



■ Pages 6-7
Scenes Around
Our Campus

In This Issue

■ Pg. 11
Meet New
Neighbors



WoodlandLife

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August 2024



WP's Summer Olympics In Full Swing!



For the first two weeks of this month we will be enjoying the Summer Olympics in Paris, France while also challenging ourselves to some Olympic fun here at home! We're offering competitive events in various venues throughout the campus and celebrating French culture through crafts, films, culinary experiences, and more! Whether you're an active participant in our Games or a cheerleader on the sidelines, we hope the Olympic spirit catches you!

Here's just a sample of some of the campus-wide Olympic events planned — you can see the full schedule at the Olympics display table across from the Reservation Station and on posted fliers in the Mail Room and on Connected Living:



Thursday, Aug. 1 and Friday Aug. 2 at 1 p.m. in the PAC - Ping Pong Tournament, with the first round on Thursday and the final round on Friday. The contestants are gearing up for the challenge, so come to the PAC to cheer them on!

On Friday, Aug 2 at 2:30 p.m. in the IL Courtyard we'll have an Olympic Seed-Spitting Contest! Staff and residents are welcome to compete to demonstrate their skill. We'll be celebrating National Watermelon Day, too! That evening at **7 p.m. in the PAC** the Classic Movie Night Olympic feature will be the 1981 film *Chariots of Fire*, with its story theme based on events at the 1924 Olympics.



Monday, Aug. 5 at 1 p.m. in the IL Courtyard you can join Matt for Olympic Lawn Games and at **7 p.m. in the PAC** will be a film presentation: *Forever France* — discover unexpected contemporary and historical connections between France and the United States.



On Tuesday, Aug. 6 at 1 p.m. the focus moves to the pool where Matt will oversee some easy, fun relays. Sign up with Matt to save your spot for this competition!

Health Center events in the Great Room will include a campus-wide Rummi-Kub Tournament on **Thursday, Aug. 1 at 2 p.m.**, an Olympic Obstacle Course race on **Tuesday, Aug. 6 at 2 p.m.**, and a French cooking demonstration on **Friday, Aug. 9 at 2:15 p.m.**

Our Closing Ceremony celebration will be **Saturday, Aug. 10 at 2:30 p.m.** in the Health Center's Great Room, featuring live music by *Grampa Joe's Washboard Band*, and we'll cap off the WP Games on **Sunday, August 11** with an Olympic-themed brunch during the normal **12 p.m. and 12:45 p.m. seatings.**

Scenes from our Olympic Torch Relay/Parade on July 29, kicking off the Woodland Pond Olympics!



Council Corner



There will be just one Residents' Council meeting this month on **Thursday, Aug. 15 at 10 a.m.** in the Classroom and on Zoom, and open to all residents. The first 15 minutes (EARS) are devoted to your input. If time permits there will be a second EARS at the end of the meeting. Agendas are posted in the Mail Room and Library on the Mondays preceding each meeting. You may be in touch with your Council by putting **signed**, written comments in the Council Cubby in the Mail Room, at the bottom right of the bank of cubbies by the window, or you may also send an e-mail to evelynr17@earthlink.net.

Our *Council Connections* session this month will be in the PAC on **Thursday, August 15 at 2 p.m.** with guest Dave Roberts, Capital Projects Manager. He will be interviewed by Tom Gilder.

Evelyn Rosenthal, Corresponding Secretary

Multi-Media Scrapbooking Project Exhibit

Two opportunities to view "Legends in the Making" are on your August calendar.

The memoir-scrapbooking products of WP residents, who were guided in a 9-session workshop last month by award-winning documentarian Brenda Ann Keneally, will be presented in a documentary-style showing at the mid-town Kingston location of the Center for Photography at Woodstock on **Thursday, Aug. 1 from 6:30-8 p.m.** with a Q&A session. (Doors open at 5:30 p.m.) An encore presentation will be at Woodland Pond on **Wednesday, Aug. 21 at 7 p.m.** in the PAC.

There are some seats still available on the bus if you are interested in attending the exhibition. Please sign up at Concierge.

The stories and memories captured are a "can't-miss"!



From Dining Services

We will have two *Get to Know Your Neighbors* dinners this month on **Thursday, Aug. 15 and on Wednesday, Aug. 28.**

A full dining room of residents enjoyed our Olympic-themed French cuisine dinner, in keeping with the spirit of the Paris Olympics!



Ashley France, for Dining Services

From Woodland Pond's Board of Directors

At our Annual Board Meeting on June 26, the following Board members were elected to another three-year term: Michael Zieler, Dean Lewallen and Tracy Badgley. The following Board members were elected to the Executive Committee for the 2024-2025 year in the following positions: Chris Drouin, Chair; Sally Cross, Vice Chair; Dick Barry, Corresponding Secretary; Dean Lewellan, Treasurer.



