



■ Pages 6-7
Scenes Around
Our Campus

In This Issue

■ Pg. 11
Meet New
Neighbors



WoodlandLife

Vol. 16, No.7

July 2024



Summer Olympics Coming to Woodland Pond!



In observance of the Games of the XXXIII Olympiad taking place in Paris, France from **July 26-August 11**, we are preparing to bring the Games to our own backyard! In addition to opportunities to watch television coverage of the events happening in Paris, we are planning a number of fun Olympic events and special activities for residents and staff to enjoy together as participants and/or observers. During the two-week interval the official Olympic events are taking place, we'll offer competitive events in our various 'Olympic venues' throughout the campus and celebrate French culture through crafts, travelogues, culinary experiences, and more! Simply put, we hope to make the Woodland Pond Olympic experience *tres bien* for you!

Here's a preview of some of the Olympic events in store at Woodland Pond ...

Monday, July 29, beginning at 10:30 a.m. - It's the official kickoff of our WP Olympics celebration with a Torch Relay/Parade starting in the Health Center and winding its way through Independent Living past the Library, Pub and Dining Room to the Lobby, circling around and finishing up in the Courtyard. You are invited to be part of the Torch Relay and Parade, or cheer on the sidelines as the torch passes by!



On **Tuesday, July 30** we will be offering an Olympic-themed dinner with French cuisine to tempt your palates.

During the first two weeks of August we'll hold competitive events throughout the campus for residents and staff to enjoy as competitors or cheerleaders, including a seed-spitting contest, a ping pong tournament, and a dining servers race. Watch for more details closer to the start of the Games!

An Evening of Jazz in the Courtyard

We welcome back the *Jazz Pioneers Big Band* for an outdoor evening concert in our Courtyard on **Monday, July 1 at 7 p.m.** A traditional 19-piece jazz big band, the Pioneers' repertoire includes classics from the 1930's to popular contemporary tunes. They enjoy entertaining audiences throughout the Hudson Valley and look forward to playing for an enthusiastic Woodland Pond audience.



Celebrate *Independence Day!*



Join in celebration of Independence Day at a BBQ on **Thursday, July 4th** in the Dining Room and Courtyard! Enjoy an all-you-can eat BBQ that will feature many BBQ favorites. \$16.00 per person will include all food and soft drinks. Beer and wine available for purchase.

Reservations will be accepted for indoor and outdoor seating, weather permitting, at **4:45 p.m., 5:30 p.m., and 6:15 p.m.** See you there!



Council Corner



There is just one Residents' Council meeting scheduled this month on **Thursday, July 18 at 10 a.m.** in the Classroom and on Zoom, and open to all residents. The first 15 minutes (EARS) are devoted to your input. If time permits there will be a second EARS at the end of the meeting. Agendas are posted in the Mail Room and Library on the Mondays preceding each meeting. You may be in touch with your Council by putting **signed**, written comments in the Council Cubby in the Mail Room, at the bottom right of the bank of cubbies by the window, or you may also send an e-mail to evelynr17@earthlink.net.

Our *Council Connections* session this month will be in the PAC on **Thursday, July 18 at 2 p.m.** with guest Tarell Fairley, Manager of IT & Cybersecurity Compliance. He will be interviewed by Tom Gilder.

Evelyn Rosenthal, Corresponding Secretary

The Nominating Committee is seeking candidates for the 2025 Residents Council. This is an excellent opportunity to participate in the affairs of our community, Interested? Obtain an application form at Concierge or Reception. Apply before 1 August.

Starting **Wednesday, June 19th** work will commence on the



Walking Trail Improvement Project.

The work should take 3-4 weeks, during which time the trail will be closed.

The entire walking trail will be improved and brought into compliance with US Forest Service Accessibility standard.

Thank you for your cooperation and patience!



From Dining Services



There will be two IL Dinner BBQs this month, on **Thursday, July 4th** (our Independence Day celebration) and on **Thursday, July 18**. We'll have two more in August (8th and 22nd) and on Sept. 5.

Our *Get to Know Your Neighbor* dinners this month will be **Friday, July 12 and Tuesday, July 23**.



And don't forget **Tuesday, July 30** is our Summer Olympics-Themed Dinner (French)!

Ashley France, Dining Services Coordinator

From Woodland Pond's Board of Directors

As this newsletter goes to press, your Board will have held its Annual Meeting and Retreat on June 26. At our meeting, we elected a new slate of officers for the coming year and reviewed minor adjustments to our by-laws. Our retreat, which occupied the bulk of the day, focused on both our refurbishment and expansion projects since there are myriad details to consider and decide as we cautiously and prudently move forward.



Dick Barry Secretary

WP Benefit Fund Update



Like every other residents' committee, the WP Benefit Fund Committee meetings are open to all. Attending our meeting is a good way to learn about our work. We are proud of our success in raising funds for the various projects we support, for instance, the WP Employees' Scholarship Fund. The recent talk by Tony Musso on local history is another way we spend our funds. You will be happy to know that Tony will be here again in the fall.

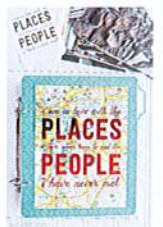
Thanks for your generosity.

