2nd & 4th Fri., 7:15 p.m.** [PAC]
Pet Ponders: **4th Wednesday at 7p.m.** [Cls]
Philosophy Circle: **2nd Wednesday at 11 a.m.** [Cls]
Pinochle: **Fridays at 1 p.m.** [GR]
Playreaders Group I: **Thursdays at 2:30 p.m.** [AS]
Playreaders Group II: **Thursdays at 4:15 p.m.** [AS]
Poetry Group: **Friday, June 28 at 2 p.m.** [CR]
Pondaliers: **Mondays at 3:30 p.m.** [PAC]
Rummi-Kub: **Daily at 7 p.m., Sundays, 2 p.m.** [GR]
Scrabble: **Fridays at 10:30 a.m.** [GR]
Shalom Space: **Fridays at 4 p.m.** [Cls]
Short Story Group I: **1st & 3rd Tues., 3:30 p.m.** [Cls]
Short Story Grp II: **2nd & 4th Tues., 3:30 p.m.** [Cls]
Social Bridge: **Tues. & Thurs. at 12:30 p.m.**[GR]
Groups continue next column

Interest Groups continued:

Spanish Chat: **Wednesdays at 11:15 a.m.** [AS]
Square Dance: **on hiatus until September**
Table Games: **Mondays at 7:15 p.m.** [Cls] and **Saturdays at 2 p.m.** [AS]
Watercolor Class: **Mondays, June 10 and 17, 10 a.m.** [AS]
Women's Tea: **Mondays at 2 p.m.** [Cls] (Tea Talk **June 10 at 2pm** in the PAC)
Yarn Mavens: **1st & 3rd Tuesdays, 3 p.m.** [AS]

Committee Meetings for June

Library Committee - **Monday, June 3 at 12 p.m.** [Cls]
 Contact: Virginia Cannon, Chair
Finance Review - **Monday, June 3 at 1 p.m.** [AS]
 Contact: Dave DeWilde, Chair
Dining - **Tuesday, June 4 at 10 a.m.** [Classroom]
 Contact: Joan Kleinegris, Chair
Physical Plant - **Wednesday, June 5 at 10 a.m.** [Cls] and **Thursday, June 20 at 1 p.m.** [AS]
 Contact: Fred Wolinsky, Chair
Décor/Design - **Thursday, June 6 at 1 p.m.** [CR]
 Contact: John Ortner, Chair
R.O.V.E. - **Monday, June 10 at 11 a.m.** [GR]
 Contact: Suzanne Orchowski, Chair
Welcome - **Tuesday, June 11 at 11 a.m.** [GR]
 Contact: Alice Cross, Chair
Landscape - **Wednesday, June 12 at 2 p.m.** [CR]
 Contact: Deborah Moore, Chair
Mental Health & Wellness - **Friday, June 14, 10 a.m.** [AS]
WP Benefit Fund - **Wednesday, June 19, 10 a.m.** [CR]
 Contact: Anne Gordon, Chair
Land Conservation - **Friday, June 21 at 3 p.m.** [CR]
 Contact: Larry Randall, Chair
Interfaith - **Monday, June 24 at 10:30 a.m.** [GR]
 Contact: Ina Pottorff, Chair or Billie Stevens, Secretary
Health Center - **Tuesday, June 25 at 1 p.m.** [Cls]
 Contact: Margaret Nijhuis, Chair
Sustainability - **Wednesday, June 26 at 2 p.m.** [GR]
 Joy Dryer, for the Steering Committee

 Are you a "Green Dot"-ter? Save a tree !

WP's Sustainability Committee sponsors two important paper saving programs: Green Dot and GOOSE paper. Participate and Save A Tree!

Green Dots - Agree to a Green Dot in your mail room cubby to receive via email only for routine communications (i.e. weekly Chanticleer, parking notices, personnel changes). (Monthly Financial statement is a separate ask.) Paper remains for the monthly *Woodland Life* newsletter and important press releases. *See Lindsey if you have questions about the Green Dot Survey.*

GOOSE paper stands for Good On One Side. Donate and freely take uncrumpled pages with writing only on one side in Cart room box. (Check: no confidential info on used side!)

Did You Know? A standard pine tree with 45 ft of usable trunk, diameter of eight inches, produces and estimated 10,000 sheets of paper? A standard 500-sheet ream of office paper uses about 6% of a tree.

Did You Know? One tree produces about 100 pounds of toilet paper. An average consumer uses about 15 pounds per year. Thus, globally, toilet paper alone could consume 27,000 trees *every* day.