At our Annual Retreat on the same day, Board members studied preliminary plans for changes in Independent Living in terms of the relocation and expansion of various facilities and the addition of new facilities, as well as apartment designs for one, two and three-bedroom apartments on a satellite campus. The financing of these projects and preliminary timelines for renovations and expansions were also studied.

Dick Barry Secretary

WP Benefit Fund Update



Memorial Benches for the New Trails

If you are interested in placing a memorial bench on the new walking trails here at Woodland Pond, please get in touch with the Benefit Fund Committee. This a perfect way to honor a loved one and support the Fund at the same time.

Anne Gordon, Chair of the WP Benefit Fund Committee

Do You Have Papers That Need Shredding?

From Monday Aug. 5 – Friday, Aug. 9, residents are welcome to bring materials for shredding down to Central Supply between the hours of 9 a.m. and 2 p.m.



Please gather your big piles of paperwork that can be shredded, and bring it down to the Lobby. If you need assistance to bring your materials to the Lobby, please contact the Concierge.



Mark Your Calendar Now ~
Our 15th anniversary celebration
is next month!

Save the Date! In September we will mark Woodland Pond's 15th Anniversary - watch for news soon about special activities and programs that will take place throughout the month, culminating in an Anniversary Gala on **Thursday, Sept. 26, beginning at 4 p.m.**



Interest Groups



Beginner's Mah Jongg: **Wednesdays at 1 p.m.** [AS]
Beginner's Mah Jongg: **Saturdays at 9:30 a.m.** [GR]
Book Club: **1st Tuesday at 7 p.m.** [Classroom]
Bingo: **on hiatus until September**
Brain Health Group: **2nd Thursdays at 10 a.m.** [CR]
Brainteasers: **Wednesdays at 10 a.m.** [AS]
Canasta: **Wednesdays & Saturdays at 1 p.m.** [GR]
Chess: **Thursdays at 7 p.m.** [GR]
Current Events Group: **Wednesdays at 4 p.m.** [ClS]
Dulcimer Players: **Mondays at 1 p.m./Thursdays at 3:30 p.m.** [PAC]
Duplicate Bridge: **2nd & 3rd Wednesdays, 1 p.m.** [4th Central Lounge]
English Country Dance: **Wednesdays at 3 p.m.** [AS]
Handbell Ringers: **Tuesdays at 1 p.m.** [AS]
Hearts Players: **Mondays at 1 p.m./Saturdays at 12:30 p.m.** [GR]
iPhone Camera Club: **3rd Tuesday at 7 p.m.** [ClS]
LGBTQIA+ & Allies: **4th Tuesday at 2 p.m.** [AS]
Loss in Literature: **First Tuesday at 4 p.m.** [CR]
Mah Jongg: **Mondays and Fridays at 1 p.m.** [AS]
Memoir Class: **2nd & 4th Mondays at 3 pm.** [CR]
Men's Coffee: **Saturdays at 9:30 a.m.** [PAC]
Movement/Music & You: **Tuesdays at 11 a.m.** [PAC]
Opera/Ballet Night: **4th & 5th Fri., 7:15 p.m.** [PAC]
Pet Ponders: **4th Wednesday at 7p.m.** [ClS]
Philosophy Circle: **2nd Wednesday at 11 a.m.** [ClS]
Pinochle: **Fridays at 1 p.m.** [GR]
Playreaders Group I: **Resumes Aug 15, 2:30pm** [AS]
Playreaders Group II: **Resumes Aug 15, 4:15 p.m.** [AS]
Poetry Group: **Friday, Aug. 30 at 2 p.m.** [CR]
Pondaliers: **On hiatus until September**
Rummi-Kub: **Daily at 7 p.m., Sundays, 2 p.m.** [GR]
Scrabble: **Fridays at 10:30 a.m.** [GR]
Shalom Space: **on hiatus this month**
Short Story Group I: **on hiatus this month**

Interest Groups continued:

Short Story Grp II: **on hiatus this month**
Social Bridge: **Tues. & Thurs. at 12:30 p.m.** [GR]
Spanish Chat: **Wednesdays at 11:15 a.m.** [AS]
Square Dance: **on hiatus until September**
Table Games: **Mondays at 7 p.m.** [ClS] and **Saturdays at 2 p.m.** [AS]
Watercolor Class: **Mondays, Aug. 12 & 26, 10 a.m.** [AS]
Women's Tea: **Mondays at 2 p.m.** [ClS]
 (Tea Talk on **Aug. 12 at 2 p.m.** in the PAC)
Yarn Mavens: **1st & 3rd Tuesdays, 3 p.m.** [AS]