Anne Gordon, Chair of the WP Benefit Fund Committee

Scrapbooking Project This Month

Renowned documentarian and Guggenheim fellow Brenda Ann Kenneally will be coming to Woodland Pond for nine days in July on a grant-funded project to work with 20 residents to create scrapbooks of your life-stories.

Mirroring projects she has done in her artistic past to capture personal histories using photos, memorabilia, and ephemera, she is excited to come here and work with you and then put together an exhibit of the works. To be able to participate you must have photos or other visual pieces to provide that can be photographed/digitized by the staff to go into your scrapbook, as this is a visual arts project combined with some written word. All will be guided. How awesome!



The dates are **Tuesdays-Thursdays, July 9, 10, 11; July 16, 17, 18; and July 23, 24, 25 from 10 a.m. to 11:45 a.m.** in the Game Room, and you must be able to attend all nine sessions.

If you are interested in participating, please sign up at Concierge desk.

Lindsey Marquis, Executive Assistant to the CEO



Interest Groups



Beginner's Mah Jongg: **Wednesdays at 1 p.m.** [AS]
Beginner's Mah Jongg: **Saturdays at 9:30 a.m.** [GR]
Book Club: **1st Tuesday at 7 p.m.** [Classroom]
Bingo: **on hiatus until September**
Brainteasers: **Wednesdays at 10 a.m.** [AS]
Canasta: **Wednesdays & Saturdays at 1 p.m.** [GR]
Chess: **Thursdays at 7 p.m.** [GR]
Current Events Group: **Wednesdays at 4 p.m.** [Cl]s
Dulcimer Players: **Mondays at 1 p.m./Thursdays at 3:30 p.m.** [PAC]
Duplicate Bridge: **2nd & 3rd Wednesdays, 1 p.m.** [4th Central Lounge]
Handbell Ringers: **Tuesdays at 1 p.m.** [AS] (No session on July 2)
Hearts Players: **Mondays at 1 p.m./Saturdays at 12:30 p.m.** [GR]
iPhone Camera Club: **3rd Tuesday at 7 p.m.** [Cl]s
LGBTQIA+ & Allies: **4th Tuesday at 2 p.m.** [AS]
Loss in Literature: **Tuesday, July 2 at 4 p.m.** [CR]
Mah Jongg: **Mondays and Fridays at 1 p.m.** [AS]
Memoir Class: **On hiatus this month**
Men's Coffee: **Saturdays at 9:30 a.m.** [PAC]
Movement/Music & You: **Tuesdays at 11 a.m.** [PAC]
Opera/Ballet Night: **2nd & 4th Fri., 7:15 p.m.** [PAC]
Pet Ponders: **4th Wednesday at 7p.m.** [Cl]s
Philosophy Circle: **2nd Wednesday at 11 a.m.** [Cl]s
Pinochle: **Fridays at 1 p.m.** [GR]
Playreaders Group I: **Thursdays at 2:30 p.m.** [AS]
Playreaders Group II: **Thursdays at 4:15 p.m.** [AS]
Poetry Group: **Friday, July 26 at 2 p.m.** [CR]
Pondaliers: **On hiatus until September**
Rummi-Kub: **Daily at 7 p.m., Sundays, 2 p.m.** [GR]
Scrabble: **Fridays at 10:30 a.m.** [GR]
Shalom Space: **Fridays at 4 p.m.** [new location: PAC]
Short Story Group I: **1st & 3rd Tues., 3:30 p.m.** [Cl]s
Short Story Grp II: **2nd & 4th Tues., 3:30 p.m.** [Cl]s
Social Bridge: **Tues. & Thurs. at 12:30 p.m.** [GR]

Groups continue next column

Interest Groups continued:

Spanish Chat: **Wednesdays at 11:15 a.m.** [AS]
Square Dance: **on hiatus until September**
Table Games: **Mondays at 7 p.m.** [Cl]s and **Saturdays at 2 p.m.** [AS]
Watercolor Class: **Mondays, July 8 and 29, 10 a.m.** [AS]
Women's Tea: **Mondays at 2 p.m.** [Cl]s (Tea Talk on **July 8 at 2 p.m.** in the PAC)
Yarn Mavens: **1st & 3rd Tuesdays, 3 p.m.** [AS]