Alternative Plant Based Paper Products - Bamboo is a superstar sustainable alternative to wood or plastic: no petrochemicals or artificial pesticides and can grow to 3.5 feet per day! (An average oak tree grows about 12 inches annually) Bamboo recaptures Co2 faster and puts out more oxygen than trees. Check out recycled bamboo products from companies called "Who Gives a Crap" and "Seek Bamboo."

Joy Dryer, for SusComm. Steering Committee

The Sustainability Committee is sponsoring a presentation by Lisa Mitten, who is the Sustainability Coordinator at SUNY New Paltz, on **Tuesday, June 18 at 2 p.m.** in the PAC. Her topic is "Sustainable SUNY New Paltz: 11 Years of Progress and Lessons Learned." Please join us!

Next Woodland Hikers Outing



On **Wednesday, June 5 at 1 p.m.** we will meet in the Lobby and then walk the trails of our "backyard" the Millbrook Preserve. (Note our earlier departure time for this month). Bring your pole(s), water etc. and wear sturdy shoes/boots.

June Finer

Bus Trips for June



Saturday, June 1 at 12 noon – New Paltz Pride Parade and Festival at Hasbrouck Park . Depart at 11:45 am.

Wednesday, June 5 at 10 a.m. Friends of Historic Kingston Walking Tour. Kingston Stockade area and Gallery Exhibit. Tour guide is resident Peter Roberts. Depart 9:30 a.m.

Friday, June 7 at 1 p.m. - Kykuit, the Rockefeller Estate. Depart at 11:15 a.m.

Sunday, June 9 at 2 p.m. Shadowland Stages presents: *The Hound of the Baskervilles*. Depart at 12:45 p.m.

Friday, June 14 - Shopping at the Poughkeepsie Galleria. Depart at 11 a.m.

Friday, June 14 - Hudson Valley Renegades game. Depart at 6 p.m.

Monday, June 17 - Lunch Adventure to Clemson Bros Restaurant in New Paltz. Depart at 11:30 a.m.

Friday, June 21 at 8 p.m. - Rhinebeck Playhouse presents *My Fair Lady*. Depart at 6:45 p.m.

Saturday, June 22 Woodstock Flea Market -Vendors include antiques, collectibles, vintage clothing, handcrafted jewelry, furniture, gemstones farm produce and more. Depart at 12 noon.

Sunday, June 23 at 4 p.m. - Bachfest Choral and Orchestral Concert at Vassar College. Depart at 2:45 p.m.

Wednesday, June 26 at 5:30 p.m. - Dinner Adventure to High Falls Café for Wing Night. Depart at 4:45 p.m.

Thursday, June 27 at 5 p.m. - The Bruderhof Community in Rifton invites Woodland Pond residents to a special evening of food, music, and fellowship. Depart at 4:45 p.m.

Friday, June 28 - HITS on the Hudson to see top-level Hunter/Jumper and Dressage competitions Depart at 9 am.

Saturday, June 29 at 8 p.m. - Maverick Concerts in Woodstock presents Jazz Concert featuring Fred Hersch. Depart at 6:45 pm.

Sunday, June 30 at 4 p.m. - Maverick Concerts in Woodstock presents Chamber Music with David Fung. Depart at 2:45 pm.

Attention Bingo Fans ...

BINGO on **Wednesday, June 5 at 1 p.m.** in the PAC. \$2.00/card and jackpot prizes! Bingo will then be on summer hiatus!



Wellness Notes

Introducing Fitness Coordinator - Matt Romer

Hi, my name is Matt, and I believe that fitness should be fun and accessible to everyone, everywhere. I have 6+ years of experience working with individuals of all ages in a physical fitness and health setting. I use my knowledge to create custom and memorable exercise programs. I



I believe that bringing people together through fitness can help individuals connect and bond, and I intend to bring that experience to you. I look forward to meeting you all and assisting you with any exercise science and wellness questions that you may have.

Matt Romer (845) 256-5960
mromer@wpatnp.org

Mental Health & Wellness June Program

All residents are welcome to join the Mental Health and Wellness Committee members for a panel discussion called *Transitions #3* on **Monday, June 24 at 3 p.m.** in the PAC. This discussion will cover the transition when moving into WP (leaving your home, downsizing, entering community life), transitions that happen while at WP (becoming a caregiver to spouse/partner, death of friends, coping with physical changes, moving to the Health Center, etc.) and a new topic, 'relationships' at WP (meeting people, making friends, socialization, etc.).