Committee Meetings for August

Décor/Design - **Thursday, Aug. 1 at 1 p.m.** [CR]
 Contact: John Ortner, Chair
Library Committee - **Monday, Aug. 5 at 12 p.m.** [ClS]
 Contact: Virginia Cannon, Chair
Finance Review - **No Meeting this Month**
 Contact: Dave DeWilde, Chair
Dining - **Tuesday, Aug. 6 at 10 a.m.** [Classroom]
 Contact: Joan Kleinegris, Chair
Physical Plant - **Wednesday, Aug. 7 at 10 a.m.** [ClS]
and Thursday, Aug. 15 at 1 p.m. [AS]
 Contact: Fred Wolinsky, Chair
Mental Health & Wellness - **Friday, Aug. 9, 10 a.m.** [AS]
R.O.V.E. - **Monday, Aug. 12 at 11 a.m.** [GR]
 Contact: Suzanne Orchowski, Chair
Welcome - **Tuesday, Aug. 13 at 11 a.m.** [GR]
 Contact: Alice Cross, Chair
Landscape - **Wednesday, Aug. 14 at 2 p.m.** [CR]
 Contact: Deborah Moore, Chair
Land Conservation - **Friday, Aug. 16 at 3 p.m.** [CR]
 Contact: Larry Randall, Chair
WP Benefit Fund - **Wednesday, Aug. 21, 10 a.m.** [CR]
 Contact: Anne Gordon, Chair
Sustainability - **No Meeting This Month**
 Contact: Joy Dryer, for the Steering Committee
Interfaith - **Monday, Aug. 26 at 10:30 a.m.** [GR]
 Contact: Ina Pottorff, Chair or Billie Stevens, Secretary
Health Center - **Tuesday, Aug. 27 at 2:15 p.m.** [ClS]
 Contact: Margaret Nijhuis, Chair



Sustainability Committee News

How can WP residents increase our Ecological Literacy? What can we learn from SUNY NP's Innovative Sustainability Program ?

To respond, Lisa Mitten, SUNY Campus Sustainability Coordinator, will be SusComm's guest speaker on **Tuesday, Aug. 20 at 2 p.m.** in the PAC.



Right in our backyard, SUNY New Paltz is a model of sustainability and a center of environmental learning and action. To achieve a goal of *global* sustainability, the College ensures that all students achieve a basic level of *ecological literacy*. Back in 2003, an interdisciplinary Environmental Geochemical Science major was added to SUNY curricula, followed in 2006 by an Environmental Studies minor. (Could we have such 'courses' at WP? Let's search again for a Sustainability Coordinator!)

In May 2013, Lisa Mitten MPP, MS-Ed. became the college's first Campus Sustainability Coordinator. She oversees the assessment and implementation of SUNY's various environmental action plans.

For example, the Energy Action Plan states: "The most cost effective way to conserve energy is not to use it in the first place." Such conservation includes lighting controls and upgrades; night setbacks; purchasing efficient equipment and installing a biomass boiler.

The Solid Waste and Purchasing Action Plan includes increasing food and landscape waste composting and recycling; increasing sustainable food; writing into the next food service contract sustainable food recommendations and goals.

We at Woodland Pond would like to learn from Lisa which, and how, some of the College's goals and action plans are scaleable to WP. Attend her talk, increase your ecological literacy, and partake in the discussion.

Joy Dryer - for the Sustainability Committee

Next Woodland Hikers Outing



On **Wednesday, August 7 at 1 p.m.** we will meet in the Lobby and then walk the trails of our "backyard" the Millbrook Preserve. (Note our earlier departure time for this month). Bring your pole(s), water, etc. and wear sturdy shoes/boots. Please sign up at Concierge.

June Finer

Bus Trips for August



Friday, Aug. 2 at 11 a.m. – Poughkeepsie Galleria shopping.

Sunday, Aug. 4 at 2 p.m. – Fisher Center at Bard Summerscape presents: *Le profete*. Depart at 12:45 p.m..

Tuesday, Aug. 6 at 2 p.m. – A tour of the Olana State Historical site in Hudson, NY, home of the famous artist Fredric Church. Departure is at 1 p.m.

Wednesday, August 7 at 1 p.m. – Woodland Walkers. On Campus hike to the Millbrook Preserve

Thursday, August 15 at 7 p.m. – Bard Summerscape concert *Sacred Music in France* at the Church of the Messiah in Rhinebeck. Organ pieces by Lefebure-Wely, Saint-Saens and Messiaen will be interspersed with short choral works by Berlioz, Cherubini, Faure and others. Depart at 5:45 p.m.

Tuesday, August 20 at 7 p.m. – Attend the monthly session of the Ulster County Legislature in Kingston and join UC Executive Jen Metzger in celebrating World Senior Citizen Day. Depart at 5:45 p.m.

Thursday, August 22 – Dinner at Pasquale's Italian Restaurant and Pizzeria in Gardiner. Depart at 4:45 p.m.

Sunday, August 25 at 3 p.m. – The Performing Arts Center in Rhinebeck presents Agatha Christie's legendary tale *Murder on the Orient Express*. Depart at 1:45 p.m.

Wednesday, August 28 – Pride of the Hudson Cruise and Lunch in Newburgh, with lunch on your own at one of the numerous waterfront restaurants, then a cruise through the Hudson Highlands aboard the *Pride of the Hudson*. Depart at 11 a.m.