Committee Meetings for July

Library Committee - **Monday, July 1 at 12 p.m.** [Cl]s
 Contact: Virginia Cannon, Chair
Finance Review - **Monday, July 1 at 1 p.m.** [AS]
 Contact: Dave DeWilde, Chair
Dining - **Tuesday, July 2 at 10 a.m.** [Classroom]
 Contact: Joan Kleinegris, Chair
Physical Plant - **Wednesday, July 3 at 10 a.m.** [GR] and **Thursday, July 18 at 1 p.m.** [AS]
 Contact: Fred Wolinsky, Chair
Décor/Design - **No Meeting This Month**
 Contact: John Ortner, Chair
R.O.V.E. - **No Meeting This Month**
 Contact: Suzanne Orchowski, Chair
Welcome - **Tuesday, July 9 at 11 a.m.** [Art Studio]
 Contact: Alice Cross, Chair
Landscape - **Wednesday, July 10 at 2 p.m.** [CR]
 Contact: Deborah Moore, Chair
Mental Health & Wellness - **Friday, July 12, 10 a.m.** [AS]
WP Benefit Fund - **Wednesday, July 17, 10 a.m.** [CR]
 Contact: Anne Gordon, Chair
Land Conservation - **Friday, July 19 at 3 p.m.** [CR]
 Contact: Larry Randall, Chair
Interfaith - **Monday, July 22 at 10:30 a.m.** [GR]
 Contact: Ina Pottorff, Chair or Billie Stevens, Secretary
Health Center - **Tuesday, July 23 at 1 p.m.** [Cl]s
 Contact: Margaret Nijhuis, Chair
Sustainability - **Wednesday, July 24 at 2 p.m.** [Cl]s
 Contact: Joy Dryer, for the Steering Committee
Arts & Crafts Fair Comm. - **Thursday, July 25, 11 a.m.**
 Contact: Kitty Mitchell, Co-Chair



Sustainability Committee News

When my wife and I decided to move to WP we realized that most of our stuff would not fit in our new place. We wanted to downsize in a constructive way by donating to those in need instead of feeding the landfills. We were under great time pressure but lucky to have our determined and conscientious daughters help us do it.

This experience, and Woodland Pond’s commitment to sustainability, guides the committee’s “Reuse” team in helping our neighbors when faced with the challenge to reduce but not to waste. Sometimes we realize that we have things we don’t really use or need. This happens when moving to smaller quarters in the Health Center, to assisted living to a smaller apartment, or when a resident passes and their residence needs to be vacated. Our goal is to help with the challenge to reduce, but not waste, in a friendly and productive way.

We do this by finding parties in need according to what is being offered, facilitating the process and often executing the “give” when necessary. Most often we collaborate and coordinate with management and with the ‘Employee Free Store.’



We have helped find users for furniture, houseware, clothing and bedding, food, kitchenware, tools and materials, coat hangers and knick-knacks.

Many residents and families we’ve helped have expressed their satisfaction about saving good items with plenty of useful life from contributing to the waste stream, while benefiting people in need in the process.

To learn more, or to talk about reuse, contact our team at: tuveleie@gmail.com.

Yakov Pipman - for the Sustainability Committee

Next Woodland Hikers Outing



On **Wednesday, July 3 at 1 p.m.** we will meet in the Lobby and then walk the trails of our “backyard” the Millbrook Preserve. (Note our earlier departure time for this month). Bring your pole(s), water, etc. and wear sturdy shoes/boots. Please sign up at Concierge.

June Finer

Bus Trips for July



Wednesday, July 3 at 1 p.m. – Woodland Hikers on-campus walk. Depart from Lobby.

Friday, July 5 – Kingston shopping trip to L.L.Bean, Mother Earth, Marshall’s, Home Goods, Barnes and Noble and more. Depart at 11 a.m.

Sunday, July 7 at 4 p.m. – Maverick Chamber Music Festival in Woodstock presents the Escher String Quartet, performing music by Haydn, Janacek and Beethoven. Depart at 2:45 p.m.

Tuesday, July 9 – Visit Wave Hill Gardens in Bronx, NY. Features gardens and magnificent views on gravel and stone paths along the Hudson River. (Not recommended for those with mobility devices). You may bring a bag lunch or dine at the Café on the premises. Depart at 9:15 a.m.

Friday, July 12 – Lunch at Creekside Bar and Bistro Restaurant in Rosendale. American fare in an indoor or outdoor setting. Depart at 11:30 a.m.

Wednesday, July 17 – Lunch at the Gunk Haus in Clintondale. Enjoy German fare on the scenic outdoor patio. Depart at 11:30 a.m.

Friday, July 19 – Bus Ride to Minnewaska State Park Visitors Center. Enjoy scenic views and short walks. (Not a hiking trip). Stop at the Wallkill View Farms on the return trip. Depart at 1 p.m.

Sunday, July 21 at 3 p.m. – The Center for Performing Arts in Rhinebeck presents *Guys and Dolls*, considered the “Greatest of all American musicals.” Depart at 1:30 p.m.

Friday, July 26 – Lunch Adventure to tour the Maritime Museum on the Rondout Strand in Kingston, followed by lunch on your own at one of several restaurants on the Strand. Self-guided museum tour includes several current exhibits. Depart at 10:30 a.m.

Wednesday, July 31 – Ulster County Fair (Senior Day free admission.) Animals, 4H exhibits, entertainment and food. Extensive walking on uneven surfaces. Depart at 10 a.m.

Wednesday, July 31 at 6 p.m. – The West Point Band performs on the Vanderbilt Mansion grounds in an outdoor concert “From Mountains to Prairies.” Bring your own chair or blanket, and snacks. Depart at 4:30 p.m.

Wellness Notes

Car and Driving Safety



Everyone ages differently and for that reason there is not one recommended age to stop driving. To help decide when it is time to stop driving ask yourself some questions:

- ◆ Do I have trouble seeing road signs, exits and lane changes?
- ◆ Do other drivers frequently honk at me?
- ◆ Have I had some “fender benders”? Have I gotten traffic tickets?
- ◆ Do I get lost easily- even on familiar roads?
- ◆ Do I have trouble staying in my lane and get distracted?
- ◆ Have family, friends or my doctor mentioned they are concerned about me driving?
- ◆ Do I have medical conditions or medications that have changed how I feel?