Sponsored by the Mental Health & Wellness Committee

The Pedi Cab is accepting WP riders!



Paul's Pilots will be available at Dry Fly at Zero Place, at no cost to provide rides along the rail trail, accommodating up to 4 riders per time slot. You are welcome to sign up for multiple slots. If the weather does not permit a ride, the decision to cancel will be made by 8 a.m. that morning. We welcome you to ride with a family member (one resident, one loved one).

Photo by *Dave Smith*
Available reservations: **Thursday, June 6, 11:30 a.m.-1 p.m.; Friday, June 7, 11:30 - 1 p.m.; Thursday, June 13, 11:30 -1 p.m.; and Friday, June 14, 9:30 a.m.-1 p.m.**

Contact Concierge to sign up for a fun ride on the Walkkill Rail Trail!.

Support Group Meetings



- * *Caregiver Peer Support Group* – meets the **4th Monday at 1 p.m.** in the Health Center Conference Rm. (facilitated by Health & Wellness Committee)
- * *Caregiver's Support Group* – meets the first **Tuesday at 1 p.m.** in the Conference Room, (facilitated by the Alzheimer's Association)
- * *The Parkinson's Support Group* – meets the **4th Wednesday at 1 pm.** in the Classroom.

To: All Woodland Pond Residents and Staff
From: Friends of Bill W. Group - Open meetings for all interested in 12 Step Self Help
Re: Confidentiality

Because there is still such a stigma of guilt and shame attached to addiction we want to make it clear that our meetings are open to anyone with interest in learning more about helping a loved one. Statistics prove one out of every four families has someone born with the addiction gene.



You may have a child, grandchild, or even yourself, who you are worried about and could be in need of help.

Please don't let our meetings scare you away... or place judgement on anyone. Once in the room with us you are on sacred, sworn-to-confidentiality ground. Our motto is "what you hear stays here!"

If you prefer to talk or meet outside the meeting we are happy to be available. People were there for us and helped us change our lives. We just want to be here for you. Please call 914-656-5112 for further confidential guidance.

We meet the **4th Saturday at 7 p.m.** in the Art Studio (June 22).

Brain Health Group Guest Lecture

Healthy Living for Brain and Body
Monday, June 17 at 11:15 a.m. in the PAC
Presented by
Tara Deluca, Senior Manager
Program Support & Community Partnership
with the HV Alzheimer's Association

Please refer to Connected Living for listings of weekly activities and special events, watch for any updates or changes on *Connected Living* screens.



There is much to do in the Hudson Valley! Be sure to frequently check out the bulletin boards in the Cart Room for listings and fliers of upcoming events in the area. You may want to attend in car pools with some of your neighbors.

Life at Wood

June 2023 Candidates' Event

Prior to the June Democratic primary (June 25th) the WP Political Affairs Committee will be holding a "Meet the Candidates" event for those interested in meeting our NYS Assembly candidates prior to voting. The candidates are incumbent Sarahana Shrestha vs Gabi Madden, who was formerly on Cahill's staff. The event will be held in the PAC on **Monday, June 10 at 4 p.m.** Come with your questions and concerns.

Voters should be aware that only those registered in the party in question will be able to vote in the primary. For those who recently moved to this area, or others who now want the opportunity to vote in the party's primary, there is still time to do so for those who complete their registration prior to June 15th. Furthermore, also be aware of numerous changes in how and where we vote – Political Affairs will be providing further information in those areas in the near future.

For further information, call Dorothy Jessup (845) 255-0390 OR Yakov Pipman (646) 919- 3390.



The IBM Chorus cheered us with an entertaining evening of Broadway musical favorites.

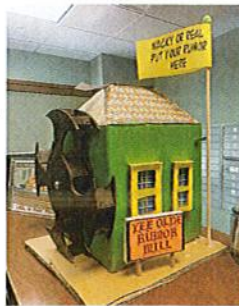


Rumor has it

At a recent management Q&A session CEO Michelle Gramoglia did a deep dive into what has led to the current developing plans for renovation of this building and expansion on nearby property. She made a concerted effort to dispel rumors about the renovation/expansion and said she ought have someone in the Wood Shop build a 'rumor mill.'

Paul Fargis and Martin Lavanhar took her up on it and left the surprise result on her desk! The roof is made from a photograph of the carpet, the divisions of the windows into panes are done with tooth picks. The water wheel of the mill turns. A latch on the door works.