Saturday, August 31 – New Paltz Arts and Crafts Fair at the Ulster County Fair Grounds. Ceramics, fiber arts, fine art, glass, jewelry, leather goods, specialty foods. Depart at 10 a.m.

Be sure to check out the bulletin boards in the Cart Room by the Reservation Station for posted fliers advertising numerous events happening around the local area. You may wish to invite a couple of neighbors to car pool with you to attend some of them!



Needles and pins, buttons and snaps, threads of rainbow hue, ribbons and yarn, fabrics and trim
All are waiting for you Don't buy new!!

Look in the Art Studio for your sewing and crafting needs!

Wellness Notes

Fitness Message From Matt



Many of you have come to me with a very important question. That is: *What type of exercise is best for me?*

The best type of exercise for you is an activity that fits into your daily life. An activity that is suitable with your current physical conditions and abilities, but most importantly, something that you enjoy! It could be anything from walking, hiking, swimming, yoga, or weight training.

You are more likely to abandon an exercise program or activity if it does not fit into your lifestyle. When choosing an activity or exercise program, try to think about some of these things:

- Do you like to do things on your own or with a group?
- Do you prefer indoor or outdoor activities?
- What are your movement constraints?

Lastly, if you stick with an exercise routine that you enjoy, the benefits for your body and brain will come soon and last longer than you think.

Matt Romer, Fitness Coordinator
mromer@wpatnp.org (845) 256-5960

Support Group Meetings



- * *Caregiver's Support Group* – meets the first **Tuesday at 1 p.m.** in the Conference Room, (facilitated by the Alzheimer's Association)
- * *Caregiver Peer Support Group* – meets the **4th Monday at 1 p.m.** in the Health Center Conference Rm. (facilitated by Mental Health & Wellness Committee)
- * *Parkinson's Support Group* – meets the **4th Wednesday at 1 pm.** in the Classroom.
- * *Friends of Bill W* - meets the **4th Saturday at 7 p.m.** in the Art Studio.

The Parkinson's Support Group

We will continue with our general support conversations and review the information Marilyn Mallue covered in last month's Parkinson's Basics presentation for the Brain Health Group program.

Newcomers are always welcome to attend our support group.

Marilyn Mallue

Don't Miss Out on Matt's Olympic Events!

Fitness Coordinator Matt Romer has some great Olympic events for your enjoyment - either as an active participant or as a cheerleader for your neighbors as they compete. Let's have a good turnout to celebrate the skills of our residents! Check out the fliers in the Mail Room, on Connected Living and at the Olympic display to keep up with all the fun!

Thursday and Friday, Aug. 1st and 2nd at 1 p.m. in the PAC - Ping Pong Tournament

Monday, Aug. 5 at 1 p.m. in the Courtyard - Olympic Lawn Games

Tuesday, Aug. 6 at 1 p.m. - Olympic Pool Relays

THE EMPOWERED CAREGIVER Building Foundations of Caregiving In Partnership with Woodland Pond



 Monday, August 19, 2024
 3 p.m.
 Performing Arts Center (PAC)
To register, please contact the Concierge Office at 845.256.5600

Join the Brain Health Group for their next educational program on **Monday, Aug. 19, 3 p.m.** in the PAC (flier at left).

And on **Tuesday, Aug. 27, 1-3 p.m.** in the Courtyard is another chance to enjoy a bowl of ice cream and support the cause with your donation to the Alzheimer's Association.

Monthly Reminder

Your Emergency Packet should have the **most current** items:

- ◆ Emergency contacts listed with phone numbers
- ◆ Medication list – hospital preference, primary doctor /address / phone#
- ◆ Copy of all your insurance cards - front and back
- ◆ Copy of Healthcare Proxy, Living Will, Advance Directives.
- ◆ The MOLST form

Forms are available outside the Wellness Nurse's office.

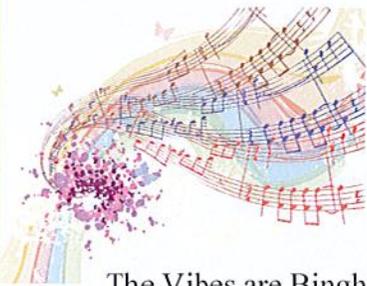
Please refer to Connected Living for listings of weekly activities and special events, watch for any updates or changes on *Connected Living* screens.



There is much to do in the Hudson Valley! Be sure to frequently check out the bulletin boards in the Cart Room for listings and fliers of upcoming events in the area. You may want to attend in car pools with some of your neighbors.

Life at Woo

Special Musical Treat!



Performing in a special concert in the Health Center's Great Room on **Sunday, Aug. 4 at 2:30 p.m.** is the Binghamton Vibes Acapella Group from SUNY at Binghamton.

The Vibes are Binghamton's only classics acapella group, taking some of your favorite songs from the 60's, 70's and 80's, such as "Natural Woman" by Aretha Franklin, "Under Pressure" by Queen and David Bowie, and "I Wanna Hold Your Hand" by The Beatles and giving them a refreshed modern feel.