Common health conditions can influence your driving skills:

Arthritis – stiff joints and muscles decrease reaction time with brakes, turning your neck and steering.

Eyesight – peripheral vision changes, glare from headlights and sun, and some medications can affect eyesight. Take vision tests regularly. Dusk or night time driving can be troublesome. Check the weather for storms and rainy events – these can be tricky and unsafe.

Hearing loss affects the ability to hear horns, sirens and to notice sounds of mechanical difficulties with your car.

Surgical procedures – strength and endurance can be affected after surgery – even if minor. Take time to recover fully.

Tips to drive safely

- ◆ Talk with your doctor about your physical health. Stay physically active to keep your strength, endurance and flexibility.
- ◆ Consider your car - newer cars have power brakes, steering and back up cameras and sensors. Walk around your car prior to driving to ensure tires are in working order and lock it when not in use. Know when your car needs inspection and insurance renewal.
- ◆ Always use your seat belts (and passengers, too). Keep medical information and emergency contacts in the glove compartment.
- ◆ Limit distractions – leave radio off or very low, don't talk on your cell phone or to other passengers – concentrate on the road.
- ◆ Take a driver's safety course. AARP or your auto insurance company may offer one.
- ◆ Plan your route – while GPS is helpful it sometimes is wrong – avoid crowded highways and dense traffic times.
- ◆ Use window defrosters and be sure all windows can be clearly seen through.

When in doubt- don't go out. You don't want to be injured or hurt others!

Mary Jo Murray, Wellness Nurse, ext. 5901

Support Group Meetings



- * *Caregiver's Support Group* – meets the first **Tuesday at 1 p.m.** in the Conference Room, (facilitated by the Alzheimer's Association)
- * *Caregiver Peer Support Group* – meets the **4th Monday at 1 p.m.** in the Health Center Conference Rm. (facilitated by Mental Health & Wellness Committee)
- * *Parkinson's Support Group* – meets the **4th Wednesday at 1 pm.** in the Classroom.
- * *Friends of Bill W* - meets the **4th Saturday at 7 p.m.** in the Art Studio

Mental Health & Wellness Program Monday, July 29 at 3 p.m. in the PAC

End of Life Conversations

The purpose of this session is to discuss ideas, experiences and feelings that many older people have. As we live together at Woodland Pond we know that we all confront issues of aging – change of environment, declining health, loss of close family and friends, understanding legal and financial questions. This is an opportunity to talk in small groups about how you have dealt with some of these issues, and a chance to learn how others have handled them.

This program will be facilitated by the Mental Health and Wellness Committee.

Fitness Message From Matt

The purpose of exercise is not to just burn calories or lose weight. It's a tool to make you stronger, healthier, and happier. Exercise offers many positive changes to your body, but more importantly it changes your mind, your attitude, and your mood. It will transform you into the best version of yourself.



Come make your wellness happen and try one of my strength training, balance, or yoga classes!

Matt Romer, Fitness Coordinator
(845) 256-5960

Please refer to Connected Living for listings of weekly activities and special events, watch for any updates or changes on *Connected Living* screens.



There is much to do in the Hudson Valley! Be sure to frequently check out the bulletin boards in the Cart Room for listings and fliers of upcoming events in the area. You may want to attend in car pools with some of your neighbors.

Life at Woo



Residents and staff thoroughly enjoyed our Kickoff to Summer BBQ on a beautiful early summer day.



English Country Dance Class Continues

English Country Dance class (ECD) continues in the Art Studio on **Wednesday July 3 at 3 p.m.** as usual, and then there will be a break for several weeks before resuming in August. We are planning a bus trip to the monthly ECD in Port Ewen on the evening of Saturday, July 6. This is something not to be missed, as there will be live music and refreshments, and best of all, the caller will be our own teacher Lindsay Morgan. Please sign up with the Concierge to ensure a seat on the bus.

June Finer



Last month's Car Wash to benefit the Alzheimer's Association proved to be an amazing day, with over 70 cars washed! Kudos to the Brain Health Group members who organized the event and washed a lot of cars!



Cathy Kelly spotted a huge snapping turtle on one of Woodland Pond's roads. Although she has rescued many turtles before, this turtle was bigger than any other. She went to the Concierge for help. They called the turtle rescue team,

Mark Baker and Tammy Burns. Within minutes the turtle was captured and on the way to a safe pond. Yay, team! *[tale and photo by Cathy Kelly]*

At right and below—scenes from Senior Living Week celebration for staff.