Michelle read the "rumors" she found inside the Mill at the Council meeting and now the Rumor Mill sits in the Mail Room, where residents are welcome to add their "rumors" into the wheel to be addressed at future Management meetings.



Story by Betsy Tuel; photo by Sue Cusack



Our Annual Memorial Day observance was led by the Interfaith Committee and resident veterans and musicians.



The Dulcimer Players gave two terrific Spring Concert programs to audiences in the Health Center and in the PAC.

Woodland Pond



Michele Caccavano noticed these anonymous 'message rocks' placed under a tree by the Community Garden, which sparked for her a reminder of a quote by Fredrich Nietzsche: "There will always be rocks in the road ahead of us. They will be stumbling blocks or stepping stones; it depends on how you use them."

Woodland Life Travels to ... England

Wayne Lavender took along a copy of *Woodland Life* on his recent trip to England, sharing this photo taken at London's Tower Bridge.



If you are planning a trip to an interesting location (out of the immediate local area), pack a copy of *Woodland Life* in your suitcase, send a photo of yourself with the newsletter, and it may be shared in a future issue. Let's see to where next in the world our newsletter travels!



Repainting our long hallways is a very tall order, as WP painter Bill Schiller's shadow proves!

[Photo by Susan Smith]

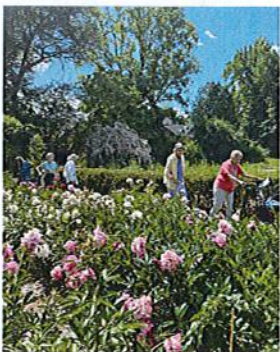


Michele Caccavano shared this lovely photo taken at the Innisfree Gardens during a recent field trip with the iPhone Camera Club.



Susie Deane Miller accompanies on guitar for the WP Folk Singing interest group's May session in the Courtyard.

[Photo by Ronnie Sue Jaffe]



At left: Residents enjoyed a beautiful spring day field trip to Locust Grove, the Samuel Morse estate, and admired the beautiful gardens on the grounds.

[Photo by Pat Houk]



An Evening of Musical Potpourri

I went to a concert last night, right here at Woodland Pond, but it truly was a concert. The French Horn, played by John Ortner, I had never thought of as a solo instrument, but he gave it rich depth. Then a piano piece for four hands, by Jean Aldwell and Bobbie Renfroe - I could not tell which hand belonged to either of them! Then, Jean did magic on the piano, her fingers moving too fast for my eyes to follow!


And to top it off, a clarinet solo by Sue Ellen Brooke, a touch of Klezmer music to end the concert! Who needs Carnegie Hall !!

Frieda Feldman



These local musicians (among our favorite WP visiting performers!) combined their exceptional talents to wow the audience with an exquisite BachFest concert to end the month of May.

Applauds Program Salutes Employee Service

The following employees received commendations from residents last month for their exceptional service: 

Tyler Vermilyea	Shannon Scaturro	Ashley Merlo
Johnny Farris	John Schmidt	Dakota Wolfe
Solange Brevil	Housekeeping Dept.	Jarrod Kutz
Marquis Johnson	Alexis Worden	Delon James
Monique Lawrence	Jolany Alcatara	Athena Pino
Kylie Mattsen	Emily Alexander	Chris Shea
Mary Jo Murray	Alyssa DeLessio	Faith Lewis
Hespiania Alexander	Marissa O'Brien	Sophia Schor
Connie Rzeszewicz	Patty Mitchetti	Mark Baker
Karina Hernandez	Krystal Banega	Julie Burns
Griffin Santos	Kathie Rennie	Lisa Cea
Rebecca Barahona	Justin Evans	Bailey Ginn
Stephen Henry	Stephen Owens	Eric Jones
Nicole Klein	Ruth Fialcow	Orres James
Arlene Wilson	Luwayna Williams	Phil Palazzo
David Sundeborg	Juniper Grillo	Jason Irish
Tonya Reidinger	Gretchen Daum	Athena Pino
Aurora Mendez	Stephanie Rzeszewicz	
Anissa O'Dell		

Applauds forms are available at the Concierge Desk. They are given to the Human Resources Department. If your nomination is received after the deadline, it will be included in the following month's issue.

Monthly Birthday Party is Tuesday, June 11



We will recognize our April birthday celebrants on **Tuesday, June 11 at 2 p.m.** in the Classroom. Celebrants will receive an invitation to attend.

