

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

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| <p>Staff Key: JB- Jane Basso, CY- Cynthia Carangelo, JC- Jocelyn Cariello, ML- Marin Lott</p> <p>Location Key: C- Café, GR- Great Room, R- Reception</p> <p><small>* Any calendar changes or additions will be posted on the bulletin board.*</small></p> | <p>11am Exercise with Laurie (GR,ML) 1</p> <p>2:30pm Food Council Director of Dining Services, Ronnie Licata (GR)</p> <p>4pm Room Visits (JC)</p> <p>6pm Travelogue (GR,CY)</p> | <p>11am Smart Bells with Ujjalla (GR,ML) 2</p> <p>2:30pm Drum Circle with Connie (GR,ML)</p> | <p>10:15am Nail Salon Visits 3</p> <p>2pm Pet Therapy Visits with Alisha and Tillie</p> <p>2:30pm Indoor Gardening (GR,JB)</p> <p>4pm Men's Group (GR) NEW</p> <p>6pm Wednesday Night Film: Alice's Restaurant (GR,JC)</p> | <p>10:15am Seated Exercise (GR,JB) 4</p> <p>11:15am Catholic Mass (GR,JB)</p> <p>1:30pm Tai Chi with Martha Cheo (GR,JB)</p> <p>3pm Bingo (GR,JB)</p> | <p>10:15am Room Visits (JB) 5</p> <p>1:30pm Indoor Gardening (GR,JB)</p> <p>3:15pm Sing Along with Cynthia and Interns (GR,CY)</p> | <p>6</p> <p>1:15pm Activity Planning Social (GR,JB)</p> |
| <p>10:30am Quaker Worship in the Classroom 7</p> <p>2pm Inspirational Sunday Group (GR,JC)</p> <p style="text-align: right;"><small>Daylight Saving Time Ends</small></p> | <p>11am Art Class (Cafe,ML) 8</p> <p>2pm Sing Along with Julia Haines (GR,CY)</p> <p>4pm Room Visits (JC)</p> <p>6pm Ted Talk and Discussion (GR,CY)</p> | <p>11:15am EARS Meeting with Ted Buley (GR)</p> <p>2:30pm Bingo (GR,CY)</p> | <p>10:15am Nail Salon Visits 10</p> <p>2pm Pet Therapy Visits with Alisha and Tillie</p> <p>2:30pm USO Dance with Club Swing (GR,JB)</p> <p>6pm Wednesday Night Film: They Were Expendable (GR,JC)</p> | <p>Veterans Day Coffee and Donut Cart (JC) 11</p> <p>2pm Veterans Day Program Live from the PAC on Channel 1340</p> <p style="text-align: center;"><small>Veterans Day Remembrance Day (Canada)</small></p> | <p>10:15am Room Visits (JB) 12</p> <p>1:30pm Aromatherapy Crafts (GR,JB)</p> <p>3:15pm Sing Along with Cynthia and Interns (GR,CY)</p> | <p>13</p> <p>11:15am Exercise with Alys (GR,JB)</p> <p>3pm Trivia and Word Games (GR,JB)</p> |
| <p>10:30am Quaker Worship in the Classroom 14</p> <p>2pm Inspirational Sunday Group (GR,JC)</p> | <p>10:30am Exercise with Laurie (GR,ML) 15</p> <p>1:30pm Men's Group (GR,JC) New</p> <p>6pm Documentary and Discussion (GR,CY)</p> | <p>11am Smart Bells with Ujjalla (GR,ML) 16</p> <p>2pm Sing Along with Julia Haines (GR,ML)</p> | <p>10:15am Nail Salon Visits (JB) 17</p> <p>11:30am Brauhaus Lunch Outing (R,JB)</p> <p>2pm Pet Therapy Visits with Alisha and Tillie</p> <p>4pm Room Visits (JB)</p> <p>6pm Wednesday Night Film: From Here To Eternity (GR,JC)</p> | <p>10:15am Seated Exercise (GR,JB) 18</p> <p>11:15am Church Service with Episcopal Rev. Allison Moore (GR,JB)</p> <p>2:30pm Birthday Party with Multi-Instrumentalist Mike Pacer (GR,JB)</p> | <p>10:15am Room Visits (JB) 19</p> <p>2:15pm Bingo (GR,JB)</p> | <p>20</p> <p>1:15pm Sports TV Viewing Meet Up (GR,JB)</p> |
| <p>10:30am Quaker Worship in the Classroom 21</p> <p>2pm Inspirational Sunday Group (GR,JC)</p> | <p>11am Current Events Discussion (GR,ML) 22</p> <p>2pm Sing Along with Julia Haines (GR,ML)</p> <p>3:15pm Movement Disorders Group (GR,ML)</p> <p>4pm Room Visits (JC)</p> <p>6pm Ted Talk and Discussion (GR,CY)</p> | <p>11:15am Resident Council (GR,ML) 23</p> <p>2:30pm Tai Chi with Martha Cheo (GR,ML)</p> | <p>10:15am Nail Salon Visits 24</p> <p>1:30pm Shopping Trip to Kohl's (GR,JB)</p> <p>2pm Pet Therapy Visits</p> <p>2:30pm Thanksgiving Pie Social (GR,CY)</p> <p>6pm Wednesday Night Film: Pay It Forward (GR,JC)</p> | <p>10am History of Macy's Thanksgiving Day Parade and Parade Viewing (GR,JB) 25</p> <p>1:15pm Group Jigsaw Puzzle (GR,JB)</p> <p style="text-align: center;"><small>Thanksgiving Day</small></p> | <p>26</p> <p>2:15pm Bingo (GR,JB)</p> | <p>27</p> <p>11:15am Exercise with Alys (GR,JB)</p> <p>1:15pm Sports TV Viewing Meet Up (GR,JB)</p> |
| <p>10:30am Quaker Worship in the Classroom 28</p> <p>2pm Inspirational Sunday Group (GR,JC)</p> <p>4pm Menorah Lighting (GR,JC)</p> <p style="text-align: right;"><small>Hanukkah Begins</small></p> | <p>10:30am Exercise with Laurie (GR,ML) 29</p> <p>2pm Art Class (Cafe,ML)</p> <p>4pm Menorah Lighting (GR,JC)</p> <p>6pm Ted Talk and Discussion (GR,CY)</p> | <p>11am Smart Bells with Ujjalla (GR,ML) 30</p> <p>1:30pm Preparing the Big Meal Reminisce (GR,JC)</p> <p>4pm Menorah Lighting (GR,JC)</p> | <h1 style="font-size: 4em; margin: 0;">November 2021</h1> <h2 style="font-size: 2em; margin: 10px 0 0 0;">Assisted Living</h2> | | | |