They also perform some newer songs like "Unstoppable" by Sia and "My Boy" by Billie Eilish.

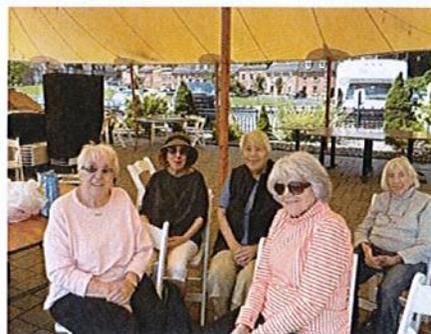
They are soon releasing a new album on Spotify, so be on the lookout!

Sounds like a concert not to be missed!



17 young musicians with the Lyra Fest summer program amazed the audience

with a wonderful classical concert on piano and strings, earning an enthusiastic standing ovation.



*A group of residents enjoyed a picture perfect day last month to explore the Maritime Museum on the Rondout Strand in Kingston, enjoying an outdoor lunch at one of the nearby Restaurants on the waterfront.
[Photos by Davi Besarus and Halema Hassan]*

Larry Randall captured the weekly Brainteaser group hard at work on challenging puzzles during a recent session. Low stress — much fun!

Midland Pond



"Keep your face to the sunshine and you cannot see the shadow. It's what sunflowers do."

[Helen Keller]

Encore Lecture

For those who missed the Women's Tea Talk in June (which was also open to men to attend), resident Anita Collins will repeat her fascinating lecture about the story of the Africanized bee, aka the Killer Bee, and her work with several others to study it.

Anita was a research scientist for the US Dept. of Agriculture for 30 years.

Anita's lecture will be **Friday, Aug. 16 at 1:30 p.m.** in the PAC. All are welcome to attend.



The Jazz Pioneers kicked off our July with a terrific concert in the Courtyard on a beautiful summer evening.

The band performed their signature Big Band sounds with favorites that appealed to the large, appreciative audience.

[Photo at left by Diane Tepper.]



More scenes from our WP Olympics kickoff celebration with "Elite Torch Bearers" representing each unit from the Health Center, each wing in Independent Living and the Cottages leading the parade through the buildings, culminating in the Olympic flame lighting the firepit in the Courtyard. .



Taylor Thompson shared this photo of his 90th Birthday Party at Savona's Restaurant in Kingston last month. He was joined by 34 family members, including 15 who flew in from Rochester NY, Atlanta, GA, Chicago, IL.

Music in the Courtyard!

On **Friday, Aug. 30 at 3 p.m.** the *Starlight Trio* (Susan Griss, Larry Bush and Len Kobrinsky) will be in the Courtyard. If inclement weather, they'll be in the PAC.



Applauds Program Salutes Employee Service

The following employees received commendations from residents last month for their exceptional service:



Ruth Fialcow	Juniper Grillo	Sylvia Hinson
Shania Petrose	John Schmidt	Jasmin Colon
Tonya Riedinger	Katrina Williams	Mariah Halpin
Connor Ginn	Tom Rearick	David Besarus
Krysten Pollard	Catherine Abel	Bailey Ginn
Charlotte Howard	Vanessa Rivera	Julie Burns
Nicole Klein	Linedaina Irland	Jeffrey Seitz
Krystal Banega	Glavena Dumas	Eric Jones
Tyler Vermilyea	Mirna Hernandez	Concierge
Karina Hernandez	Caitlin Coiteux	Mark Baker
Riza Campbell	Marissa O'Brien	Athena Pino
Sumiya Myagmarjav	Orres James	Chef Jarrod
Emily Watson	Connie Rzeszewicz	Lisa Cea
Patty Mitchetti	Frank Loscalzo	Jason Irish
Renee Williams	Barbara Nicoli	
Aurora Mendez-Newell		

Applauds forms are available at the Concierge Desk. They are given to the Human Resources Department. If your nomination is received after the deadline, it will be included in the following month's issue.

Monthly Birthday Party is Tuesday, August 13



We will recognize our birthday celebrants on **Tuesday, August 13 at 2 p.m.** in the Classroom. Celebrants will receive an invitation to attend.

Celebrating this month are:

Barbara Hyman - Aug. 4	Lloyd Spiegler - Aug. 16
Mel Oshen - Aug. 8	Michael Piecuch - Aug. 18
Al Chasan - Aug. 10	Margaret Nijhuis - Aug. 21
Bernice Leonard - Aug. 10	William Chen - Aug. 23
Joan Kleingris - Aug. 11	Barbara Metzger - Aug. 23
Ed Gallagher - Aug. 12	Sandy LaPerche - Aug. 25
Margaret Tabb - Aug. 12	Charlie Cianfrani - Aug. 28
Beth Cavanaugh - Aug. 13	Addie Haas - Aug. 29
Kappa Waugh - Aug. 15	Evelyn Hill - Aug. 30
Mary Lou Werlau - Aug. 15	Maddy Lee - Aug. 30



Welcome New Residents!