Celebrating this month are:

Cathy T. Kelly - June 1	Alice Cross - June 13
Jean Suttmeier - June 1	Joan Mandle - June 16
Judy Taft - June 1	Martin Lavanhar - June 18
Trina Greene - June 2	June Martin - June 18
Vivian Swetow - June 2	Mildred Meyer - June 18
Ray Smith - June 4	Harold Hyatt - June 21
Irvan Boucher - June 6	Don Coon - June 23
Molly Jones - June 7	Bill Stevens - June 23
Newt Ruffing - June 7	Jan Kissinger - June 24
Linda Gizzarelli - June 8	Libby Ross - June 24
Barbara Mittenberg - June 8	Anita Kantor - June 25
June Finer - June 9	Barbara Stemke - June 25
Caroline Lavanhar - June 10	Mosey Carpenter - June 28
Helen Foehrenbach - June 12	Sherry Chachkin - June 29



Welcome New Residents!



The Welcome Committee's New Resident Social and Orientation is **Friday, June 28 at 2 p.m.** in the Classroom. New residents receive an invitation to attend.

From the ROVE Committee

What do guitar music, baking cookies, balloon volleyball and flower arranging have in common? All are activities enjoyed by Garden View residents under the direction of Sarah Motherway.



Sarah started at Woodland Pond as an intern during the spring and fall of 2023 and in December started as a paid employee. She is now the Activities Leader in Garden View and also works in direct support. In addition to her own creativity, she gets activity ideas from resources on line.

Sarah earned her Bachelor's degree in Sociology with a concentration in Human Services and a minor in services for the deaf. She wrote her thesis on "Community Development of Alternative (not pharmaceutical) Therapeutic Intervention to Memory Care." She wants to continue her studies in dementia-related social work and hospice care.

When not at work Sarah likes to rock climb, hike and cook, especially Italian food – she makes her own pasta. She is fifth of six girls, five of whom have gone into human services. She grew up on Long Island in a close-knit family with a large extended family. She said, "Family and community are everything." She was especially close to her grandmother, who taught her much (including cooking) and was very influential in Sarah's decision to go into dementia therapy and hospice care.

Sarah is one of the Woodland Pond employees who benefits from your donation to ROVE (Reward Our Valued Employees).

Suzanne Orchowski, ROVE Committee Chair

Photo by Michele Caccavano



ArtScope New Exhibit



The next ArtScope exhibit and opening reception will be on **Monday, June 3 at 7 p.m.** in the PAC. The exhibit will feature the paintings of Robert Burbank, whose style of painting has been influenced by Monet and Cezanne. His paintings are primarily scenes of nature. Please join us as Robert discusses how his award-winning nature photography played a role in his painting career.

Michele Caccavano, Chair of ArtScope

Creativity flourishes at Woodland Pond



Interfaith Committee News

The Tree of Faith presentation about Quakers on May 23 gave us some interesting insights about those who were brought up in the faith and those who are still active. Taylor Eskew and Joan Hollister presented their experiences. It was very enlightening to all who attended.



The next meeting of the Interfaith Committee will be **Monday, June 24 at 10:30 a.m.** in the Game Room. If you are interested in the mission of this committee, "To foster an atmosphere of tolerance for spiritual understandings", whatever your faith may be, we invite you to join us and become a member.

Bible Study with Tyler Jones continues to be a success. The group meets in the Art Studio the **second and fourth Thursday's at 1 pm.** Attendance is good but there is always room for more.

Upcoming religious holidays in June: 7th - Feast of the Sacred Heart; 12-13, Shavuot (Jewish); 13th Ascension Day; St. Peter and St. Paul Day; 14-19, The Hajj (Muslim); 17-20 Eid-al-Adha (Islam).

Billie Stevens, Secretary

Special Poetry Reading

The Poetry Group invites the Woodland Pond community to attend a special open reading on **Tuesday, June 18 at 7 p.m.** in the PAC, featuring two Woodland Pond poets: Frieda Feldman and Kappa Waugh.

The two poets will read from their own work and that of the late Robert Waugh.

The Poetry Group meets the last Friday of each month at 2 p.m. in the Conference Room and welcomes newcomers!

June Tea Talk



The Women's Tea group invites all residents (men as well as women) to attend the monthly Tea Talk on **Monday, June 10 at 2 p.m.** in the PAC. Resident Anita Collins (who was a research scientist for the US Dept. of Agriculture for 30 years) will share the story of the Africanized bee, aka the Killer bee and her work with several others to study it.