The ping pong table is attracting residents who have not played in many, many years. Come join the fun! [Photo by Jill Fasciana]

~~~~~



## WP Folk Singers Next Session



Take a "Singing Tour" of American cities, states and landmarks with the Folk Singing Group on **Friday, July 5 at 2 p.m.** in the Courtyard (or in the PAC, if rain). Sing along with us and Susie Deane-Miller on guitar, or just come and listen. Don't forget to bring a friend!

*Joan Mandle*

~~~~~

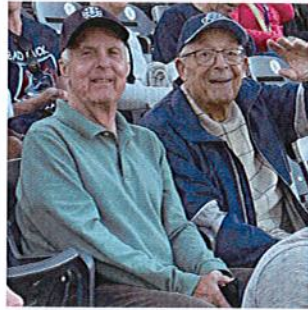


Woodland Pond

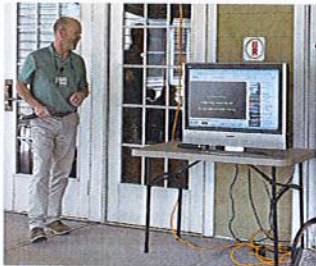


At left: Last month's bus trip to Kykuit, the Rockefeller mansion in Sleepy Hollow.

[Photo by Wayne Lavender]



At right, Peter Roberts and Bob Soraci enjoyed a recent HV Renegades game, along with a group of fellow WP baseball fans. [Photo by Artie Raphael]



Scenes from Senior Living week of events celebrating our amazing staff, who enjoyed a week of fun and food — a bake sale, sports games, BBQ lunch, a scavenger hunt, dress-alike "twin day", making WP tie-dye shirts and topping it off with an ice cream party at week's end. [Photos by Kathleen Desmery, Carrie Burns and Larry Randall]



Summer afternoon - to me those have always been the two most beautiful words in the English language."

~ Henry James

Woodland Life Travels to ... California and Germany!

At right: Jill and John Ortner traveled to Germany last month! Among their stops, they visited Burg Eltz in the Mosel Valley and had their picture taken with Woodland Life.



At left: Ina Pottorff enjoyed a vacation back to the West Coast to her former locale in California and had her picture taken with our newsletter at the Foster City, CA Lagoon.

If you are planning a trip to an interesting location (out of the immediate local area), pack a copy of Woodland Life in your suitcase, send a photo of yourself with the newsletter, and it may be shared in a future issue. Let's see to where next in the world our newsletter travels!

Pond Pets

by Lucy Muller



I thought this month I would send an update on Tux and me.

Tux came up my driveway in Cragsmoor 14 years ago as a year-old cat. He decided to stay despite the fact that he had a home. We have had many adventures in those years; bears, dogs, trips to the Jersey shore and moving to

Woodland Pond in 2020.

Tux is a lovely boy and has visited our health center many times. He especially enjoys our evening walks around campus. I would say he is Woodland Pond's Ambassador-at-Large.

Applauds Program Salutes Employee Service

The following employees received commendations from residents last month for their exceptional service:



Connor Ginn	Elijah Howell-Smith	Lisa Cea
Tarell Fairley	Mary Jo Murray	Nicole Klein
Alicia Crespo	Joshua Mejia	Jeffrey Seitz
Miriam Benitez	Lois Jeager	Jason Irish
Jean at Dedricks	Herrone Fleuriot	Matt Romer
Brett Herman	Bill Schiller	Bailey Ginn
Marissa O'Brien	Frank Loscalzo	Justin Evans
Ruth Fialkow	Ryan Kraehmer	Steven Jurado
Patty Mitchetti	Krysten Pollard	Carrie Burns
Hespania Alexander		Katherine Addams
Sumiya Myagmarjav		Huguette Pierre-Noel
Stephanie Rzeszewicz		Mark Eisenhandler
Connie Rzeszewicz		

Applauds forms are available at the Concierge Desk. They are given to the Human Resources Department. If your nomination is received after the deadline, it will be included in the following month's issue.

Monthly Birthday Party is Tuesday, July 9



We will recognize our birthday celebrants on **Tuesday, July 9 at 2 p.m.** in the Classroom. Celebrants will receive an invitation to attend.

Celebrating this month are:

Ed LaPerche - July 1	Henry Muller - July 19
Wayne Lavender - July 3	Jill Fasciana - July 20
Lea Pipman - July 5	Joyce Zonana - July 20
Taylor Thompson - July 8	Lydia Mellos - July 22
Florence Weston - July 10	Larry Randall - July 26
Sharon Raphael - July 16	JoAnne Withington - July 26
Elaine Heffernan - July 18	Michael Powers - July 28
Fred Wolinsky - July 18	Carol Natoli - July 31
Spencer Smith - July 18	Ina Pottorff - July 31

Welcome New Residents!

Arthur Gellert ~ Apt. 304
Perry Gunther ~ Apt. 341
Bernard and Ane Talbot ~ Apt. 442

The Welcome Committee's New Resident Social and Orientation is **Friday, July 26 at 2 p.m.** in the Classroom. New residents receive an invitation to attend.

Music in the Courtyard!

On **Friday, July 26 at 3 p.m.** the *Starlight Trio* (Susan Griss, Larry Bush and Len Kobrinsky) will be in the Courtyard. If inclement weather, they'll be in the PAC.



From The Reward Our Valued Employees (ROVE) Committee



We're all familiar with the phrase "Jack of all trades, master of none". Tyler Vermilyea is a real "Jack of all Trades" and truly a master of many.