Steve and Robbin Goodman - Silver Birch 137

Dan and Jane Ruback - Apt 302

The Welcome Committee's New Resident Social and Orientation is **Friday, Aug. 23 at 2 p.m.** in the Classroom. New residents will receive an invitation to attend.



From The Reward Our Valued Employees (ROVE) Committee

We regularly come in contact with many of the employees providing us with the services that keep us safe and comfortable. Other employees, though contributing to our welfare, are not quite as visible. One such employee is April Meisner.

April started working at Woodland Pond as a fulltime housekeeper in October of 2016, but currently works as Administrative Assistant to Facilities, a job she's had since March of 2020. Starting the new job was like a trial by fire since she had only three-days of training before her predecessor left, leaving her in charge. Working for both Tom Tango and Rob Dunn, her duties are many including organizing work orders and purchasing just about everything, from appliances for our homes to tools for the workforce. She also chairs the Woodland Cares Committee, a committee of employees who meet monthly to discuss things that concern them.



April is an avid Yankees fan (as are Tom and Rob). She enjoys many outdoor activities – swimming, walking, and riding an ATV on a friend's property. She and her husband go to Florida every March and October to ride in a bike-week with fellow motorcycle enthusiasts.

April enjoys the residents and employees and loves working at Woodland Pond. She considers her coworkers to be her weekday family.

April is one of the Woodland Pond employees who benefits from your donation to Reward Our Valued Employees (ROVE).

Suzanne Orchowski, ROVE Committee Chair
Photo by Suzanne Orchowski



ArtScope Exhibit Continues



The ArtScope exhibit of paintings by Bob Burbank continues in the PAC through this month. If you were unable to attend the opening reception in June, please be sure to view the exhibit in the PAC.

Creativity flourishes at Woodland Pond



Interfaith Committee News

The next meeting of the Interfaith Committee will be **Monday, Aug. 26 at 10:30 a.m.** in the Game Room. If you are interested in the mission of this committee, "To foster an atmosphere of tolerance for spiritual understandings," whatever your faith may be, we invite you to join us and become a member.

Last month our Tree of Faith program was a "Bibliodrama" presented by Peter Pietzele of New Paltz. It was a dramatic and sometimes amusing way to interpret a bible story. It had us looking at the story of Adam and Eve in the Garden of Eden in a different and thoughtful way.

Our next Tree of Faith program will be **Tuesday, Aug. 6 at 2 p.m.** in the PAC with Sister Peg Murphy presenting. She holds a Doctorate in World Religions.

Bible Study continues to meet in the Art Studio the **second and fourth Thursdays at 1 p.m.**, led by Tyler Jones.

Religious holidays in August: 1-5 Muharram (Al Hijrah New Year) (Islam); 6th Arbaeen (Islam); 13th Tisha B'Av (Judaism); 15th Feast of Assumption (Christian); 18th Ghost Festival (Buddhism); 26-27th Krishna Janmashtami (Hinduism).

Billie Stevens, Secretary

Invited Speakers Series Program

As part of the Invited Speaker Program, Prof. Rose Rudnitski will present a talk on **Friday, Aug. 30 at 1 p.m.** in the PAC on *Hate Starts Younger than You Think*.

She is currently Professor of Educational Leadership at Mercy University. Previously she was professor of education at SUNY New Paltz and dean at Felician University. Her research on gifted education, interdisciplinary education, and school reform has been published in major journals.

Jo Sanders

Mexican Film and Discussion - Aug. 24

Mihai Grunfeld, Emeritus Professor of Latin American Literature and Film at Vassar, will present and lead a discussion on a third Mexican film, *Amores Perros* directed by the acclaimed director Alejandro González Iñárritu and nominated for Best Foreign Language Film. A discussion will follow the film.

Saturday, August 24, 1-5 p.m. in the Classroom.

Jo Sanders



Shalom Space



Shalom Space is taking a month's hiatus as summer winds down and will be holding no sessions in August.

Please look forward to a new season of interesting topics and programs to begin in September!

Philosophy Circle August Discussion: Death Penalty

At our August meeting, the Philosophy Circle will discuss corrective justice. What constitutes just punishment for a crime? We will consider several approaches to corrective justice: retributive, utilitarian, and restorative. In light of these considerations, is the death penalty required for justice? Is it morally permissible? Join us, **Wednesday, August 14 at 11 a.m.** in the Classroom.

Jo Sanders, facilitator

Meditation Group

The *Mindfulness of Life ~ The Way of Meditation* group led by Barbara Bash meets the **3rd Tuesday** each month at **11 a.m.** in Art Studio (**August 20**). Newcomers are always welcome to attend.

August Tea Talk



On **Monday, Aug. 12 at 2 p.m.** in the PAC, the Women's Tea Talk will cover fashion from 1930 -1950. Bring photos to share! Or you can send photos to marilyn.mallue@yahoo.com for showing on the big screen.