Marilyn Mallue



Upcoming Shalom Space Programs



Fridays at 4 p.m. in the Classroom
[Shalom Space welcomes all residents to join us]

June 7 - *Growing up in the Borscht Belt Era* - Iris Pomerantz

June 14 - *Missing husbands* - Sylvia Chasan

June 21 - *Women in the Bible* - Pastor Lyn Mehl

June 28 - *My Trip to Jewish Norway* - Rabbi Miriam Heyman (guest)

Second Saturday with Pastor Lyn

On June 8th, we'll meet in the Great Room to be lifted in our living by Scripture, shared reflection, and Communion. TOPIC: *The church after Pentecost: Is it dying?* Y'all think about it. After a month of recuperation Pastor Lyn has been thinking and wanting to say she's not "dying" and has some challenging thoughts to share. **IL and Health Center residents are all welcome We are back to a 10 a.m. starting time.** Come and then get out to enjoy God's creative artwork in nature.

Pastor Lyn Mehl

Meditation Group

The *Mindfulness of Life ~ The Way of Meditation* group led by Barbara Bash meets the **3rd Tuesday** each month at **11 a.m.** in Art Studio (**June 18**). Newcomers are always welcome to attend.

Dear New Neighbors,

One of the many interest groups at Woodland Pond is Memoir. Now that your shelves are arranged to your liking and the boxes broken down and consigned to the trash room, maybe its time to sit back and think of your life BWP (Before Woodland Pond). Memoir can take the form of stories from your youth, writing about your family, your travels, significant moments in your life. You may write for your grandchildren, yourself or possible publication. The Memoir group is confidential and meets on the **2nd and 4th Monday of the month from 3-4 p.m.** in the Conference Room. The next meeting is **June 10**. Come check us out.



Spencer Smith, for the Memoir Group

Philosophy Circle Topic for **Wednesday, June 12, 11:00 – 12:00** in the Classroom: *Ethics*. Assuming one could do this, is it ethical to grow fully formed humans, with all organs except consciousness, for the purpose of harvesting the organs? What about harvesting organs from a human with consciousness who has only an hour to live? A minute to live?

From the Library ~ Book Review



The month of June is named after Juno, the Goddess of Love, roses and romance. In recognition of Pride Month, the Library is featuring *Found at Last*, a romantic novel by Joe Cosentino.

Two young teenagers meet one summer and fall in love. Separated by family disapproval, the memory of lost love remains as they deal with homophobia, prejudice, and military discrimination.

Well written with compassion, sensitivity and humor, Cosentino displays keen descriptions of characters, décor and the Hudson Valley. Years later, an elderly request for aid in finding his lost love is responded and rewarded as the searchers find their own loves as well. The novel is a testament to the enduring power of love.

Joe Cosentino, a prolific and talented writer, is a Woodland Pond resident. His many books can be found in the Resident Authors Section of the Library.

Anita Kantor

First Sunday Picture Book Nook



The Picture Book Nook will take place on **Sunday, June 2 at 1 p.m.** in the Library. In support of Pride Month, Marilyn Mallue will bring picture books that support LGBTQ+ families and children as well as contemporary changes in acceptable gender roles.

Marilyn Mallue

Book Club

Presently we are reading *The Story of Charlie* by David Von Drehle. The following month we will be reading *The Signature of all Things* by Elizabeth Gilbert, one of my favorite books. Please join us for our next meeting on **Tuesday, June 4 at 7 p.m.** in the Classroom.

Michele Caccavano

PAC Movies



Thursday @ the Movies: **Thursdays at 7 p.m.**

Classic Movie: **Friday, June 7 at 7 p.m.** - *Funny Face*, starring Audrey Hepburn, Fred Astaire and Kay Thompson. (1957)

Opera Night: This month's features: *Così fan tutte* on **Friday, June 14 at 7:15 p.m.** and *Don Pasquale* on **Friday, June 28 at 7:15 p.m.**

Additional Special Musical Events

Wednesday, June 12 at 5 p.m. - Piano, guitar and recording students of Debbie Gulino perform classical and pop repertoire. Students' ages range from 6 years to 35 years old. Refreshments following. Please come and encourage them; they've worked hard to prepare for the recital. [PAC]

Friday, June 14 at 3 p.m. - Violinist Elfin Vogel and pianist Hollis Kellogg will perform a concert of music by Mozart, Beethoven, and Dvorak. Hollis and Elfin have been performing together for over 10 years. Their repertoire includes Bach, Mozart, Beethoven, Schubert, Grieg, Dvorak, Debussy, and composers such as William Bolcom and Astor Piazzola. [PAC]

Friday, June 21 at 3 p.m. - Music in the Courtyard with the Starlight Trio. [Courtyard] (If inclement weather, they will be in the PAC).