Tyler started working at Woodland Pond four years ago as a waiter in IL and dining assistant in the HC. Next, he worked for Jason as Concierge, then during COVID, he became a temperature screener, card dealer and figures he got in 20,000 steps a day delivering meals, packages and mail. He then worked mostly outside maintaining the gardens, trails and ponds but currently works mostly in indoor maintenance.

By taking an online course, Tyler became certified by FEMA and was involved in the safety plans, mostly in communications, for the campus-wide emergency drill held last year. He is also a certified locksmith, mostly making locks and keys, but once picked the lock on a safe in the kitchen. He was also involved in the installation of our camera surveillance system.

Tyler enjoys the residents, saying he learns a lot about life from them. He plans to work here for the foreseeable future.

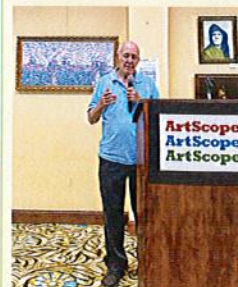
When not at work, Tyler will most likely be on a golf course, a love he got from his father. He qualified for the Ulster County Amateur Tournament held June 21-23 and hopes to set up a program to teach kids to play golf.

Tyler is one of the Woodland Pond employees who benefits from your donation to Reward Our Valued Employees (ROVE).

Suzanne Orchowski, ROVE Committee Chair

Photo by Michele Caccavano

ArtScope New Exhibit



The ArtScope exhibit of paintings by Bob Burbank continues in the PAC. If you were unable to attend the opening reception in June please be sure to view the exhibit in the PAC.

[Photo by Michele Caccavano, Chair of ArtScope]

Creativity flourishes at Woodland Pond



Interfaith Committee News

The next meeting of the Interfaith Committee will be **Monday, July 22 at 10:30 a.m.** in the Game Room. If you are interested in the mission of this committee, "To foster an atmosphere of tolerance for spiritual understandings, whatever your faith may be," we invite you to join us and become a member.

On **Monday, July 15 at 2 p.m.** in the PAC we are sponsoring a Tree of Faith program, a "Bibliodrama" presented by Peter Pietzele of New Paltz. This dramatic way to interpret Bible stories "combines a close reading of biblical texts with searching, imaginative questions and offers people of all ages and levels of knowledge an opportunity to experience a method of creative study that since 1984 has changed the way we read the Bible."

Bible Study continues to meet in the Art Studio the second and fourth Thursdays of the month but there will be no meeting on July 11, when Tyler Jones is on vacation.

Upcoming religious holidays in July: 8th, Islamic New Year; 21st, Asalha Puja or Dhamma Day is a festival commemorating the Buddha's first teaching after his enlightenment.

Billie Stevens, Secretary

Woodland Pond and the Wallkill Valley Land Trust; Partners in Land Protection

The next Land Conservation Committee talk will be **Tuesday, July 16 at 2 p.m.** in the PAC and will feature Christie DeBoer, Executive Director of the Wallkill Valley Land Trust. She will speak about the Trust's work in protecting over 3,000 acres of open space, trails, and farms in Ulster County, including the popular 22+ mile Wallkill Valley Rail Trail. That work is as close as the Woodland Pond property directly below the cottages, including our beaver pond, which is covered by a conservation easement held by the Trust.



Christie will give an overview of what a land trust is and does, including what a conservation easement is, and why it matters to Woodland Pond. She will also highlight the variety of protected lands in our area, including our neighbor, the Mill Brook Preserve, immediately adjacent to Woodland Pond.

*Larry Randall, Chair
Land Conservation Committee*



Upcoming Shalom Space Programs



Fridays at 4 p.m. in the PAC*
[Shalom Space welcomes all residents to join us]

- July 5** - *Yad Vashem* - Sister Peggy Murphy (guest)
- July 12** - *The myth about Jewish bankers* - Wayne Lavender
- July 19** - *Prophets and heroines* - Deborah Moore
- July 26** - *Jews in Cairo* - Joyce Zonana

* Please note the new permanent location for Shalom Space, beginning this month.

Second Saturday with Pastor Lyn

Is there anything new in the familiar "old" Bible stories? Do new insights make any difference to our everyday life at Woodland Pond? Second Saturday worship is a "church" of A.L. and I.L. residents from various faith backgrounds. It is growing in numbers and understanding of what an active Christian faith means. Join us when we meet on **July 13 at 10 a.m.** in the Great Room.

Pastor Lyn Mehl

Meditation Group

The *Mindfulness of Life ~ The Way of Meditation* group led by Barbara Bash meets the **3rd Tuesday** each month at **11 a.m.** in Art Studio (**July 16**). Newcomers are always welcome to attend.

July Tea Talk

On **Monday, July 8 at 2 p.m.** in the PAC, the topic for the Women's Tea Talk will be *Colonial Clothing: The Dress of Eighteenth Century America* as we begin our series on Women's Fashion Throughout the Decades.



Marilyn Mallue

Needed in the Health Center



Neighbor Corps volunteer Rolf Nijhuis delivers mail to John Decker.

We need Independent Living Residents willing to walk, read, and talk with residents in the Health Center. Please notify the coordinators of the Neighbor Corps: Taylor Eskew and Jill Ortner. You may also leave your name with Concierge or on the signup sheet in the Mail Room!