Marilyn Mallue



News From the Health Center



Tour Schedule for the Fall:

Natalie Russak has once again agreed to lead IL residents on a comprehensive tour of the Health Center. They will take place at 1 p.m. on Sept 16, Oct. 21 and Nov. 18. Mark your calendar.

Volunteers Needed:

Volunteers to read, walk and talk – that is just visit with residents in the Health Center. You can do this once a week, once a month or whatever suits your schedule. Sign up in Mail Room or at Concierge.

Margaret Nijhuis, Chair of the Health Center Committee

From the Library ~ Book Review



A Cottage by the Sea by Ciji Ware

This month Woodland Pond Library chose the topic "Beaches." August is a fine month to enjoy the sea and shore.

In *A Cottage by the Sea*, Ciji Ware brings you to a remote cottage on the scenic west coast of Cornwall. It is an engrossing, well-researched historical novel, interacting present with the past. The book involves love, betrayal, healing and renewal. An absorbing and entertaining page turner, it is a perfect "beach book!"

Ciji Ware is an Emmy award-winning TV producer as well as a national best-selling author.

Anita Kantor

Income Tax Education for WP Residents

New residents of Woodland Pond who will have paid an Entry Fee and/or a Lifecare Fee in 2024 should be aware of important income tax information. This may affect their financial decisions in 2024, as well as their income tax return filed in 2025.

Bill Tuel, an IRS-certified volunteer tax preparer (and Woodland Pond resident), will give an educational talk about income taxes at Woodland Pond, on **Wednesday, Aug. 7, at 1 p.m.** in the PAC. The talk will include explaining the deduction of portions of the Entry Fee and the Lifecare Fee as itemized medical expenses on your Income Tax return, and how these may affect your financial decisions in 2024.

New residents are strongly encouraged to attend, but all residents are welcome. This is NOT a Woodland Pond sponsored meeting. Woodland Pond management does NOT provide tax advice. This presentation is intended to allow residents to knowledgeably discuss their specific tax situation with their tax preparer and financial advisor. Residents are encouraged to provide this information to their preparer before their return is prepared.

Bill Tuel (845-419-2953 // BillTuel@hvc.rr.com)

Did You Know?



A Clear View Reader can be found in the Library near the computers.

The Reader can assist those with low vision by magnifying a document.

First Sunday Picture Book Nook



The Picture Book Nook theme this month is Beach Books (both fiction and nonfiction) and we'll also include some "just summer fun" books, as well.

Stop in at the Library on the first Sunday between 1-2 p.m. To check it out!

Marilyn Mallue

Book Club

Presently we are reading *The Sound of a Wild Snail Eating* by Elizabeth Tova Bailey. The discussion will take place at the **Tuesday, Aug. 6 meeting at 7 p.m.** in the Classroom. Newcomers are always welcome! In August we will be reading *Demon Copperhead* by Barbara Kingsolver.

Michele Caccavano

PAC Movies



Thursday @ the Movies: **Thursdays at 7 p.m.**

 **Classic Movie: Friday, Aug. 2 at 7 p.m.** - *Chariots of Fire*, starring Ben Cross, Ian Charleson and Nicholas Farrell. (1981)

 **Special Film Presentation: Forever France - Monday, Aug. 5 at 7 p.m.**

Ballet Night: This month's features are *Le Corsaire* on **Friday, Aug. 23 at 7:15 p.m.** and *Trockadero* on **Friday, Aug. 30 at 7:15 p.m.**

English Country Dance (ECD) Resumes

ECD instruction resumes this month **every Wednesday at 3 p.m.** in the Art Studio, and will continue on the 2nd and 4th Wednesdays beginning in September.



Newcomers are always welcomed and partners are not necessary. Come try it out!

June Finer

Meet Your New Neighbors!

We are delighted to welcome two new cottage residents calling Woodland Pond their home. They look forward to meeting their new neighbors, so please invite them to lunch, dinner or an activity. Their full bio can be found in the Directories in the Lobby and lounges in each wing.

Compiled by Halema Hassan

Steve & Robbin Goodman ~ Cottage 137



Steve and Robbin and their friendly pups Oscar (14-year-old shih-tzu-poodle) and Felix (7-year-old chihuahua-bichon), love their new cottage and are happy to be joining the Woodland Pond family.

Both Bronx natives and avid Mets fans, they lived for many years in Forest Hills, Queens before moving to Rosendale 11 years ago, while wintering in The Villages in Florida.

Steve's love for music of the 20s, 30s, 60s and 70s blossomed while at the Lehman College radio station, leading to a career in advertising. Ask him about the time he met Buddy Hackett at a media event. Steve's most cherished possession is his wind up victrola celebrating its 100th birthday this year.

Robbin's love for writing and journalism grew as a reporter for the Queens College newspaper, leading to a career in public relations, specializing in technology. Today, she loves caring for their two pups, tomato gardening and playing her three guitars.