English Country Dance Class Begins!

English Country Dancing will be taught **every Wednesday in June and on July 3rd at 3 p.m.** in the Art Studio. (On June 26 the start time will be at **4 p.m.**) If you missed the presentation on May 29 you can watch it on our YouTube channel, just to whet your appetite and give you an idea of what is involved. Come join us!



June Finer



"Hidden Treasures of the Catskills" will be the subject of a talk by Tony Russo on **Tuesday, June 4 at 2 p.m.** in the PAC.



The Benefit Fund is pleased to sponsor this event with Tony Russo, journalist, author, and local historian. Newcomers and long-time residents will learn about the Catskills' history as a popular destination for travelers and sports enthusiasts since the early 19th century. Join us on June 4; be sure to sign up at the Concierge.

Anne Gordon, Woodland Pond Benefit Fund Chair

Arts And Craft Fair Planning Meeting

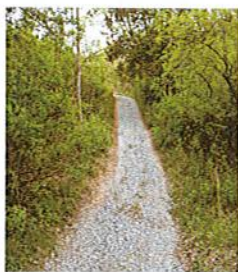
There will be a meeting for an Arts & Crafts Fair planned for December on **Thursday, June 13 at 11:15 a.m.** in the Art Studio. Come join us to help!

Land Conservation Committee's
Spring Campus Guided Walk (*Tentative)
"Come Discover Our Beautiful Backyard!"

Saturday, June 8 at 2 p.m.
(rain date Sunday, June 9 at 2 p.m.)

Offering 3 Options for your Convenience:

1) The bus will leave from the Lobby at 2 p.m. and drive people down the gravel road to the retention pond, from where it is a short, but uneven walk to the platform.



2) A leader will meet people at the head of the gravel road, by cottage #8, at 2 p.m. and guide them down the gravel road and on to the platform, which will be a longer walk.

3) A leader will meet people in the Lobby at 2 p.m. and accompany them around the building and down the gravel road and onward to the platform, which will be a somewhat longer walk than option #2.

* Watch for updates, as this hike will be contingent upon planned work on the trails around this time.

New Invited Speaker Program

The Invited Speaker Program will kick off with a special presentation on Mexican cinema. Our first guest in the new program is Dr. Mihai Grunfeld, Professor Emeritus of Latin American Literature and Cinema at Vassar College. On **Saturday, June 29, 1-4:30 p.m.** in the PAC he will present "Like Water for Chocolate: Mexican Cinema." The subtitled film is a Mexican romantic drama in the magical realism style. After the screening Dr. Grunfeld will lead a discussion about it. Refreshments will be served.

The goal of the new program is to present stimulating speakers from a wide variety of academic disciplines every other month. If you know someone local – SUNY New Paltz, Vassar, Bard, Marist - who has expertise in any academic field and is likely a good teacher, please contact Jo Sanders at jo@josanders.com.

Jo Sanders

Mark Your Calendar!

Residents' Association Quarterly Meeting
Wednesday, June 26 at 3 p.m.
in the PAC



Theatre Night at Woodland Pond with Joe & Fred

Theatre professionals and residents Joe Cosentino and Fred Wolinsky will present their third Theatre Night on **Tuesday, June 11 at 7:15 p.m.**



in the PAC, this time performing a live re-creation of two Sherlock Holmes golden age of radio broadcasts, including music and sound effects: "Sherlock Holmes and the Adventure of Silver Blaze" and "Sherlock Holmes and the Giant Rat of Sumatra."

Prior to becoming a theatre professor at Dutchess Community College and novelist, Joe Cosentino appeared in principal acting roles in film, television, and theatre, opposite stars like Bruce Willis, Rosie O'Donnell, Nathan Lane, Holland Taylor, Charles Keating, and Jason Robards.

Fred Wolinsky was a professional actor, magician, puppeteer, director, choreographer, and booking agent in NYC, regionally, and many local theaters. He is also the narrator of over 100 audiobooks available on Audible.com.

This is a very popular event, so sign up at the Concierge now to reserve your seat!