Margaret Nijhuis, Chair of the Health Center Committee (article and photo)

From the Library ~ Book Review



Early Architecture in Ulster County
Barry Benepe, Editor

Woodland Pond is surrounded by local and national history. *Early Architecture in Ulster County* displays beautiful photographs of buildings intricately related to our early history.

The book is an absorbing read as it describes the Dutch and English settlements, the conflicts with Indians (the Esopus wars), and the Huguenot immigrations. Photos of homes that have survived the British burning of the city of Kingston during the American Revolution are revealed.

A map and location of the photographs is included for you to sightsee. Enjoy a visit to the past!

Anita Kantor

First Sunday Picture Book Nook



The Picture Book Nook will feature books about the Hudson Valley and in particular the Hudson River. The collection will also include other books about exploring rivers.

Marilyn Mallue

Book Club

The book club is presently reading *The Signature of All Things* by Elizabeth Gilbert. We will be having the discussion at our next meeting in July.

Please join us for our next meeting on **Tuesday, July 2 at 7 p.m.** in the Classroom. Newcomers welcome!

Michele Caccavano

PAC Movies



Thursday @ the Movies: Thursdays at 7 p.m.
(On Independence Day the special feature will be the 1962 version of the musical *State Fair*, starring Pat Boone, Bobby Darin and Ann-Margaret.)

Classic Movie: Friday, July 5 at 7 p.m. - Sabrina, starring Audrey Hepburn, Humphrey Bogart and William Holden. (1954)

Opera Night: This month's features are Donizetti's *Lucia di Lammermoor*, **Friday, July 12 at 7:15 p.m.** and Massenet's *Werther* on **Friday, July 26 at 7:15 p.m.**

Special Student Classical Recital ~ July 10



On **Wednesday, July 10 at 3 p.m.** in the PAC we will welcome back students from the Lyra Music Young Artist Program for a special recital. The annual Lyra

Music Festival brings together world-class musicians, pre-college string players and pianists from the Young Artist Program and an exceptional faculty of professional musicians and educators for concerts, masterclasses, and student performances.

Lyra Music is a non-profit organization committed to enriching lives and building community through classical music and looks forward to bringing an outstanding group of young artists to Woodland Pond for this special concert of classical solo and chamber music. For information about our other classical music events this summer, including a Guest Artist Concert with Min-Young Kim (violin), Clancy Newman (cello), and Fei-Fei (piano), a Lyra Faculty Artist Concert, and a Benefit concert event with Fei-Fei and the Lyra Music Storm King Ensemble, please see our Festival Event Calendar online at lyramusic.org. Come and be inspired!

Akiko Sasaki, for Lyra Music Festival

Wanderlust Rhythms: Video Night with Peter Brown

Resident Peter Brown's second Video Night will take place on **Monday, July 15 at 7:30 p.m.** in the PAC.

Brown will introduce *Vive la France* (35 min.), the lively chronicle of a visit to France in 2019. The focus is on Paris, the Riviera and the coast of Normandy, where the Allies' landing at Utah and Omaha Beach occurred on D-Day 80 years ago this June. He will also present several of his shorter music videos, featuring Brown's original videography riffing on jazz standards performed by Andy Brown (guitar) and Petra Van Nuis (vocalist).



Peter is a retired professor of German Studies at SUNY New Paltz and the creator of over forty travel and music videos that have been enjoyed by thousands of viewers on YouTube.

This promises to be a very popular event, so sign up at the Concierge now to reserve your seat!

Meet Your New Neighbors!

We are delighted that several new residents will be calling Woodland Pond their home. They are looking forward to meeting their new neighbors, so please invite them to lunch, dinner or an activity. Their full bios can be found in the Directories in the Lobby and lounges in each wing.

Compiled by Halema Hassan

Arthur Gellert - Apartment 304



A Poughkeepsie native, Art has practiced law there for 58 years. He defines his retirement as going to the office "only" four days a week.

Along the way, Art has traveled extensively, visiting five continents.

He has always found time to engage in many civic activities, which he has found very rewarding. Among these have been Board Chair of the Community Foundations of the Hudson Valley, President of the Dutchess County Bar Association and Commissioner for a four county region under the State Office of Parks.

In the private sector, Art was a member of the Board of Directors of Barclays Bank. Once an avid tennis player, Art's tennis days are behind him. Now he plays with his little rescue dog, Charlie, who is growing gray whiskers, to be just like Dad, with a daughter in Westchester and a son and daughter-in-law in Saugerties with two grandsons, Art has plenty of family time. Art says that he's looking forward to his time at Woodland Pond with all the opportunities and new friendships it has to offer.



Perry Gunther - Apartment 341

A lifelong New Yorker, I was born in Brooklyn, spending much of the first half of my life as a professional artist, working as a sculptor and a teacher.

Throughout my career I've had the opportunity to teach in the art department at numerous colleges. I've enjoyed giving lectures and exhibited my work in museums and galleries in the United States and Europe. In 1995 I did a Site Installation at Wieliczka Salt Mines in Poland, in honor of my maternal family.