They look forward to meeting their new neighbors as they begin this next phase of their lives. If you see them walking their little black and white pups, please stop and say hi!

Theatre Night IV with Joe & Fred

Residents Joe Cosentino and Fred Wolinsky will present their fourth Theatre Night, a staged reading of a play written by Joe, on **Tuesday, Aug. 13, at 7:15 p.m.** in the PAC. *Two Old Knights Dancing* is the comical yet touching story of two men and one woman who find each other at a senior residence community in Florida. Secrets are exposed dating back to World War II, which change the lives of the residents forever. Special guests Julie Eads and Doug Wooley have starred in many plays at County Players.



This is a very popular event, so sign up at the Concierge now to reserve your seat!

Prior to becoming a theatre professor at Dutchess Community College and novelist, Joe Cosentino appeared in principal acting roles in film, television, and theatre, opposite stars like Bruce Willis, Rosie O'Donnell, Nathan Lane, Holland Taylor, Charles Keating, and Jason Robards.

Fred Wolinsky was a professional actor, magician, puppeteer, director, choreographer, and booking agent in NYC, regionally, and many local theaters. He is also the narrator of over 100 audiobooks available on Audible.com.

Pond Pets

By Lucy Muller with photos by Susan Shaw

Mimi (about 4 years old) and Max (2 years old) are the companion cats of Susan Shaw.

"Mimi is Max's mother. Max was born under the porch of a house in Gardiner, NY. Mimi and her kittens had been moved into a large dog crate," wrote Susan.

"When we went to get Max, the woman said that they were going to release Mimi back into the woods near the house. So, we decided to take her also. Mimi is a normal 10 lb cat; young Max, who weighed 2 lbs when we got him, now weighs 14 lbs. They quickly adjusted to the move to Woodland Pond; and especially love the porch."



Mimi and Max Shaw have settled in nicely to their Woodland Pond apartment!

If you'd like to share your pet's story in a future issue of *Woodland Life*, contact WP resident Lucy Muller and she'll be in touch!



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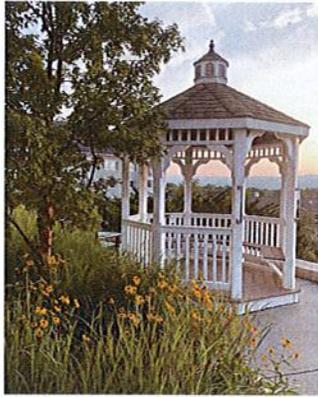
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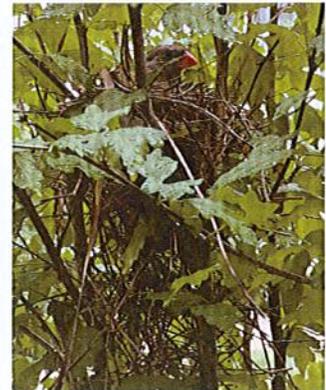
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Marilyn Mallue captured this serene view from our gazebo.



Michelle Caccavano used a waterbrush technique for this bench sporting a floral wreath.



Ronnie Sue Jaffe spied this mother cardinal in her nest in a tree outside their cottage window.

August Highlights at a Glance



Please check pg. 1, as well as posted fliers and the Olympic display for listings of all our WP Olympic Events!

Sunday, Aug. 4 at 2:30 p.m. - Binghamton Vibes Acapella Choir [HC Great Rm]

Tuesday, Aug. 6 at 2 p.m. - Tree of Faith program: Sister Peggy Murphy, guest speaker [PAC]

Wednesday, Aug. 7 at 1 p.m. - New Resident Tax Info Program presented by Bill Tuel [PAC]

Tuesday, Aug. 13 at 7:15 p.m. - Theatre Night with Joe & Fred [PAC]

Thursday, Aug. 15 at 2 p.m. - *Council Connections* with guest Dave Roberts, Capital Projects Manager [PAC]

Friday, Aug. 16 at 1:30 p.m. - Africanized Bee Lecture: Anita Collins [PAC]

Monday, Aug. 19 at 3 p.m. - Brain Health Group (BHG) program: *The Empowered Caregiver*, presented by the Alzheimer's Association [PAC]

Tuesday, Aug. 20 at 2 p.m. - SusComm guest speaker: Lisa Mitten, SUNY New Paltz Campus Sustainability Coordinator - PAC

Wednesday, Aug. 21 at 1:30 p.m. - Management Q&A [PAC]

Wednesday, Aug. 21 at 7 p.m. - *Legends in the Making* Scrapbooking Project presentation - [PAC]

Tuesday, Aug. 27, 1-3 p.m. - BHG Ice Cream Social Fundraiser [Courtyard]

Friday, Aug. 30 at 1 pm. - Invited Speaker Series: Rose Rudzinski [PAC]

Friday, Aug. 30 at 3 p.m. - Simple Melodies with *The Starlight Trio* [Courtyard]



Want to share the newsletter with your family and friends?
They can read it online at www.wpatnp.org