Pond Pets

By Lucy Muller and Anita Collins

I asked Anita Collins to tell me about her two lovely cats.

"I am so happy I could bring my two cats when I moved to Woodland Pond," she said. "They are both rescues. The elegant, black lady is Sable Midnight. When I went to the shelter, she came to the front of the cage and began parading in front of me. I just had to give her a home."



"The younger, grey tabby is Pipsqueak. Instead of meowing, she squeaks," Anita explained. "She is the cuddler at night, but she is under the bed in the day, because she is shy."



Sable loves to be brushed. They get along well and of course, are indoor only."

Anita has invited us to meet them, but Pip will probably hide.

If you'd like to share your pet's story in a future issue contact Lucy Muller!



100 Woodland Pond
Circle
New Paltz, NY 12561
(845) 256-5600

Publication Designer
Gretchen Daum

Proof Reader
Lisa Cea
Sarah Leonard

Photography
Michele Caccavano
Sue Cusack
Gretchen Daum
Joy Dryer
Pat Houk
Ronnie Sue Jaffe
Wayne Lavender
Lucy Muller
Larry Randall
Dave Smith
Susan Smith
Pril Smiley

Contributing Writers
Dick Barry
Michele Caccavano
Joe Cosentino
Sue Cusack
Gretchen Daum
Joy Dryer
Frieda Feldman
June Finer
Ashley France
Anne Gordon
Dorothy Jessup
Anita Kantor
Sarah Leonard
Marilyn Mallue
Pastor Lyn Mehl
Lucy Muller
Suzanne Orchowski
Ina Pottorff
Larry Randall
Matt Romer
Evelyn Rosenthal
Jo Sanders
Shannon Scatturo
Dave Smith
Spencer Smith
Billie Stevens
Betsy Tuel
Fred Wolinsky

Assemblers/Distributors
Eileen Francesconi
Bernice Hummel

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They can read it online at
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Pril Smiley captured this terrific shot of a hungry hummingbird coming in for a landing on her feeder.



Larry Randall took this scene of the lawn near the entrance covered with cherry blossom petals.



Joy Dryer shared this view of sunlight dancing amidst tulips by our main entrance.

June Highlights at a Glance

- Monday, June 3 at 3 p.m.** - Pondaliers' Spring Concert [Health Center Great Rm]
- Monday, June 3 at 7 p.m.** - ArtScope Opening Reception [PAC]
- Tuesday, June 4 at 2 p.m.** - *Hidden Treasures of The Catskills* lecture - [PAC]
- Wednesday, June 5 at 7 p.m.** - Pondaliers' Spring Concert [PAC]
- Thursday, June 6 from 12-2pm** - Kickoff to Summer BBQ [IL Courtyard]
- Thursday, June 6 at 2 p.m.** - *Council Connections*: guest is Pres/CEO Michelle Gramoglia [PAC]
- Friday, June 7 at 3 p.m.** - Pondaliers' Spring Concert [PAC]
- Saturday, June 8 at 2 p.m.** - Campus Spring Walk [Lobby] (rain date June 9)
- Monday, June 10 at 4 p.m.** - Meet the Democratic Primary candidates [PAC]
- Tuesday, June 11 at 7:15 p.m.** - Theatre Night with Joe & Fred [PAC]
- Wednesday, June 12 at 5 p.m.** - Music students recital [PAC]
- Friday, June 14 at 3 p.m.** - Violin/Piano recital [PAC]
- Saturday, June 15 from 10-2pm** - BHG Classic Clean Car Wash Fundraiser [parking lot by the pool]
- Monday, June 17 at 11:15 a.m.** - Brain Health Group Program: "Healthy Living for Brain and Body" [PAC]
- Tuesday, June 18 at 7 p.m.** - Poetry Reading [PAC]
- Thursday, June 20 at 2 p.m.** - *Council Connections*: guests Ina Pottorff and Billie Stevens, for Interfaith Committee [PAC]
- Friday, June 21 at 1:30 p.m.** - Pride Month program [PAC]
- Friday, June 21 at 3 p.m.** - Simple Melodies with The Starlight Trio [PAC]
- Monday, June 24 at 3 p.m.** - MH & Wellness Program: Transitions III - [PAC]
- Monday, June 24 at 7:15 p.m.** - Pride Month Program [PAC]
- Wednesday, June 26 at 3 p.m.** - Residents' Assoc. Quarterly Meeting [PAC]
- Friday, June 28 from 10-3pm** - Red Cross Blood Drive [PAC]