In 2008, I decided to go back to school to study at the NY Institute for Gestalt Therapy and got my license to practice as a psychotherapist. I've combined my work as an artist and a therapist and I specialize in working with people who see their life's work as a creative journey. I have traveled extensively; some of my favorite places are Vietnam, Cambodia, Peru, Central America, and Eastern Europe, to name a few.

I have two adult daughters and two grandchildren, all in New York, and whom I see often. My wife of 40 years passed away last spring and this year has been a challenge for me. At Woodland Pond I am looking forward to making new friends. I also hope to spend much time in the woodworking shop. I appreciate good movies, good food, good conversation, art, music, swimming, nature, and sharing experiences.

Bernard and Ane Talbot - Apartment 442

Ane and Bernard Talbot are relocating from Bethesda, MD to be closer to their daughter and son-in-law who live in the Catskills. They met in Ane's homeland, Denmark, and after living a few years in Massachusetts and a year in Italy, they settled in Maryland, where Bernard had a productive 51-year career (1970- 2021) at the National Institutes of Health.



Ane grew up in Kerteminde with her parents and siblings, as well as her grandfather, who was a painter of some renown in Denmark. Today, her childhood home is an art museum exhibiting paintings of Johannes Larsen as well as many other artists. Ane returns to Kerteminde each summer to give tours at the museum. Bernard grew up in the Bronx and received: BA, Columbia University 1958; MD, Columbia 1962; PhD, MIT 1967.

During Bernard's career at NIH, he held several positions in medical research administration. He was a key member of the NIH Director's team involved with the original promulgation, and subsequent revisions, of the NIH Guidelines for Recombinant DNA Research, and he testified before Congress and was a primary spokesman to the press regarding the rDNA Guidelines. As a child, he spent summers in the Catskills, including at Camp Woodland in Phoenicia, and he looks forward to returning to the area now.



**100 Woodland Pond
Circle
New Paltz, NY 12561
(845) 256-5600**

Publication Designer

Gretchen Daum

Proof Reader

Lisa Cea

Photography

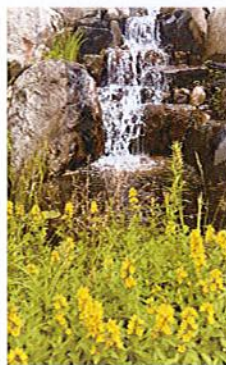
Carrie Burns
Michele Caccavano
Gretchen Daum
Kathleen Desmery
Jill Fasciana
Cathy Kelly
Wayne Lavender
Marilyn Mallue
Lucy Muller
Jill & John Ortner
Ina Pottorff
Larry Randall
Artie Raphael
Billie Stevens

Contributing Writers

Dick Barry
Peter Brown
Michele Caccavano
Gretchen Daum
June Finer
Ashley France
Anne Gordon
Halema Hassan
Anita Kantor
Cathy Kelly
Sarah Leonard
Marilyn Mallue
Joan Mandle
Lindsey Marquis
Pastor Lyn Mehl
Lucy Muller
Mary Jo Murray
Margaret Nijhuis
Suzanne Orchowski
Yakov Pipman
Ina Pottorff
Larry Randall
Matt Romer
Evelyn Rosenthal
Jo Sanders
Akiko Sasaki
Billie Stevens

Assemblers/Distributors

Eileen Francesconi
Bernice Hummel



There's no lack of colorful opportunities for residents to capture the beauty on our campus grounds during this spring and summer. At left and middle, Marilyn Mallue shared her photos of a gorgeous rose bush and the waterfall between North and Central wings. At right, Larry Randall photographed a gorgeous weigela plant outside the North Wing.

Want to share the newsletter with your family and friends?
They can read it online at www.wpatnp.org

July Highlights at a Glance

- Monday, July 1 at 7 p.m.** - Jazz Pioneers Concert [IL Courtyard]
- Thursday, July 4** - Independence Day Barbecue (3 seatings)
- Wednesday, July 10 at 3 p.m.** - Lyra Fest Student Classical Recital [PAC]
- Monday, July 15 at 2 p.m.** - Tree of Faith program: Bibliodrama [PAC]
- Monday, July 15 at 7:30 p.m.** - *Wanderlust Rhythms* with Peter Brown [PAC]
- Tuesday, July 16 at 7 p.m.** - Land Conservation presentation [PAC]
- Wednesday, July 17 at 1:30 p.m.** - Management Q&A [PAC]
- Thursday, July 18 at 2 p.m.** - *Council Connections*: guest Tarell Fairley, Manager of IT & Cybersecurity Compliance [PAC]
- Friday, July 26 at 3 p.m.** - Simple Melodies with *The Starlight Trio* [Courtyard]
- Monday, July 29 beginning at 10:30 a.m.** - Olympic Torch Relay & Parade [Campus-wide, beginning in HC to IL]
- Monday, July 29 at 3 p.m.** - MH & Wellness Program: *End of Life Conversations* [PAC]
- Tuesday, July 30 at 2 p.m.** - Brain Health Group (BHG) program: *Parkinson's Basics* [PAC]
- Tuesday, July 30** - Olympic-Themed French Cuisine Dinner

